

2023 Columbia Spend Yourself 5K

Place	Name	Hometown	Gender	Bib #	Time	Pace	Speed	Division Rank
1	DMYTRO YURCHYK	HERNDON, VA	M: 1	236	00:18:02.13	05:48	10.3mph	Overall Male Runner: 1
2	ANDREW BROWN	VIENNA, VA	M: 2	29	00:18:05.84	05:49	10.3mph	Male 40 - 49: 1
3	DIEGO SYAR	FALLS CHURCH, VA	M: 3	197	00:19:52.55	06:23	9.4mph	Male 13 - 19: 1
4	OWEN HOFFMAN	FALLS CHURCH, VA	M: 4	96	00:19:59.23	06:25	9.3mph	Male 13 - 19: 2
5	YERIK ROJAS	FALLS CHURCH, VA	M: 5	175	00:20:10.39	06:29	9.2mph	Male 13 - 19: 3
6	BILL FOSHAY	ARLINGTON, VA	M: 6	64	00:20:41.94	06:39	9.0mph	Male 40 - 49: 2
7	COLIN HALL	FALLS CHURCH, VA	M: 7	84	00:21:07.23	06:47	8.8mph	Male 13 - 19: 4
8	MARSHALL SIMPSON	MOUNT PLEASANT, SC	M: 8	181	00:21:39.29	06:58	8.6mph	Male 13 - 19: 5
9	NADE ISFAHANI	FALLS CHURCH, VA	M: 9	103	00:21:41.53	06:58	8.6mph	Male 40 - 49: 3
10	BRIAN SCHNEIDER	WASHINGTON, DC	M: 10	237	00:22:16.64	07:10	8.4mph	Male 40 - 49: 4
11	HANNAH SCHNEIDER	WASHINGTON, DC	F: 1	238	00:22:18.00	07:10	8.4mph	Overall Female Runner: 1
12	MADELYN LESSARD	WOODBIDGE, VA	F: 2	122	00:22:27.83	07:13	8.3mph	Female 0 - 12: 1
13	MEREDITH HAMILTON	FALLS CHURCH, VA	F: 3	87	00:23:14.93	07:28	8.0mph	Female 40 - 49: 1
14	JACK KING	MCLEAN, VA	M: 11	114	00:23:29.81	07:33	7.9mph	Male 30 - 39: 1
15	MICHAEL CLARKE		M: 12	302	00:23:34.71	07:35	7.9mph	Male 30 - 39: 2
16	JUSTIN GAROFALO	HENRICO, VA	M: 13	69	00:23:40.80	07:37	7.9mph	Male 40 - 49: 5
17	ANNE HALL	FALLS CHURCH, VA	F: 4	83	00:23:54.26	07:41	7.8mph	Female 13 - 19: 1
18	WEI-HAN LIU	MC LEAN, VA	M: 14	126	00:24:11.40	07:47	7.7mph	Male 50 - 59: 1
19	JOHN PAUL AULBACH	ARLINGTON, VA	M: 15	246	00:24:22.23	07:50	7.6mph	Male 20 - 29: 1
20	TAYLOR KING	SPRINGFIELD, VA	M: 16	111	00:24:37.50	07:55	7.6mph	Male 13 - 19: 6
21	ROBERT WELLS	FALLS CHURCH, VA	M: 17	218	00:24:40.32	07:56	7.6mph	Male 50 - 59: 2
22	JOE FOLEY	FALLS CHURCH, VA	M: 18	57	00:24:44.30	07:57	7.5mph	Male 50 - 59: 3
23	LIAM MCCONACHY	BURKE, VA	M: 19	134	00:24:45.96	07:58	7.5mph	Male 13 - 19: 7
24	TED POULOS	MC LEAN, VA	M: 20	248	00:24:59.91	08:02	7.5mph	Male 60 - 69: 1
25	JOSHUA CAVAN	FALLS CHURCH, VA	M: 21	244	00:25:01.96	08:03	7.4mph	Male 40 - 49: 6
26	MIKE SMITH	FALLS CHURCH, VA	M: 22	186	00:25:02.07	08:03	7.4mph	Male 60 - 69: 2
27	SYDNEY ARLEN	ARLINGTON, VA	F: 5	10	00:25:02.34	08:03	7.4mph	Female 13 - 19: 2
28	ANDREW COLDEN		M: 23	301	00:25:12.20	08:06	7.4mph	Male 40 - 49: 7
29	LUKE JESTER	FALLS CHURCH, VA	M: 24	106	00:25:14.27	08:07	7.4mph	Male 13 - 19: 8
30	ELIZABETH BARBOUR	DUNN LORING, VA	F: 6	12	00:25:21.37	08:09	7.4mph	Female 13 - 19: 3
31	BRONSON ROGERS	FALLS CHURCH, VA	M: 25	254	00:25:22.36	08:09	7.3mph	Male 0 - 12: 1
32	MATT ROGERS	FALLS CHURCH, VA	M: 26	255	00:25:24.78	08:10	7.3mph	Male 40 - 49: 8
33	LIAM CONWAY		M: 27	224	00:25:27.67	08:11	7.3mph	Male 0 - 12: 2
34	KELLY KING	MCLEAN, VA	F: 7	115	00:25:33.95	08:13	7.3mph	Female 20 - 29: 1

Place	Name	Hometown	Gender	Bib #	Time	Pace	Speed	Division Rank
35	CARLOS POLO	FALLS CHURCH, VA	M: 28	165	00:25:41.86	08:16	7.3mph	Male 30 - 39: 3
36	LINDSEY BLY	ARLINGTON, VA	F: 8	19	00:25:52.99	08:19	7.2mph	Female 40 - 49: 2
37	BRIAN BRADY	ARLINGTON, VA	M: 29	22	00:25:59.76	08:22	7.2mph	Male 30 - 39: 4
38	TANNER KROEGER	FALLS CHURCH, VA	M: 30	117	00:26:03.98	08:23	7.2mph	Male 30 - 39: 5
39	LEE HUGHES	FAIRFAX, VA	M: 31	100	00:26:13.52	08:26	7.1mph	Male 40 - 49: 9
40	BRADLEY LESSARD	WOODBIDGE, VA	M: 32	123	00:26:25.16	08:30	7.1mph	Male 0 - 12: 3
41	OLIVER SIMPSON	MOUNT PLEASANT, SC	M: 33	180	00:26:26.51	08:30	7.0mph	Male 0 - 12: 4
42	ELIZABETH NICHOLS	FALLS CHURCH, VA	F: 9	150	00:26:28.63	08:31	7.0mph	Female 13 - 19: 4
43	AARON BOWLES	FAIRFAX, VA	M: 34	21	00:26:36.09	08:33	7.0mph	Male 20 - 29: 2
44	ALEX SADAK	MC LEAN, VA	M: 35	176	00:26:41.69	08:35	7.0mph	Male 30 - 39: 6
45	ANNE COIA	ARLINGTON, VA	F: 10	40	00:26:46.55	08:37	7.0mph	Female 50 - 59: 1
46	IVAN BALLARD	FALLS CHURCH, VA	M: 36	11	00:26:47.61	08:37	7.0mph	Male 20 - 29: 3
47	KARA THOMPSON	FALLS CHURCH, VA	F: 11	200	00:26:52.54	08:39	6.9mph	Female 13 - 19: 5
48	GRANT GUTOWSKI	ARLINGTON, VA	M: 37	81	00:27:05.26	08:43	6.9mph	Male 13 - 19: 9
49	ANN SISSON	FALLS CHURCH, VA	F: 12	183	00:27:20.09	08:47	6.8mph	Female 40 - 49: 3
50	KARA FOSHAY	ARLINGTON, VA	F: 13	63	00:27:21.68	08:48	6.8mph	Female 40 - 49: 4
51	RYAN FOSHAY	ARLINGTON, VA	M: 38	61	00:27:23.79	08:49	6.8mph	Male 0 - 12: 5
52	KATHERINE WILLET	ANNANDALE, VA	F: 14	222	00:27:33.97	08:52	6.8mph	Female 40 - 49: 5
53	SIMON TORGERSON	GREAT FALLS, VA	M: 39	203	00:27:47.66	08:56	6.7mph	Male 13 - 19: 10
54	EVAN DIX	ARLINGTON, VA	M: 40	50	00:27:50.71	08:57	6.7mph	Male 20 - 29: 4
55	JARED THOMPSON	FALLS CHURCH, VA	M: 41	202	00:27:52.43	08:58	6.7mph	Male 40 - 49: 10
56	ERIC GOMES	ARLINGTON, VA	M: 42	78	00:27:54.26	08:58	6.7mph	Male 13 - 19: 11
57	JOHN GUTOWSKI	ARLINGTON, VA	M: 43	82	00:27:54.92	08:59	6.7mph	Male 40 - 49: 11
58	MANDY TORGERSON	GREAT FALLS, VA	F: 15	205	00:27:57.37	08:59	6.7mph	Female 40 - 49: 6
59	WALKER MCCANN	FALLS CHURCH, VA	M: 44	133	00:28:00.87	09:01	6.7mph	Male 13 - 19: 12
60	COLIN THOMPSON	FALLS CHURCH, VA	M: 45	201	00:28:04.79	09:02	6.6mph	Male 13 - 19: 13
61	PEYTON MITCHELL	VIENNA, VA	M: 46	143	00:28:10.71	09:04	6.6mph	Male 13 - 19: 14
62	GREGORY CAVAN	FALLS CHURCH, VA	M: 47	245	00:28:30.75	09:10	6.5mph	Male 0 - 12: 6
63	CHIP MITCHELL	VIENNA, VA	M: 48	144	00:28:33.64	09:11	6.5mph	Male 40 - 49: 12
64	CELESTE GARY	ARLINGTON, VA	F: 16	73	00:28:34.79	09:11	6.5mph	Female 13 - 19: 6
65	BRYCE MITCHELL	VIENNA, VA	M: 49	142	00:28:41.56	09:14	6.5mph	Male 0 - 12: 7
66	AJ ALLISON	FALLS CHURCH, VA	F: 17	7	00:28:43.87	09:14	6.5mph	Female 0 - 12: 2
67	EUNJA RAU	ARLINGTON, VA	F: 18	168	00:28:45.69	09:15	6.5mph	Female 50 - 59: 2
68	JOHN O'KANE	ARLINGTON, VA	M: 50	153	00:28:49.86	09:16	6.5mph	Male 40 - 49: 13
69	BECKETT O'KANE	ARLINGTON, VA	M: 51	154	00:28:50.17	09:16	6.5mph	Male 0 - 12: 8

Place	Name	Hometown	Gender	Bib #	Time	Pace	Speed	Division Rank
70	CHRIS FORD	VIENNA, VA	M: 52	60	00:28:52.78	09:17	6.5mph	Male 50 - 59: 4
71	JORDAN FAITH	ASHLAND, PA	M: 53	54	00:28:53.56	09:17	6.5mph	Male 20 - 29: 5
72	PAUL ELMAN	ARLINGTON, VA	M: 54	53	00:28:54.10	09:18	6.4mph	Male 50 - 59: 5
73	ELLEN GEE	FALLS CHURCH, VA	F: 19	75	00:28:58.44	09:19	6.4mph	Female 40 - 49: 7
74	ANNEKE BROWN	FALLS CHURCH, VA	F: 20	28	00:29:03.29	09:21	6.4mph	Female 30 - 39: 1
75	NATHAN WALKER	FALLS CHURCH, VA	M: 55	252	00:29:03.51	09:21	6.4mph	Male 13 - 19: 15
76	DAVID KOCH	ALEXANDRIA, VA	M: 56	116	00:29:05.22	09:21	6.4mph	Male 20 - 29: 6
77	ADRIAN CASTRO	FALLS CHURCH, VA	M: 57	37	00:29:07.97	09:22	6.4mph	Male 13 - 19: 16
78	TIMOTHY ALLISON	FALLS CHURCH, VA	M: 58	8	00:29:08.58	09:22	6.4mph	Male 40 - 49: 14
79	DON LEHMAN	MC LEAN, VA	M: 59	119	00:29:10.69	09:23	6.4mph	Male 50 - 59: 6
80	ISAAC BASS	FAIRFAX, VA	M: 60	13	00:29:15.97	09:25	6.4mph	Male 0 - 12: 9
81	STEVEN BASS	FAIRFAX, VA	M: 61	14	00:29:19.43	09:26	6.4mph	Male 40 - 49: 15
82	ROBERT FORD	ARLINGTON, VA	M: 62	59	00:29:20.40	09:26	6.4mph	Male 60 - 69: 3
83	JONATHAN KING	SPRINGFIELD, VA	M: 63	112	00:29:24.75	09:28	6.3mph	Male 0 - 12: 10
84	BROOKE LEHMAN	MC LEAN, VA	F: 21	120	00:29:28.39	09:29	6.3mph	Female 50 - 59: 3
85	KARL STEADMAN	ARLINGTON, VA	M: 64	191	00:29:39.77	09:32	6.3mph	Male 50 - 59: 7
86	CHRIS DELANEY	WASHINGTON, DC	M: 65	256	00:29:42.32	09:33	6.3mph	Male 50 - 59: 8
87	LUKE SIMON	FAIRFAX, VA	M: 66	261	00:29:52.21	09:36	6.2mph	Male 20 - 29: 7
88	MICAELA VALENCIA	FALLS CHURCH, VA	F: 22	209	00:29:55.04	09:37	6.2mph	Female 40 - 49: 8
89	BRIAN SPAETH	ANNANDALE, VA	M: 67	187	00:29:56.59	09:38	6.2mph	Male 40 - 49: 16
90	TRACI YATES	VIENNA, VA	F: 23	234	00:30:02.04	09:40	6.2mph	Female 50 - 59: 4
91	SOPHIA GARY	ARLINGTON, VA	F: 24	71	00:30:20.43	09:45	6.1mph	Female 20 - 29: 2
92	WREN MCCANN	FALLS CHURCH, VA	F: 25	132	00:30:30.98	09:49	6.1mph	Female 0 - 12: 3
93	MARK JARVIS	FALLS CHURCH, VA	M: 68	104	00:30:36.23	09:51	6.1mph	Male 60 - 69: 4
94	LISA TOWELL	ARLINGTON, VA	F: 26	206	00:30:39.09	09:51	6.1mph	Female 50 - 59: 5
95	CHRISTIAN SPENCER	ARLINGTON, VA	M: 69	188	00:30:42.43	09:53	6.1mph	Male 50 - 59: 9
96	PAUL MAHER	ARLINGTON, VA	M: 70	250	00:30:44.22	09:53	6.1mph	Male 50 - 59: 10
97	JEFF DORSEY	ARLINGTON, VA	M: 71	51	00:30:55.20	09:57	6.0mph	Male 50 - 59: 11
98	NORRIS COCHRAN	ARLINGTON, VA	M: 72	39	00:30:58.60	09:58	6.0mph	Male 50 - 59: 12
99	KORDELL HUTCHINS	ABERDEEN PROVING GROUND, MD	M: 73	101	00:30:58.61	09:58	6.0mph	Male 20 - 29: 8
100	LUCAS BURLESON	BRISTOW, VA	M: 74	31	00:30:58.84	09:58	6.0mph	Male 0 - 12: 11
101	BRINTON WARREN	ARLINGTON, VA	M: 75	241	00:31:01.66	09:59	6.0mph	Male 50 - 59: 13
102	LAWRENCE COOPER	ARLINGTON, VA	M: 76	249	00:31:02.36	09:59	6.0mph	Male 50 - 59: 14
103	GUY LAND	ARLINGTON, VA	M: 77	118	00:31:02.39	09:59	6.0mph	Male 70 - 79: 1

Place	Name	Hometown	Gender	Bib #	Time	Pace	Speed	Division Rank
104	ANDY SCHWARZ	ARLINGTON, VA	M: 78	247	00:31:09.23	10:01	6.0mph	Male 50 - 59: 15
105	PAMELA ROBERTSON	ARLINGTON, VA	F: 27	173	00:31:12.56	10:02	6.0mph	Female 40 - 49: 9
106	MARYANN SZWED	ARLINGTON, VA	F: 28	198	00:31:17.99	10:04	6.0mph	Female 50 - 59: 6
107	AJ PETERS	FALLS CHURCH, VA	M: 79	161	00:31:22.32	10:05	5.9mph	Male 0 - 12: 12
108	JULIAN SIMPSON	MOUNT PLEASANT, SC	M: 80	179	00:31:23.31	10:06	5.9mph	Male 0 - 12: 13
109	DAVID SIMPSON	MOUNT PLEASANT, SC	M: 81	182	00:31:26.01	10:07	5.9mph	Male 50 - 59: 16
110	GRACE SUH	VIENNA, VA	F: 29	195	00:31:28.47	10:07	5.9mph	Female 0 - 12: 4
111	MARISSA JUNG	VIENNA, VA	F: 30	108	00:31:28.60	10:07	5.9mph	Female 0 - 12: 5
112	ISAAC TORGERSON	GREAT FALLS, VA	M: 82	204	00:31:35.93	10:10	5.9mph	Male 13 - 19: 17
113	ELIZBETH CONNER	BURKE, VA	F: 31	41	00:31:36.05	10:10	5.9mph	Female 60 - 69: 1
114	ANNE PASSIN	FALLS CHURCH, VA	F: 32	160	00:31:49.19	10:14	5.9mph	Female 70 - 79: 1
115	ANGIE GARY	ARLINGTON, VA	F: 33	74	00:31:54.09	10:16	5.8mph	Female 50 - 59: 7
116	ELISA LESSARD	WOODBIDGE, VA	F: 34	121	00:32:15.53	10:22	5.8mph	Female 40 - 49: 10
117	AUSTIN LESSARD	WOODBIDGE, VA	M: 83	124	00:32:17.35	10:23	5.8mph	Male 0 - 12: 14
118	DAVID CUNNINGHAM	FALLS CHURCH, VA	M: 84	45	00:32:21.39	10:24	5.8mph	Male 40 - 49: 17
119	HAZEL CUNNINGHAM	FALLS CHURCH, VA	F: 35	44	00:32:24.17	10:25	5.8mph	Female 0 - 12: 6
120	GEORGINA CUNNINGHAM	FALLS CHURCH, VA	F: 36	46	00:32:24.36	10:25	5.8mph	Female 30 - 39: 2
121	LOGAN CUNNINGHAM	FALLS CHURCH, VA	M: 85	43	00:32:24.47	10:25	5.8mph	Male 0 - 12: 15
122	ELISE WISE	MC LEAN, VA	F: 37	226	00:32:29.04	10:27	5.7mph	Female 0 - 12: 7
123	RICHARD STEPHENSON	RESTON, VA	M: 86	192	00:32:36.07	10:29	5.7mph	Male 70 - 79: 2
124	SARA KHORRAMSHAHGOL	VIENNA, VA	F: 38	110	00:32:43.89	10:32	5.7mph	Female 20 - 29: 3
125	AIDEN DAOUSSI	FAIRFAX, VA	M: 87	47	00:32:50.03	10:34	5.7mph	Male 13 - 19: 18
126	KEVIN OROZCO		M: 88	235	00:32:50.98	10:34	5.7mph	Male 30 - 39: 7
127	SANAA WASHIKO	FALLS CHURCH, VA	F: 39	217	00:32:52.73	10:34	5.7mph	Female 13 - 19: 7
128	MARY K. WEDDLE		F: 40	80	00:32:52.96	10:35	5.7mph	Female 30 - 39: 3
129	LIZ WAINRIGHT	SILVER SPRING, MD	F: 41	212	00:32:55.29	10:35	5.7mph	Female 40 - 49: 11
130	RHYS WILLET	ANNANDALE, VA	M: 89	220	00:33:01.36	10:37	5.6mph	Male 0 - 12: 16
131	ESPERANZA HUGHES	FAIRFAX, VA	F: 42	99	00:33:02.13	10:37	5.6mph	Female 13 - 19: 8
132	BRADLEY WILLET	ANNANDALE, VA	M: 90	221	00:33:09.80	10:40	5.6mph	Male 40 - 49: 18
133	RONALD SCHMIDT	FALLS CHURCH, VA	M: 91	262	00:33:14.27	10:41	5.6mph	Male 50 - 59: 17
134	ALLISON SWINDALL	LORTON, VA	F: 43	196	00:33:30.28	10:47	5.6mph	Female 30 - 39: 4
135	IVONNE POLO	WOODBIDGE, VA	F: 44	166	00:33:32.09	10:47	5.6mph	Female 30 - 39: 5
136	KEEGAN O'KANE	ARLINGTON, VA	M: 92	155	00:33:44.68	10:51	5.5mph	Male 0 - 12: 17
137	TRACY MCCONACHY	BURKE, VA	F: 45	135	00:33:49.88	10:53	5.5mph	Female 40 - 49: 12

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138	CARLOS REYES	FALLS CHURCH, VA	M: 93	170	00:33:50.73	10:53	5.5mph	Male 40 - 49: 19
139	AMANDA O'KANE	ARLINGTON, VA	F: 46	152	00:33:59.92	10:56	5.5mph	Female 40 - 49: 13
140	KATHERINE HALL	FALLS CHURCH, VA	F: 47	86	00:34:00.64	10:56	5.5mph	Female 40 - 49: 14
141	JONATHAN LEE	ALEXANDRIA, VA	M: 94	243	00:34:09.81	10:59	5.5mph	Male 0 - 12: 18
142	SARAH CADY	FAIRFAX, VA	F: 48	242	00:34:13.47	11:00	5.4mph	Female 40 - 49: 15
143	APOLLO HU	MC LEAN, VA	M: 95	98	00:34:14.50	11:01	5.4mph	Male 0 - 12: 19
144	TIM GARY	ARLINGTON, VA	M: 96	70	00:34:22.09	11:03	5.4mph	Male 50 - 59: 18
145	EVA GARY	ARLINGTON, VA	F: 49	72	00:34:27.97	11:05	5.4mph	Female 20 - 29: 4
146	CONNER CAPRIO	FALLS CHURCH, VA	M: 97	36	00:34:39.90	11:09	5.4mph	Male 20 - 29: 9
147	WILLIAM HALL	FALLS CHURCH, VA	M: 98	85	00:34:47.70	11:11	5.4mph	Male 40 - 49: 20
148	STEVEN HOLLER	FALLS CHURCH, VA	M: 99	97	00:35:07.45	11:18	5.3mph	Male 40 - 49: 21
149	JULIA JESTER	FALLS CHURCH, VA	F: 50	107	00:35:12.63	11:19	5.3mph	Female 40 - 49: 16
150	MICHELLE HILLEARY	FALLS CHURCH, VA	F: 51	94	00:35:31.04	11:25	5.2mph	Female 40 - 49: 17
151	BRADLEY SECRIST	FALLS CHURCH, VA	M: 100	177	00:35:37.07	11:27	5.2mph	Male 20 - 29: 10
152	KELLY KLOMPARENS	ARLINGTON, VA	F: 52	259	00:36:14.01	11:39	5.1mph	Female 30 - 39: 6
153	ANTHONY SICA	ARLINGTON, VA	M: 101	258	00:36:16.21	11:40	5.1mph	Male 30 - 39: 8
154	SAMUEL WRIGLEY	ARLINGTON, VA	M: 102	230	00:36:22.46	11:42	5.1mph	Male 0 - 12: 20
155	DAVID JR WRIGLEY	ARLINGTON, VA	M: 103	231	00:36:28.59	11:44	5.1mph	Male 0 - 12: 21
156	JESSICA MURATA	FALLS CHURCH, VA	F: 53	148	00:36:30.95	11:45	5.1mph	Female 30 - 39: 7
157	DAVE WRIGLEY	ARLINGTON, VA	M: 104	232	00:36:31.31	11:45	5.1mph	Male 40 - 49: 22
158	DENISE SQUIRE	FALLS CHURCH, VA	F: 54	190	00:36:34.79	11:46	5.1mph	Female 40 - 49: 18
159	LIAM SQUIRE	FALLS CHURCH, VA	M: 105	189	00:36:36.09	11:46	5.1mph	Male 0 - 12: 22
160	ERIKA RICH	FALLS CHURCH, VA	F: 55	171	00:36:48.13	11:50	5.1mph	Female 30 - 39: 8
161	AMARA MCKINNEY	LORTON, VA	F: 56	137	00:36:49.49	11:51	5.1mph	Female 20 - 29: 5
162	JENNIFER BOEDER	FALLS CHURCH, VA	F: 57	20	00:37:11.06	11:58	5.0mph	Female 50 - 59: 8
163	NOBLE ACKERSON	MANASSAS, VA	M: 106	4	00:37:12.26	11:58	5.0mph	Male 40 - 49: 23
164	AUSTIN MURATA	FALLS CHURCH, VA	M: 107	147	00:37:12.40	11:58	5.0mph	Male 30 - 39: 9
165	LEAH PARTRIDGE	MC LEAN, VA	F: 58	159	00:37:27.81	12:03	5.0mph	Female 40 - 49: 19
166	SHEA MCCONACHY		M: 108	251	00:37:31.46	12:04	5.0mph	Male 30 - 39: 10
167	ASHLEY DAVIS	FAIRFAX, VA	F: 59	48	00:37:48.12	12:10	4.9mph	Female 30 - 39: 9
168	PHILIP NEMEC	LEESBURG, VA	M: 109	149	00:37:49.02	12:10	4.9mph	Male 70 - 79: 3
169	ELIANA VILLWOCK	ARLINGTON, VA	F: 60	210	00:37:50.06	12:10	4.9mph	Female 0 - 12: 8
170	SPENSER VILLWOCK	ARLINGTON, VA	M: 110	211	00:37:52.50	12:11	4.9mph	Male 40 - 49: 24
171	ANA PALOMO	FALLS CHURCH, VA	F: 61	158	00:38:08.34	12:16	4.9mph	Female 20 - 29: 6
172	SAMUEL BRICKER	MC LEAN, VA	M: 111	23	00:38:17.82	12:19	4.9mph	Male 0 - 12: 23
173	ANDREW STOCKDALE	FALLS CHURCH, VA	M: 112	193	00:38:18.07	12:19	4.9mph	Male 30 - 39: 11

Place	Name	Hometown	Gender	Bib #	Time	Pace	Speed	Division Rank
174	WESLEY BRICKER	MC LEAN, VA	M: 113	26	00:38:26.65	12:22	4.8mph	Male 40 - 49: 25
175	JESSICA ROBERTS	VIENNA, VA	F: 62	172	00:38:39.58	12:26	4.8mph	Female 20 - 29: 7
176	RACHEL STOCKDALE	FALLS CHURCH, VA	F: 63	194	00:38:45.54	12:28	4.8mph	Female 40 - 49: 20
177	LORI PRENCIPE	LORTON, VA	F: 64	257	00:38:54.85	12:31	4.8mph	Female 50 - 59: 9
178	JENNIFER WISE	MCLEAN, VA	F: 65	227	00:39:22.54	12:40	4.7mph	Female 40 - 49: 21
179	ADRIAN NUSS	ALEXANDRIA, VA	M: 114	151	00:39:26.62	12:41	4.7mph	Male 13 - 19: 19
180	CHRISTINE JUNG	VIENNA, VA	F: 66	109	00:39:27.03	12:41	4.7mph	Female 40 - 49: 22
181	SARAH FOLEY	FALLS CHURCH, VA	F: 67	58	00:39:56.19	12:51	4.7mph	Female 50 - 59: 10
182	JONATHAN WRIGLEY	ARLINGTON, VA	M: 115	229	00:41:03.81	13:13	4.5mph	Male 0 - 12: 24
183	PETER BRICKER	MC LEAN, VA	M: 116	24	00:41:04.51	13:13	4.5mph	Male 0 - 12: 25
184	ANNIE WRIGLEY	ARLINGTON, VA	F: 68	233	00:41:08.84	13:14	4.5mph	Female 30 - 39: 10
185	GIUSEPPE A. LINO	FALLS CHURCH, VA	M: 117	1	00:41:49.27	13:27	4.5mph	Male 40 - 49: 26
186	ELVIRA TELLER	FALLS CHURCH, VA	F: 69	199	00:42:00.34	13:31	4.4mph	Female 70 - 79: 2
187	MELINDA GREN	FALLS CHURCH, VA	F: 70	79	00:42:21.62	13:38	4.4mph	Female 40 - 49: 23
188	CORRINE SMITH	FALLS CHURCH, VA	F: 71	185	00:42:22.57	13:38	4.4mph	Female 20 - 29: 8
189	ABBY MACDONALD	ARLINGTON, VA	F: 72	127	00:42:34.74	13:42	4.4mph	Female 13 - 19: 9
190	BELLA FOSHAY	ARLINGTON, VA	F: 73	62	00:42:38.06	13:43	4.4mph	Female 13 - 19: 10
191	VANESSA MONTAGUE	FALLS CHURCH, VA	F: 74	146	00:43:09.96	13:53	4.3mph	Female 40 - 49: 24
192	LIAM BROWN	FALLS CHURCH, VA	M: 118	27	00:43:32.25	14:00	4.3mph	Male 13 - 19: 20
193	JESSICA CARR	ALDIE, VA	F: 75	253	00:44:38.79	14:22	4.2mph	Female 30 - 39: 11
194	JEFFERY AKPAKIP	FAIRFAX, VA	M: 119	5	00:45:14.26	14:33	4.1mph	Male 13 - 19: 21
195	MATTHEW FLEMING	FAIRFAX, VA	M: 120	56	00:45:23.42	14:36	4.1mph	Male 0 - 12: 26
196	AVA BELL	ARLINGTON, VA	F: 76	18	00:45:37.11	14:40	4.1mph	Female 50 - 59: 11
197	MARCUS BURLESON	ANNANDALE, VA	M: 121	30	00:45:53.68	14:46	4.1mph	Male 13 - 19: 22
198	VICTORIA HODGE	SPRINGFIELD, VA	F: 77	95	00:45:57.29	14:47	4.1mph	Female 20 - 29: 9
199	ELAINE ULRICH	ASHBURN, VA	F: 78	208	00:46:09.31	14:51	4.0mph	Female 80 plus: 1
200	MATTHEW FROWERT	FALLS CHURCH, VA	M: 122	68	00:46:15.53	14:53	4.0mph	Male 40 - 49: 27
201	COURTNEY CLINE	LEESBURG, VA	F: 79	38	00:46:16.50	14:53	4.0mph	Female 30 - 39: 12
202	STEPHANIE SECRIST	FALLS CHURCH, VA	F: 80	178	00:46:31.58	14:58	4.0mph	Female 20 - 29: 10
203	JAVY DIAZ	WILMINGTON, DE	M: 123	49	00:46:55.56	15:06	4.0mph	Male 40 - 49: 28
204	ANDY ULRICH	FREDERICKSBURG, VA	M: 124	207	00:47:07.89	15:10	4.0mph	Male 40 - 49: 29
205	MORGAN WALKER	FALLS CHURCH, VA	F: 81	215	00:47:08.69	15:10	4.0mph	Female 0 - 12: 9
206	CINDY OH	MC LEAN, VA	F: 82	156	00:47:16.31	15:12	3.9mph	Female 50 - 59: 12
207	ALISON BRICKER	MC LEAN, VA	F: 83	25	00:47:20.62	15:14	3.9mph	Female 0 - 12: 10
208	WESLEY GEWEHR	ARLINGTON, VA	M: 125	76	00:50:25.47	16:13	3.7mph	Male 70 - 79: 4

Place	Name	Hometown	Gender	Bib #	Time	Pace	Speed	Division Rank
209	EKA AKPAKIP FLEMING	FAIRFAX, VA	F: 84	6	00:50:59.81	16:24	3.7mph	Female 30 - 39: 13
210	STARR HERNDON	ARLINGTON, VA	F: 85	91	00:51:27.52	16:33	3.6mph	Female 0 - 12: 11
211	CHRISTOPHER HERNDON	ARLINGTON, VA	M: 126	92	00:51:37.06	16:36	3.6mph	Male 40 - 49: 30
212	WAYNE WALKER	FALLS CHURCH, VA	M: 127	213	00:53:28.64	17:12	3.5mph	Male 40 - 49: 31
213	GLORIA WALKER	FALLS CHURCH, VA	F: 86	216	00:53:33.06	17:14	3.5mph	Female 40 - 49: 25
214	DANIELLE WALKER	FALLS CHURCH, VA	F: 87	214	00:53:43.44	17:17	3.5mph	Female 0 - 12: 12
215	MOLLY COOKE	SPRINGFIELD, VA	F: 88	42	01:14:49.41	24:04	2.5mph	Female 80 plus: 2