

2019 5K for K9s

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	TREVER HOPPER		RUNNER	178	00:15:20.73	04:56	12.1mph	M	23	
2	JOSH WEST	RICHMOND, VA	RUNNER	106	00:16:49.57	05:24	11.1mph	M	37	
3	LEAH SCHUBEL		RUNNER	179	00:17:56.84	05:46	10.4mph	F	28	
4	KATE SPANGLER	RICHMOND, VA	RUNNER	137	00:18:09.53	05:50	10.3mph	F	33	
5	LAWRENCE PEARSON	RICHMOND, VA	RUNNER	139	00:18:15.37	05:52	10.2mph	M	35	
6	GABI WECHSLER		RUNNER	150	00:18:30.51	05:57	10.1mph	F	28	
7	JONATHAN BURRUSS	MECHANICSVILLE, VA	RUNNER	138	00:19:14.29	06:11	9.7mph	M	33	
8	STEPHANIE CARIO	MECHANICSVILLE, VA	RUNNER	75	00:19:40.87	06:20	9.5mph	F	27	
9	THOMAS PRITT		RUNNER	147	00:20:12.34	06:30	9.2mph	M	56	
10	TANNER BRIDGES	RICHMOND, VA	RUNNER	85	00:21:17.90	06:51	8.8mph	M	24	
11	JUSTIN GOODMAN	RICHMOND, VA	RUNNER	87	00:21:18.68	06:51	8.7mph	M	24	
12	RANDALL MCDERMOTT	RICHMOND, VA	RUNNER	86	00:21:21.04	06:52	8.7mph	M	24	
13	JOHN KEOHANE	NORTH CHESTERFIELD, VA	RUNNER	134	00:21:22.73	06:52	8.7mph	M	57	
14	DOUG KURNEL	CREWE, VA	RUNNER	9	00:21:41.39	06:58	8.6mph	M	24	
15	EMILY KEOHANE	NORTH CHESTERFIELD, VA	RUNNER	135	00:21:56.50	07:03	8.5mph	F	29	
16	SARAH SINSABAUGH	RICHMOND, VA	RUNNER	6	00:22:15.01	07:09	8.4mph	F	58	
17	ANTHONY JACKSON	HENRICO, VA	RUNNER	101	00:22:23.47	07:12	8.3mph	M	35	
18	GARRETT ATKINS	HENRICO, VA	RUNNER	141	00:22:24.08	07:12	8.3mph	M	28	
19	RYAN DUMAS		RUNNER	180	00:23:05.80	07:26	8.1mph	M	37	
20	KARYL ATKINS	HENRICO, VA	RUNNER	142	00:23:14.23	07:28	8.0mph	F	27	
21	JASON JONES	HENRICO, VA	RUNNER	1	00:23:18.91	07:30	8.0mph	M	36	
22	JACQUELINE HO	RICHMOND, VA	RUNNER	131	00:23:30.98	07:34	7.9mph	F	30	
23	MIKE SHELTON	CHESTERFIELD, VA	RUNNER	123	00:23:32.75	07:34	7.9mph	M	30	
24	HEATHER TURBYNE-POLLARD	RICHMOND, VA	RUNNER	98	00:23:34.99	07:35	7.9mph	F	44	
25	MIKE MADISON	FREDERICKSBURG, VA	RUNNER	58	00:24:22.47	07:50	7.6mph	M	20	
26	SARAH LAZZARO	RICHMOND, VA	RUNNER	50	00:24:27.45	07:52	7.6mph	F	31	
27	JEFFREY EDWARDS	CHESTERFIELD, VA	RUNNER	60	00:25:28.04	08:11	7.3mph	M	39	
28	ELAINE CASPER	RICHMOND, VA	RUNNER	59	00:25:38.60	08:15	7.3mph	F	58	
29	BILLY CABELL	MECHANICSVILLE, VA	RUNNER	119	00:25:43.24	08:16	7.2mph	M	41	
30	AMY VU	RICHMOND, VA	RUNNER	54	00:26:02.18	08:22	7.2mph	F	30	
31	MEG BELCHER		RUNNER	176	00:26:09.78	08:25	7.1mph	F	33	
32	ALLEN KEMP	HAMPTON, VA	RUNNER	5	00:26:13.40	08:26	7.1mph	M	61	
33	SIERRA FRENCH	FARMVILLE, VA	RUNNER	12	00:26:17.42	08:27	7.1mph	F	16	
34	JOE DEELY		RUNNER	162	00:26:17.63	08:27	7.1mph	M	53	
35	GLENN SHERMAN		RUNNER	198	00:26:28.76	08:31	7.0mph	M	59	
36	C WINSTON	MECHANICSVILLE, VA	RUNNER	17	00:26:40.42	08:35	7.0mph	F	40	
37	COLIN HUDGINS		RUNNER	164	00:26:54.65	08:39	6.9mph	M	33	
38	BLAISE ZSIDISIB	RICHMOND, VA	RUNNER	133	00:26:59.96	08:41	6.9mph	M	11	
39	ZACH MCCONNELL	RICHMOND, VA	RUNNER	79	00:27:34.82	08:52	6.8mph	M	26	
40	BLAIR WHITLEY	HENRICO, VA	RUNNER	19	00:27:39.87	08:54	6.7mph	F	47	
41	JIM PORTER	RICHMOND, VA	RUNNER	132	00:27:44.11	08:55	6.7mph	M	54	
42	CHRIS WOLOSZYK	ALTOONA, PA	RUNNER	82	00:27:55.54	08:59	6.7mph	M	30	
43	EMILY FRENCH	FARMVILLE, VA	RUNNER	11	00:28:05.62	09:02	6.6mph	F	44	
44	SEAN KINNEAR	MOSELEY, VA	RUNNER	52	00:28:12.18	09:04	6.6mph	M	50	
45	AMANDA HUFF		RUNNER	146	00:28:24.10	09:08	6.6mph	F	51	
46	BRENDEN DOZIER	WESLEY CHAPEL, FL	RUNNER	39	00:28:30.25	09:10	6.5mph	M	16	
47	SUMMER TAYLOR	MIDLOTHIAN, VA	RUNNER	63	00:28:37.11	09:12	6.5mph	F	40	
48	JENNIFER HASKIN	YORKTOWN, VA	RUNNER	21	00:29:06.29	09:22	6.4mph	F	47	
49	REBECCA ROSSI	MIDLOTHIAN, VA	RUNNER	91	00:29:26.66	09:28	6.3mph	F	31	
50	JAMES HULING	NEWPORT NEWS, VA	RUNNER	26	00:29:43.59	09:34	6.3mph	M	53	
51	MELISSA MITCHELL	RICHMOND, VA	RUNNER	125	00:30:02.89	09:40	6.2mph	F	35	
52	JAMES KURNEL	CREWE, VA	RUNNER	10	00:30:59.94	09:58	6.0mph	M	57	
53	MICHELLE KURNEL	CREWE, VA	RUNNER	8	00:31:02.30	09:59	6.0mph	F	53	
54	BRITONY SOUTHWORTH	MECHANICSVILLE, VA	RUNNER	77	00:31:05.88	10:00	6.0mph	F	29	
55	LINDSAY SILVERNAIL	RICHMOND, VA	RUNNER	64	00:31:07.41	10:01	6.0mph	F	31	
56	JEFF IRWIN		RUNNER	199	00:31:07.41	10:01	6.0mph	M	28	
57	LEILA IRWIN		RUNNER	200	00:31:08.17	10:01	6.0mph	F	28	
58	LAURIE BARNES		RUNNER	145	00:31:52.17	10:15	5.8mph	F	36	
59	IAN FISHER		RUNNER	161	00:32:13.42	10:22	5.8mph	M	13	
60	GEORGE FISHER	HENRICO, VA	RUNNER	102	00:32:15.44	10:22	5.8mph	M	42	

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61	KRYSTAL FISHER	HENRICO, VA	RUNNER	103	00:32:17.87	10:23	5.8mph	F	40
62	JACOB FONSECA		RUNNER	149	00:32:35.86	10:29	5.7mph	M	27
63	NANCY BARNES	MIDLOTHIAN, VA	RUNNER	43	00:33:18.85	10:43	5.6mph	F	60
64	TORI MCCONNELL	RICHMOND, VA	RUNNER	80	00:33:19.91	10:43	5.6mph	F	25
65	NINA COLEMAN		RUNNER	175	00:34:06.56	10:58	5.5mph	F	23
66	MARIA RODRIGUEZ	ELKHART, IN	RUNNER	96	00:34:53.65	11:13	5.3mph	F	28
67	ALBERT BALESTRIERI		RUNNER	171	00:35:49.31	11:31	5.2mph	M	41
68	TAMMY DOZIER	WESLEY CHAPEL, FL	RUNNER	36	00:36:28.70	11:44	5.1mph	F	46
69	RUSSELL DOZIER	WESLEY CHAPEL, FL	RUNNER	37	00:36:30.63	11:45	5.1mph	M	43
70	BETHANY BAYLES	ALEXANDRIA, VA	RUNNER	45	00:36:39.05	11:47	5.1mph	F	28
71	SCOTT EVELAND	ALEXANDRIA, VA	RUNNER	44	00:36:39.71	11:48	5.1mph	M	31
72	ETHEL VELASQUEZ		RUNNER	148	00:37:14.05	11:59	5.0mph	F	24
73	BILL DORSEY	KING WILLIAM, VA	RUNNER	34	00:37:34.01	12:05	5.0mph	M	50
74	JEFF WRIGHT	NEWPORT NEWS, VA	RUNNER	143	00:37:46.00	12:09	4.9mph	M	47
75	REBECCA FOX	CENTERVILLE, GA	RUNNER	25	00:37:49.02	12:10	4.9mph	F	45
76	RACHEL WHITMORE	POWHATAN, VA	RUNNER	33	00:38:00.31	12:13	4.9mph	F	23
77	NANCY KEOHANE	NORTH CHESTERFIELD, VA	RUNNER	136	00:38:05.68	12:15	4.9mph	F	61
78	JENNIFER FOLDOS		RUNNER	195	00:38:40.44	12:26	4.8mph	F	18
79	MEGAN WOLOSZYK	ALTOONA, PA	RUNNER	81	00:38:42.44	12:27	4.8mph	F	28
80	NANCY MCCONNELL	ALTOONA, PA	RUNNER	83	00:38:57.09	12:32	4.8mph	F	54
81	JOE SHELLINGS		RUNNER	165	00:39:16.04	12:38	4.7mph	M	51
82	SUSAN BRAGG	RICHMOND, VA	RUNNER	20	00:39:20.26	12:39	4.7mph	F	66
83	AUTUMN RANDELL	RICHMOND, VA	RUNNER	128	00:39:32.19	12:43	4.7mph	F	25
84	KENNETH CABELL	RICHMOND, VA	RUNNER	129	00:39:37.41	12:45	4.7mph	M	31
85	VIRGINIA MADISON	FREDERICKSBURG, VA	RUNNER	57	00:39:38.57	12:45	4.7mph	F	53
86	MEREDITH SCOTT	HENRICO, VA	RUNNER	144	00:39:49.30	12:49	4.7mph	F	30
87	MARC RONDEAU	RICHMOND, VA	RUNNER	76	00:40:25.07	13:00	4.6mph	M	58
88	ALAN TUCKER	MAIDENS, VA	RUNNER	107	00:40:28.53	13:01	4.6mph	M	61
89	FREDERIC PLEASANTS	RICHMOND, VA	RUNNER	69	00:41:25.16	13:19	4.5mph	M	67
90	RENITA LIKE	MECHANICSVILLE, VA	RUNNER	70	00:41:46.94	13:26	4.5mph	F	57
91	LOICE KEINO		RUNNER	192	00:42:22.80	13:38	4.4mph	M	18
92	SHELLY KRAMER	RICHMOND, VA	RUNNER	94	00:43:44.74	14:04	4.3mph	F	52
93	ANATHIA RODRIGUEZ	ELKHART, IN	RUNNER	97	00:43:53.09	14:07	4.2mph	F	31
94	JOSH LIKE	MECHANICSVILLE, VA	RUNNER	71	00:44:58.21	14:28	4.1mph	M	16
95	AMANDA WEEKS	NORTH CHESTERFIELD, VA	RUNNER	32	00:45:16.08	14:34	4.1mph	F	47
96	DAVID FAURI	RICHMOND, VA	RUNNER	41	00:45:17.61	14:34	4.1mph	M	78
97	HARRY CONN JR.	POWHATAN, VA	RUNNER	105	00:45:22.87	14:36	4.1mph	M	81
98	ROBERT HOEL	NORFOLK, VA	RUNNER	99	00:45:28.15	14:38	4.1mph	M	49
99	ANGELA BINNER	MECHANICSVILLE, VA	RUNNER	68	00:45:45.04	14:43	4.1mph	F	61
100	BARBARA HORLACHER	MECHANICSVILLE, VA	RUNNER	67	00:45:47.29	14:44	4.1mph	F	63
101	GABRIEL SILVERIO	CHESTER, VA	RUNNER	121	00:45:47.81	14:44	4.1mph	M	7
102	CINDY WEAVER	GLEN ALLEN, VA	RUNNER	31	00:45:47.93	14:44	4.1mph	F	42
103	JEN KIELB	RICHMOND, VA	RUNNER	112	00:46:19.26	14:54	4.0mph	F	46
104	MALLORY KIELB	RICHMOND, VA	RUNNER	113	00:46:19.98	14:54	4.0mph	F	6
105	MIKE KIELB	RICHMOND, VA	RUNNER	111	00:46:22.68	14:55	4.0mph	M	47
106	JEFF STUARE		RUNNER	189	00:46:43.01	15:02	4.0mph	M	23
107	ALIJUBAI ASRAR		RUNNER	173	00:47:04.13	15:08	4.0mph	M	22
108	KATIE LEIGH-MAUEL		RUNNER	166	00:47:07.49	15:10	4.0mph	F	18
109	DARRELL LEIGH-MANUEL		RUNNER	167	00:47:12.48	15:11	3.9mph	M	47
110	AFTON STRICKLAND		RUNNER	187	00:47:17.87	15:13	3.9mph	M	18
111	BRITTANY DUNN-PIRIO		RUNNER	182	00:47:23.17	15:15	3.9mph	F	28
112	ANTHONY PENA MEDINA		RUNNER	183	00:47:28.59	15:16	3.9mph	F	29
113	JEFFREY HUNTER		RUNNER	190	00:47:30.82	15:17	3.9mph	M	23
114	JIM MCCONNELL	ALTOONA, PA	RUNNER	84	00:47:42.19	15:21	3.9mph	M	55
115	MAUREEN SMENT	SPOTSYLVANIA, VA	RUNNER	15	00:47:48.72	15:23	3.9mph	F	60
116	ANGELA DAVENPORT		RUNNER	168	00:48:42.26	15:40	3.8mph	F	47
117	DON DAVENPORT		RUNNER	169	00:48:47.63	15:42	3.8mph	M	46
118	WILLIAM KRESS	RICHMOND, VA	RUNNER	72	00:49:21.13	15:53	3.8mph	M	25
119	EMILY MILLER	RICHMOND, VA	RUNNER	73	00:49:22.79	15:53	3.8mph	F	25
120	JANICE SMITH	CHESTER, VA	RUNNER	120	00:49:45.86	16:01	3.7mph	F	55
121	HEATHER STRICKLAND		RUNNER	188	00:49:49.37	16:02	3.7mph	F	18
122	CASEY PHERSON		RUNNER	170	00:50:42.00	16:19	3.7mph	F	32

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123	SIARRA DOZIER	WESLEY CHAPEL, FL	RUNNER	38	00:51:00.29	16:25	3.7mph	F	25
124	MATTHEW OLIVER	MECHANICSVILLE, VA	RUNNER	28	00:51:51.17	16:41	3.6mph	M	14
125	KRISTI OLIVER	MECHANICSVILLE, VA	RUNNER	27	00:51:55.73	16:42	3.6mph	F	48
126	ANTHONY GATOMO		RUNNER	184	00:52:36.90	16:56	3.5mph	F	27
127	DONNA DEANER	RINER, VA	RUNNER	56	00:52:57.30	17:02	3.5mph	F	68
128	WENDY HANNAH	RICHMOND, VA	RUNNER	55	00:53:00.03	17:03	3.5mph	F	35
129	DAVID MILLER	HENRICO, VA	RUNNER	117	00:53:00.11	17:03	3.5mph	M	62
130	MARTHA MILLER	HENRICO, VA	RUNNER	118	00:53:00.63	17:03	3.5mph	F	62
131	LYNN HARPOLD	POWHATAN, VA	RUNNER	14	00:53:41.22	17:16	3.5mph	F	56
132	THOMAS ZEITLER	NEWPORT NEWS, VA	RUNNER	100	00:53:50.94	17:19	3.5mph	M	71
133	DWIGHT RUHLEN	YORKTOWN, VA	RUNNER	95	00:53:51.52	17:20	3.5mph	M	47
134	CHARINA LUTON-WALDEMAR	PALMYRA, VA	RUNNER	22	00:53:55.48	17:21	3.5mph	F	34
135	COURTNEY LAWSON	POWHATAN, VA	RUNNER	130	00:54:01.90	17:23	3.5mph	F	38
136	KYLE SHERMAN		RUNNER	193	00:54:43.68	17:36	3.4mph	M	23
137	ASHLEY VELAZQUEZ		RUNNER	177	00:54:43.71	17:36	3.4mph	F	18
138	SEVERIN AIKEN		RUNNER	197	00:54:53.21	17:39	3.4mph	F	37
139	CHRIS MITCHELL		RUNNER	186	00:54:54.36	17:40	3.4mph	M	41
140	THERESA GAINES	HENRICO, VA	RUNNER	66	00:55:14.39	17:46	3.4mph	F	44
141	ALICIA WINSTON	RICHMOND, VA	RUNNER	88	00:55:16.34	17:47	3.4mph	F	32
142	TYLER BIRD	CHESTER, VA	RUNNER	140	00:55:20.33	17:48	3.4mph	M	18
143	CURTIS GAINT		RUNNER	194	00:55:20.73	17:48	3.4mph	M	18
144	ANGELA POREDA	CHESTER, VA	RUNNER	13	00:55:49.50	17:58	3.3mph	F	24
145	LORI ROELEVELD	HOPEWELL, VA	RUNNER	16	00:55:50.64	17:58	3.3mph	F	57
146	BETH FISH	GLEN ALLEN, VA	RUNNER	23	00:56:02.76	18:02	3.3mph	F	48
147	ERIN WEIL	GLEN ALLEN, VA	RUNNER	24	00:56:03.77	18:02	3.3mph	F	45
148	SHARON POPA	RICHMOND, VA	RUNNER	114	00:56:31.93	18:11	3.3mph	F	58
149	SARAH GREENWALT	MECHANICSVILLE, VA	RUNNER	104	00:56:47.01	18:16	3.3mph	F	57
150	SARAH JOHNS	GLEN ALLEN, VA	RUNNER	3	00:56:49.16	18:17	3.3mph	F	26
151	AMY JOHNS	GLEN ALLEN, VA	RUNNER	4	00:56:59.19	18:20	3.3mph	F	54
152	LISABETH PITTS	RICHMOND, VA	RUNNER	7	00:56:59.90	18:20	3.3mph	F	27
153	KATIE LANE	RICHMOND, VA	RUNNER	49	00:57:03.80	18:22	3.3mph	F	31
154	MYRA SHOOK	RICHMOND, VA	RUNNER	62	00:57:24.99	18:28	3.2mph	F	61
155	TODD CLARK	RICHMOND, VA	RUNNER	61	00:57:32.78	18:31	3.2mph	M	47
156	ALLISON MCFARLIN	MECHANICSVILLE, VA	RUNNER	53	00:57:40.89	18:33	3.2mph	F	34
157	CORAMAE MADRON	COURTLAND, VA	RUNNER	74	00:57:54.60	18:38	3.2mph	F	56
158	BROOKE SNYDER	QUINTON, VA	RUNNER	35	00:57:59.08	18:39	3.2mph	F	35
159	CAMERON SEAY	RICHMOND, VA	RUNNER	48	00:58:39.37	18:52	3.2mph	F	30
160	ROBERT WRIGHT	AYLETT, VA	RUNNER	122	00:59:43.35	19:13	3.1mph	M	54
161	LIAM WRIGHT	AYLETT, VA	RUNNER	109	00:59:47.52	19:14	3.1mph	M	2
162	CHRISTY YEE	RICHMOND, VA	RUNNER	116	01:01:35.60	19:49	3.0mph	F	23
163	BROOKE HUDGINS		RUNNER	163	01:01:57.99	19:56	3.0mph	F	30
164	CINDY WRIGHT	AYLETT, VA	RUNNER	108	01:02:13.98	20:01	3.0mph	F	52