

# 2019 LOCH LOTHIAN 10K RESULTS



Place	Bib #	First Name	Last Name	Sex	Age	City	Finishing Time	Pace per Mile
1	309	Ryan	Murphy	Male	33	Richmond	00:35:41.95	5:45
2	236	Leonardo	Chappell	Male	36	Midlothian	00:42:31.96	6:51
3	323	Jason	Lippy	Male	32	Midlothian	00:43:33.69	7:01
4	201	Bradley	Strouse	Male	32	Midlothian	00:45:47.61	7:22
5	245	Thomas	DiNuzzo	Male	32	Richmond	00:47:01.67	7:34
6	226	Cynthia	Robbs	Female	48	Chesterfield	00:47:25.73	7:38
7	316	Jim	Dedie	Male	55	Henrico	00:47:34.70	7:39
8	231	JANIE	MENA	Female	34	Chesterfield	00:47:50.48	7:42
9	210	Angela	Redwine	Female	31	Richmond	00:49:55.76	8:02
10	327	Jesse	Peters	Male	47		00:50:08.21	8:04
11	244	Cheyenne	Grogan	Male	38	Bedford	00:52:44.77	8:29
12	222	Tara	Karnes	Female	40	Hanover	00:53:07.91	8:33

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13	224	Thomas	Fedoryk	Male	31	Glen Allen	00:53:10.59	8:33
14	302	Adam	Silvers	Male	50	Erie	00:53:32.97	8:37
15	227	Jay	Henderson	Male	51	Powhatan	00:53:46.06	8:39
16	208	Misti	Frodyma	Female	42	Fort Lee	00:54:24.66	8:45
17	240	Katie	Winn	Female	40	Midlothian	00:54:57.78	8:51
18	223	Justin	Fedoryk	Male	28	Midlothian	00:55:09.36	8:53
19	221	Angela	Nixon	Female	47	Montpelier	00:56:17.11	9:03
20	241	Anne	Toms	Female	34	Jber	00:56:36.09	9:07
21	325	Tom	Kerner	Male	54	Henrico	00:56:52.34	9:09
22	228	Erica	Schaeffer	Female	35	Englewood	00:56:54.45	9:09
23	217	Stanley	Tappen	Male	54	prince george	00:57:04.56	9:11
24	250	Unknown	Name	Male	0		00:57:07.16	9:12
25	203	Zoe	Perrine	Female	37	Powhatan	00:57:38.91	9:17
26	233	Ana	Ruiz	Female	26	Fayetteville	00:57:52.64	9:19
27	242	George	Somerville	Male	67	Henrico	00:58:21.16	9:23
28	237	Daniel	Haggerty	Male	49	Brandon	00:58:32.50	9:25
29	215	David	Perrine	Male	32	Powhatan	00:59:04.70	9:30
30	230	Andrew	Lombardozzi	Male	44	Henrico	00:59:11.31	9:31
31	232	Greg	Hansard	Male	38	Chester	00:59:12.21	9:32
32	247	Anthony	White	Male	36	Clarksville	59:54.1	9:34
33	314	Kara	Fetsko	Female	46	Midlothian	01:00:13.53	9:41

Place	Bib #	First Name	Last Name	Sex	Age	City	Finishing Time	Pace per Mile
34	315	Susan	Larsen	Female	60	Midlothian	01:00:24.11	9:43
35	235	Aaron	Kuehne	Male	37	Bay City	01:00:32.33	9:45
36	238	Nick	Lombardozi	Male	54	Midlothian	01:00:34.96	9:45
37	219	David	Wright	Male	49	Henrico	01:00:49.32	9:47
38	306	Colby	Beard	Male	37	Stanwood	01:01:23.65	9:53
39	248	Eric	Embry	Male	32	Louisville	01:01:59.02	9:59
40	307	Raymond	Amores	Male	31	Richmond	01:02:33.71	10:04
41	329	John	Brockwell	Male	57		01:03:04.91	10:09
42	305	Paul	Davis	Male	62	Midlothian	01:03:11.34	10:10
43	200	Allie	Strouse	Female	32	Midlothian	01:03:34.42	10:14
44	249	Mahlon	Bailey	Male	38	Fort Lee	01:03:54.27	10:17
45	246	carla	kerner	Female	57	Richmond	01:04:34.91	10:23
46	243	Betsy	Somerville	Female	60	Henrico	01:05:02.66	10:28
47	218	Kerri	Wright	Female	46	Henrico	01:05:13.28	10:30
48	214	Prashant	Shende	Male	39	Henrico	01:06:16.99	10:40
49	206	Sandy	Simons	Female	43	Midlothian	01:06:30.34	10:42
50	321	Bob	Hamrick	Male	21		01:07:58.75	10:56
51	326	Richard	Tangard	Male	45		01:08:01.22	10:57
52	330	Cindy	Hill	Female	45		01:08:02.77	10:57
53	225	Crystal	Madison	Female	45	Cumberland	01:09:14.19	11:09
54	328	Steve	Overgard	Male	57		01:10:47.09	11:23

Place	Bib #	First Name	Last Name	Sex	Age	City	Finishing Time	Pace per Mile
55	207	Jesus	Gonzalez	Male	47	Fort Lee	01:11:04.70	11:26
56	322	Greg	Epps	Male	44		01:11:42.63	11:32
57	308	Joanna	Ernst	Female	35	Richmond	01:13:51.68	11:53
58	324	Marcie	Allen	Female	44		01:14:22.48	11:58
59	229	Christy	Swarts	Female	41	Englewood	01:18:40.50	12:40
60	204	Kyle	Gatlin	Male	25	Richmond	01:19:29.90	12:47
61	209	Michelle	Brooks	Female	38	Midlothian	1:27:09:54	14:03
62	212	Katie	Tweedy	Female	26	Rustburg	01:32:18.20	14:51
63	211	Billy	Malay	Male	59	Tappahannock	01:32:20.82	14:52
64	303	Sid	Busch	Male	72	Goose Creek	01:54:15.57	18:23
65	205	Donna	Schultz	Female	54	Powhatan	01:54:15.87	18:23