

# 9-11 Heroes 5K

## 12-Sep-15

### Overall Results



Place	Bib #	Name	Start	Finish	Elapsed	Age	Gender	Team Name	Division
1	147	Ryan Middleton	9:02:52	9:19:06	0:16:14	27	Male	Team RWB	5K
2	88	Ben Lambert	9:02:52	9:20:14	0:17:22	21	Male		5K
3	51	Robert Schnarr	9:02:53	9:21:18	0:18:25	41	Male		5K
4	215	Sean Seavers	9:02:53	9:21:25	0:18:32	37	M		5K
5	153	Seth Deaton	9:02:59	9:21:42	0:18:43	29	Male	DLA-Aviation	5K
6	222	Shawn Loughman	9:03:00	9:22:09	0:19:09	32	M		5K
7	181	Corbin Kell	9:02:53	9:22:21	0:19:28	33	Male		5K
8	28	Jacob Bodmer	9:02:54	9:22:44	0:19:50	22	Male	Sheepdogs	5K
9	61	Greg Sceviour	9:02:57	9:23:11	0:20:14	29	Male	DLA-Aviation	5K
10	110	Robert Kell	9:02:53	9:23:08	0:20:15	36	Male		5K
11	46	Nicholas Brady	9:02:52	9:23:30	0:20:38	23	Male	Sheepdogs	5K
12	17	Eric Barker	9:02:55	9:23:37	0:20:42	22	Male	Sheepdogs	5K
13	100	Alexander Suggs	9:02:52	9:23:38	0:20:46	22	Male	Sheepdogs	5K
14	132	Nora Nickel	9:02:57	9:23:47	0:20:50	34	Female		5K
15	120	Benjamin Sturgeon	9:02:53	9:24:02	0:21:09	22	Male	Sheepdogs	5K
16	95	Vincent Cimieri	9:02:52	9:24:10	0:21:18	22	Male	Sheepdogs	5K
17	106	Michael Geary	9:02:54	9:24:13	0:21:19	23	Male	Sheepdogs	5K
18	197	Anthony Pulley	9:02:54	9:24:38	0:21:44	44	Male		5K
19	128	Corky Gardner	9:02:53	9:24:39	0:21:46	60	Male		5K
20	113	Christopher Story	9:02:57	9:24:49	0:21:52	41	Male	DLA-Aviation	5K
21	33	Vicente Rivera	9:02:53	9:25:01	0:22:08	43	Male	Team RWB	5K
22	216	Jeff McGowan	9:02:58	9:25:06	0:22:08	40	M		5K
23	41	Tyler Bystrzycki	9:02:54	9:25:03	0:22:09	34	Male	Sheepdogs	5K

Place	Bib #	Name	Start	Finish	Elapsed	Age	Gender	Team Name	Division
24	173	Tabbitha Bruck	9:03:00	9:25:09	0:22:09	20	Female	DeltaDeltaDel	5K
25	93	William McGuire	9:02:56	9:25:22	0:22:26	22	Male		5K
26	108	Allen Day	9:02:59	9:25:28	0:22:29	48	Male	DLA-Aviation	5K
27	170	Lauren Seal	9:02:52	9:25:21	0:22:29	24	Female	Seal X4	5K
28	211	Barry Av	9:02:57	9:25:37	0:22:40	24	M		5K
29	189	Michelle Fang	9:02:52	9:25:34	0:22:42	36	Female		5K
30	186	Geoffrey Chege	9:02:52	9:25:38	0:22:46	61	Male		5K
31	20	Randy Terry	9:03:06	9:25:54	0:22:48	76	Male		5K
32	40	Joseph LaBuda	9:02:53	9:25:44	0:22:51	23	Male	Sheepdogs	5K
33	31	Hans Hobs	9:02:58	9:25:52	0:22:54	35	Male	DLA-Aviation	5K
34	44	Chase Gray	9:02:53	9:25:58	0:23:05	23	Male	Sheepdogs	5K
35	135	Monica Torres	9:02:54	9:26:12	0:23:18	25	Female		5K
36	167	Delmer Seal	9:03:00	9:26:19	0:23:19	49	Male	Seal X4	5K
37	97	James Cho	9:02:54	9:26:26	0:23:32	26	Male	Sheepdogs	5K
38	154	Anne Loomis	9:02:59	9:26:38	0:23:39	35	Female		5K
39	34	Adam Eyerly	9:02:52	9:26:47	0:23:55	27	Male	Sheepdogs	5K
40	30	Broderick Morris	9:02:57	9:27:00	0:24:03	27	Male	DLA-Aviation	5K
41	210	Joel Keller	9:02:56	9:27:01	0:24:05	28	M		5K
42	21	Thomas Savage	9:02:56	9:27:09	0:24:13	22	Male	Sheepdogs	5K
43	42	Peter Cross	9:02:56	9:27:09	0:24:13	25	Male	Sheepdogs	5K
44	43	Daniel Hugel	9:02:56	9:27:09	0:24:13	22	Male	Sheepdogs	5K
45	162	Michael Itzkowitz	9:03:15	9:27:33	0:24:18	25	Male	RVA LIFE IS	5K
46	45	Will Henderson	9:02:55	9:27:16	0:24:21	22	Male	Sheepdogs	5K
47	55	Emma Anderson	9:02:54	9:27:16	0:24:22	23	Female	Sheepdogs	5K
48	11	Michael Nelson	9:02:58	9:27:21	0:24:23	53	Male	Team RWB	5K
49	115	Curtis Sellers	9:03:02	9:27:29	0:24:27	37	Male	DLA-Aviation	5K
50	18	Joshua Woods	9:02:55	9:27:37	0:24:42	23	Male	Sheepdogs	5K
51	121	Scott Carson	9:03:02	9:27:45	0:24:43	47	Male		5K
52	94	George Richart	9:02:55	9:27:41	0:24:46	30	Male	Sheepdogs	5K
53	169	Bryan Seal	9:03:00	9:27:48	0:24:48	27	Male	Seal X4	5K
54	212	Brendan Bass	9:03:15	9:28:10	0:24:55	23	M		5K
55	199	Seamus Doherty	9:03:02	9:27:58	0:24:56	34	Male		5K
56	5	Jody Symula	9:02:52	9:27:55	0:25:03	40	Female		5K

Place	Bib #	Name	Start	Finish	Elapsed	Age	Gender	Team Name	Division
57	84	James Edwards	9:02:57	9:28:02	0:25:05	42	Male		5K
58	209	Henry Janowitz	9:02:56	9:28:22	0:25:26	69	M		5K
59	219	James Marr	9:02:59	9:28:25	0:25:26	49	M		5K
60	190	Joel Zuloaga	9:03:09	9:28:39	0:25:30	40	Male		5K
61	16	Rachel Fowler	9:02:52	9:28:24	0:25:32	22	Female	Sheepdogs	5K
62	180	Michael Greer	9:02:57	9:28:31	0:25:34	41	Male		5K
63	105	Lap Mui	9:02:59	9:28:41	0:25:42	31	Male	Sheepdogs	5K
64	125	Victor Mercado	9:02:59	9:28:42	0:25:43	28	Male	Sheepdogs	5K
65	133	Edward Nickel	9:02:57	9:28:51	0:25:54	36	Male		5K
66	76	Sonia Colaw	9:03:02	9:29:05	0:26:03	42	Female		5K
67	13	Wendy Amadee	9:03:04	9:29:13	0:26:09	24	Female		5K
68	194	Logan Miller	9:03:04	9:29:14	0:26:10	23	Male		5K
69	32	Traci Irby	9:02:58	9:29:13	0:26:15	33	Female	DLA-Aviation	5K
70	138	Bill Gillespie	9:03:13	9:29:29	0:26:16	46	Male	EDC Extreme	5K
71	52	Darryl Kerkeslager	9:03:04	9:29:21	0:26:17	51	Male		5K
72	188	Michael Smith	9:02:54	9:29:32	0:26:38	52	Male		5K
73	163	Brittney Bass	9:03:12	9:29:53	0:26:41	25	Female	RVA LIFE IS	5K
74	7	Alyssa Marinoble	9:03:15	9:30:09	0:26:54	16	Female		5K
75	178	Courtney Anderson	9:02:58	9:30:00	0:27:02	22	Female		5K
76	175	Mary King	9:02:58	9:30:03	0:27:05	27	Female		5K
77	195	Julie Sutton	9:03:06	9:30:19	0:27:13	38	Female		5K
78	1	Karen Gregory	9:03:00	9:30:14	0:27:14	47	Female	Team RWB	5K
79	143	Nick Versaw	9:03:01	9:30:32	0:27:31	26	Male		5K
80	37	Tina Cho	9:03:03	9:30:37	0:27:34	41	Female		5K
81	47	Michaela Cantini	9:03:17	9:30:53	0:27:36	46	Female		5K
82	116	Israel Colon	9:03:20	9:31:00	0:27:40	26	Male		5K
83	171	Kylie McCormick	9:03:00	9:30:42	0:27:42	20	Female	DeltaDeltaDel	5K
84	172	Jonny Hester	9:03:00	9:30:49	0:27:49	23	Male	DeltaDeltaDel	5K
85	192	Michael Schwarzkopf	9:03:08	9:30:59	0:27:51	47	Male		5K
86	102	Chris Gonzalez	9:02:52	9:30:45	0:27:53	24	Male	Sheepdogs	5K
87	12	Tim Middleton	9:03:00	9:31:12	0:28:12	55	Male	Team RWB	5K
88	182	Lori Gardner	9:03:07	9:31:19	0:28:12	42	Female	No Meat Athle	5K
89	126	Nicole Lazo	9:02:58	9:31:35	0:28:37	22	Female		5K

Place	Bib #	Name	Start	Finish	Elapsed	Age	Gender	Team Name	Division
90	27	Samantha Smay	9:02:52	9:31:34	0:28:42	30	Female	Sheepdogs	5K
91	156	Christen Mamenko	9:03:03	9:31:48	0:28:45	28	Female		5K
92	204	Devin James	9:03:15	9:32:04	0:28:49	9	Male		5K
93	196	Louise Bagwell	9:03:03	9:32:01	0:28:58	62	Female		5K
94	98	Blake Gwaltney	9:03:01	9:32:15	0:29:14	20	Female		5K
95	99	Gray Gwaltney	9:03:01	9:32:15	0:29:14	23	Male		5K
96	160	Danielle Warren	9:03:07	9:32:35	0:29:28	28	Female		5K
97	161	Jonathan Myers	9:03:07	9:32:36	0:29:29	28	Male		5K
98	112	Michelle Kerkeslager	9:03:05	9:32:41	0:29:36	22	Female		5K
99	137	Terry Barnes	9:03:11	9:32:56	0:29:45	58	Female	EDC Extreme	5K
100	8	Belle Marinoble	9:03:15	9:33:03	0:29:48	13	Female		5K
101	14	Jill Yates	9:03:14	9:33:09	0:29:55	42	Female		5K
102	62	Darwin Richardson	9:03:01	9:33:07	0:30:06	53	Male		5K
103	78	Staci Harpster	9:03:08	9:33:17	0:30:09	31	Female		5K
104	79	X. Natasha Lindeback	9:03:05	9:33:14	0:30:09	36	Female	No Meat Athle	5K
105	24	Eulanda Whiteside	9:03:32	9:33:46	0:30:14	44	Female		5K
106	23	Penny Heisler	9:03:03	9:33:18	0:30:15	39	Female		5K
107	114	Tiffany Sellers	9:03:10	9:33:44	0:30:34	36	Female	DLA-Aviation	5K
108	86	Rick Crowder	9:03:15	9:34:12	0:30:57	60	Male	RVA LIFE IS	5K
109	96	Samuel Bunn	9:02:56	9:33:58	0:31:02	22	Male	Sheepdogs	5K
110	103	Tarik Jensen	9:02:55	9:33:58	0:31:03	23	Male	Sheepdogs	5K
111	19	Kendra Singleton	9:02:55	9:34:10	0:31:15	23	Female	Sheepdogs	5K
112	191	Nadia Haji Abukar	9:03:18	9:34:43	0:31:25	25	Female		5K
113	193	Kevin O'Connor	9:03:05	9:34:34	0:31:29	68	Male		5K
114	80	Claudia Itzkowitz	9:03:16	9:34:51	0:31:35	53	Female	RVA LIFE IS	5K
115	201	Kandy Mills	9:02:57	9:34:52	0:31:55	45	Female		5K
116	69	Matt Sprinkel	9:03:09	9:35:43	0:32:34	35	Male		5K
117	70	Megan Sampson	9:03:08	9:35:43	0:32:35	31	Female		5K
118	104	Caitlin Vining	9:03:07	9:35:46	0:32:39	25	Female		5K
119	136	Tricia Lucas	9:03:17	9:35:58	0:32:41	37	Female	EDC Extreme	5K
120	187	Ibrahim Donzo	9:02:52	9:35:35	0:32:43	13	Male		5K
121	179	Frances Smith	9:03:14	9:36:08	0:32:54	39	Female		5K
122	168	Elaine Seal	9:03:01	9:36:06	0:33:05	45	Female	Seal X4	5K

Place	Bib #	Name	Start	Finish	Elapsed	Age	Gender	Team Name	Division
123	36	Maria Stalzer	9:03:03	9:36:18	0:33:15	56	Female		5K
124	164	Kevin Hsu	9:03:03	9:36:26	0:33:23	37	Male		5K
125	117	Katherine Scarborough	9:03:09	9:36:43	0:33:34	40	Female	Team RWB	5K
126	129	Brandon Olsen	9:03:07	9:36:41	0:33:34	33	Male	No Meat Athle	5K
127	130	Amy Ford	9:03:07	9:36:41	0:33:34	32	Female	No Meat Athle	5K
128	134	Hanna-Betsill Jones	9:03:16	9:37:02	0:33:46	29	Female	RVA LIFE IS	5K
129	139	David Garrett	9:03:13	9:37:04	0:33:51	41	Male	EDC Extreme	5K
130	166	Sarah Glass	9:03:01	9:36:56	0:33:55	27	Female		5K
131	206	Mackenzie Lescault	9:02:52	9:37:23	0:34:31	16	Female		5K
132	207	Jessica Laster	9:02:52	9:37:24	0:34:32	39	Female		5K
133	205	Raymond Lescault	9:03:16	9:37:51	0:34:35	47	Male		5K
134	71	Wendy Joiner	9:03:19	9:37:58	0:34:39	38	Female	Southern Run	5K
135	152	Lauren Gray	9:03:04	9:37:44	0:34:40	30	Female		5K
136	77	Charlie Young	9:03:19	9:38:01	0:34:42	54	Male		5K
137	35	Frank Stalzer	9:03:03	9:37:51	0:34:48	58	Male		5K
138	91	Tara Jones	9:03:15	9:38:04	0:34:49	30	Female		5K
139	151	Danielle Nugent	9:02:52	9:37:45	0:34:53	30	Female		5K
140	85	Katherine Alvis	9:03:08	9:38:04	0:34:56	28	Female		5K
141	6	Jessica Marinoble	9:03:15	9:38:15	0:35:00	43	Female	Team RWB	5K
142	74	Sandi Fulp	9:03:19	9:38:28	0:35:09	39	Female	Southern Run	5K
143	217	Maya Novoa	9:03:03	9:38:20	0:35:17	9	F		5K
144	124	Monica Carson	9:03:06	9:38:28	0:35:22	45	Female		5K
145	4	W Robb Sultzer	9:03:05	9:38:49	0:35:44	64	Male		5K
146	58	Kimberly Mooney	9:03:14	9:39:28	0:36:14	33	Female		5K
147	59	Andrea Mooney	9:03:13	9:39:27	0:36:14	40	Female		5K
148	38	Jacqueline Meyer	9:03:06	9:39:30	0:36:24	54	Female	DLA-Aviation	5K
149	29	Paul Dixon	9:03:07	9:39:33	0:36:26	41	Male		5K
150	177	Prescott Prince	9:03:11	9:40:15	0:37:04	60	Male		5K
151	150	Emily Datyner	9:03:18	9:40:28	0:37:10	24	Female		5K
152	155	Catherine Duffy	9:03:18	9:40:28	0:37:10	20	Female		5K
153	22	Jo Devine	9:03:21	9:40:42	0:37:21	31	Female		5K
154	50	Adam Cantini	9:03:18	9:41:15	0:37:57	16	Male		5K
155	49	Kenzie Cantini	9:03:16	9:41:26	0:38:10	11	Female		5K

Place	Bib #	Name	Start	Finish	Elapsed	Age	Gender	Team Name	Division
156	48	Jeffery Cantini	9:03:17	9:41:49	0:38:32	48	Male		5K
157	107	Jennifer Gerlach	9:03:07	9:41:46	0:38:39	30	Female		5K
158	90	Michelle Marasco	9:03:05	9:41:54	0:38:49	25	Female		5K
159	89	Jeremy Bauer	9:03:04	9:41:54	0:38:50	25	Male		5K
160	218	Sunny Novoa	9:03:03	9:42:25	0:39:22	29	F		5K
161	111	Kimberly Kell	9:03:10	9:42:50	0:39:40	34	Female		5K
162	15	Carrie Morissette	9:03:15	9:43:11	0:39:56	32	Female		5K
163	159	Ashley Oakley	9:03:21	9:43:32	0:40:11	32	Female	Southern Run	5K
164	2	Cindy Bergamini	9:03:20	9:43:32	0:40:12	41	Female	Southern Run	5K
165	10	Erin Ayers	9:02:52	9:43:37	0:40:45	35	Female		5K
166	3	Heather Rose	9:03:21	9:44:23	0:41:02	44	Female	Southern Run	5K
167	118	Crystal Caldwell	9:03:08	9:44:15	0:41:07	39	Female		5K
168	119	Sierra McCray	9:03:08	9:44:15	0:41:07	15	Female		5K
169	53	Christine Kerkeslager	9:03:04	9:44:30	0:41:26	48	Female		5K
170	122	Halleigh Carson	9:03:06	9:44:38	0:41:32	14	Female		5K
171	123	Mary Carson	9:03:06	9:44:38	0:41:32	10	Female		5K
172	203	Devin James	9:02:55	9:45:14	0:42:19	9	Male		5K
173	202	Ron James	9:02:56	9:45:17	0:42:21	44	Male		5K
174	157	Rebecca Crump	9:03:01	9:45:39	0:42:38	36	Female	Team RWB	5K
175	158	Allison Crump	9:03:01	9:45:39	0:42:38	8	Female		5K
176	145	Tommy Taylor	9:03:10	9:46:16	0:43:06	42	Male		5K
177	87	Nancy McCullen	9:03:22	9:46:45	0:43:23	58	Female	RVA LIFE IS	5K
178	67	W Willis	9:03:10	9:46:49	0:43:39	59	Male		5K
179	57	Travis Bartholomew	9:03:02	9:46:50	0:43:48	37	Male		5K
180	56	Crystal Morris	9:03:02	9:47:38	0:44:36	29	Female		5K
181	25	Anthony Whiteside	9:02:52	9:48:38	0:45:46	47	Male		5K
182	26	Kristian Whiteside	9:02:52	9:48:38	0:45:46	9	Male		5K
183	64	Katie Carroll	9:03:22	9:51:37	0:48:15	25	Female		5K
184	63	Karen Carroll	9:03:21	9:51:37	0:48:16	57	Female		5K
185	66	Ben Carroll	9:03:21	9:51:37	0:48:16	18	Male		5K
186	140	Sherri Woolf	9:03:15	9:53:54	0:50:39	44	Female	EDC Extreme	5K
187	141	Shane Woolf	9:03:15	9:53:54	0:50:39	44	Male	EDC Extreme	5K
188	82	Stacey Lindsey	9:03:10	9:55:09	0:51:59	10	Female	Kickin it	5K

Place	Bib #	Name	Start	Finish	Elapsed	Age	Gender	Team Name	Division
189	81	Michelle Loveland	9:03:09	9:55:09	0:52:00	40	Female	Kickin it	5K
190	144	Mindy Jones	9:03:10	9:55:10	0:52:00	26	Female	Kickin it	5K
191	221	Lisa Strauss	9:03:18	9:56:02	0:52:44	46	F		5K