

5K for K9s

2 April, 2016

Byrd Park Richmond VA

Commonwealth Timing



Place	Bib#	First	Last	Gender	Age	City	Time	Pace/Mile
1	176	Kate	Spangler	Female	30	Richmond	20:30.737	6:36
2	103	Morgan	Greenwalt	Male	21	Mechanicsville	20:44.830	6:40
3	174	Vamana	Brown	Male	36	Petersburg	21:13.714	6:50
4	84	Jim	Williamson	Male	45	Stafford	21:14.037	6:50
5	50	Jason	Jones	Male	33	Henrico	21:14.384	6:50
6	152	Chelsea	Berg	Female	28	Chester	21:34.767	6:56
7	45	Marshie	Boswell	Female	27	Richmond	21:57.577	7:04
8	1	Lucy	Poh	Female	11	Richmond	22:25.387	7:13
9	88	Marina	Winkler	Female	19	Richmond	22:26.820	7:13
10	155	Carrie	Roth	Female	42	Midlothian	23:01.870	7:24
11	191	Doug	Roth	Male	55		23:29.877	7:34
12	167	Caitlin	Kelly	Female	31	Richmond	23:41.184	7:37
13	192	Devin	Naoroz	Male	11		23:50.607	7:40

Place	Bib#	First	Last	Gender	Age	City	Time	Pace/Mile
14	153	Alec	Berg	Male	27	Chester	23:55.887	7:42
15	44	Stanley	Tappen	Male	51	Prince George	24:21.644	7:50
16	25	Rachel	Freid	Female	31	Ruckersville	24:30.130	7:53
17	112	Jon	Bridges	Male	50	Richmond	24:49.507	7:59
18	185	Matthew	Burleson	Male	26	Newport News	24:53.914	8:01
19	184	Randi	Alto	Female	26	Newport News	25:07.047	8:05
20	22	C	Winston	Female	36	Richmond	25:07.234	8:05
21	178	Tomarra	Richardson	Female	36	Grand Rapids	25:12.964	8:07
22	100	Lisa	Bergmann	Female	24	Walnut Creek	25:31.474	8:13
23	186	Christy	Barbee	Female	36	Ashland	25:36.914	8:14
24	136	Jon	Baker	Male	60	Richmond	26:09.107	8:25
25	21	Alexa	Van Aartrijk	Female	20	Springfield	26:09.414	8:25
26	96	Caroline	Legros	Female	32	Richmond	26:18.624	8:28
27	139	Jimmy	Lucio	Male	15	Mechanicsville	26:26.880	8:30
28	125	Maggie	Geoghegan	Female	51	Glen Allen	26:27.124	8:31
29	16	Sinead	Lynch-Hall	Female	32	Richmond	26:46.169	8:37
30	126	Greg	Geoghegan	Male	53	Glen Allen	26:59.784	8:41
31	111	Lindsey	Bates	Female	32	Spotsylvania	27:07.680	8:44
32	31	Sarah	Johns	Female	23	Glen Allen	27:16.904	8:47
33	138	Doug	Gutierrez	Male	42	Mechanicsville	27:17.547	8:47
34	47	Allen	Kemp	Male	58	Hampton	27:17.887	8:47
35	95	Ryan	Legros	Male	33	Richmond	27:48.890	8:57
36	114	Robert	Burkell	Male	32	Chester	27:54.820	8:59
37	183	Marc	Rondeau	Male	55	Richmond	28:30.834	9:10
38	170	Erin	Plunkett	Female	20	Farmville	28:31.180	9:11
39	169	Michael	Crisp	Male	21	Farmville	29:01.604	9:20
40	193	Chris	Naoroz	Male	9		29:02.004	9:21
41	14	Noel	Van Aartrijk	Female	25	Springfield	29:06.257	9:22
42	39	John	Blauvelt	Male	52	Glen Allen	29:32.950	9:30
43	144	Sandy	Tyler	Female	48	Sandston	29:36.304	9:32
44	18	David	Naoroz	Male	46	Richmond	29:39.590	9:33

Place	Bib#	First	Last	Gender	Age	City	Time	Pace/Mile
45	113	Julie	Rose	Female	24	Henrico	29:42.754	9:34
46	118	Terry	Gwinn	Male	42	King George	29:47.777	9:35
47	20	Peter	Habenicht	Male	59	Richmond	29:50.964	9:36
48	128	Tommy	Roland	Male	39	Spotsylvania	29:52.900	9:37
49	150	Olivia	Sibley	Female	9	Richmond	29:56.540	9:38
50	151	Trey	Sibley	Male	43	Richmond	30:04.770	9:41
51	92	Sean	Kinnear	Male	47	Moseley	30:12.754	9:43
52	61	Debbie	Bader	Female	61	Kents Store	30:13.134	9:44
53	19	Jenny	Lowery	Female	38	North Chesterf	30:53.660	9:56
54	30	Bailey	Glasscock	Female	28	Richmond	30:55.444	9:57
55	3	Beth	Shriver	Female	34	Powhatan	30:58.424	9:58
56	4	Suzanne	Owens	Female	48	Rockville	31:22.940	10:06
57	13	Scott	Teschendorf	Male	29	Raleigh	31:34.490	10:10
58	187	Eric	Barbee	Male	40	Ashland	31:37.137	10:11
59	35	Kristi	Croxtan	Female	39	Mechanicsville	31:41.157	10:12
60	49	Tina	Carter	Female	42	Richmond	32:01.854	10:18
61	15	Nancy	Frowert	Female	38	Glen Allen	32:06.847	10:20
62	165	Kym	Osterbind	Female	55	Midlothian	32:07.377	10:20
63	26	Blair	Johnson	Female	18	Prince George	32:16.034	10:23
64	110	Jerome	Andrzejczak	Male	31	Mechanicsville	32:19.337	10:24
65	177	Laurie	Barnes	Female	33	Midlothian	32:54.970	10:35
66	90	Nancy	Barnes	Female	57	Midlothian	33:06.947	10:39
67	107	John	Gardner	Male	35	Chester	33:12.080	10:41
68	104	Adrienne	Gardner	Female	35	Chester	33:13.684	10:41
69	115	Hugh	Hemsley	Male	63	Chester	33:13.984	10:41
70	54	Haley	Poh	Female	13	Richmond	33:18.977	10:43
71	142	Bridgett	Hall	Female	27	Ruther Glen	33:20.980	10:44
72	29	Shane	Krausse	Male	11	Chesterfield	33:55.564	10:55
73	28	Charlie	Krausse	Male	41	Chesterfield	34:42.034	11:10
74	147	Jeremy	Titmus	Male	31	Richmond	35:25.757	11:24
75	171	Lindsay	Silvernail	Female	28	Richmond	35:44.930	11:30

Place	Bib#	First	Last	Gender	Age	City	Time	Pace/Mile
76	157	John	Sorg	Male	54	Goldvein	35:48.750	11:31
77	57	Jerrett	Pate	Male	46	Lanexa	35:53.940	11:33
78	56	Olivia	Titus	Female	26	Lanexa	35:56.357	11:34
79	137	Karen	Leyda	Female	46	Sandston	36:34.234	11:46
80	6	Justine	Hewitt	Female	27	Henrico	36:46.184	11:50
81	73	Karol	Wilson	Female	39	Mechanicsville	37:45.037	12:09
82	168	Eddie	Smith	Male	42	Henrico	37:45.330	12:09
83	17	Jason	Hall	Male	40	Richmond	38:01.911	12:14
84	94	Christina	Greulich	Female	43	Richmond	38:07.914	12:16
85	173	Lauren	Crisp	Female	26	Fredericksburg	38:26.924	12:22
86	38	Harley	Kirkland	Female	54	Mechanicsville	39:06.644	12:35
87	99	Herv	Sherd	Male	60	Richmond	39:08.660	12:36
88	98	Janet	Sherd	Female	52	Richmond	39:09.034	12:36
89	65	Maralee	Landrum	Female	24	South Chesterf	39:18.110	12:39
90	149	Taylor	Sibley	Female	11	Richmond	39:24.310	12:41
91	148	Kendal	Sibley	Female	40	Richmond	39:24.690	12:41
92	75	Susan	Bragg	Female	63	Richmond	39:25.197	12:41
93	87	Heather	Glass	Female	44	Richmond	39:55.704	12:51
94	2	Laura	Cody	Female	47	Richmond	40:46.184	13:07
95	158	Darlene	Sorg	Female	58	Goldvein	41:18.614	13:18
96	89	Blair	Mccracken	Female	39	Glen Allen	41:53.444	13:29
97	91	Ileana	Fred	Female	40	Glen Allen	41:53.634	13:29
98	146	Lori	Thorp	Female	52	Mechanicsville	42:48.227	13:47
99	154	Espeth	Mcclelland	Female	66	Richmond	42:52.924	13:48
100	93	Jennifer	Stanley	Female	37	Beaverdam	43:18.750	13:56
101	135	Wyatt	Watkins	Male	12	Mechanicsville	43:25.210	13:58
102	124	Harry	Conn, Jr.	Male	78	Powhatan	43:48.067	14:06
103	134	Ami	Watkins	Female	46	Mechanicsville	44:01.847	14:10
104	190	Jordan	Juret	Female	12		44:06.740	14:12
105	189	Judi	Jurey	Female	47		44:07.160	14:12
106	27	Natalie	Schauer	Female	18	Newport News	44:41.207	14:23

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107	10	Anita	Winkler	Female	23	Palmyra	46:30.184	14:58
108	97	Rita	Nuckols	Female	53	Glen Allen	46:50.254	15:04
109	36	Rita	Phillips	Female	76	Manakin Sabot	47:21.600	15:14
110	40	Casey	Pherson	Female	29	Richmond	48:52.337	15:44
111	55	Remington	Pomaranski	Female	21	Richmond	49:57.124	16:05
112	72	Gabrielle	Coy	Female	32	Henrico	50:07.534	16:08
113	82	Camille	Coy	Female	40	Henrico	50:07.794	16:08
114	199	Cami	Seay	Female	48		50:58.284	16:24
115	198	Sarah	Westmooreland	Female	43		50:58.484	16:24
116	41	Lee	Pulley	Male	13	Chesterfield	51:18.134	16:31
117	42	Kimberly	Pulley	Female	50	Chesterfield	51:18.437	16:31
118	43	Christophe	Moore	Male	47	Chesterfield	51:18.837	16:31
119	63	Amy	Shook	Female	41	Midlothian	52:23.984	16:52
120	200	Alex	Rinehart	Male	20		52:32.354	16:55
121	182	Michael	Hulcher	Male	20	Richmond	52:34.310	16:55
122	195	Sammunth	Poh	Female	14		52:36.574	16:56
123	129	Jake	Tomlinson	Male	19	Powhatan	52:39.590	16:57
124	68	William	Kenyon	Male	6	Glen Allen	52:44.754	16:58
125	66	Amy	Kenyon	Female	42	Glen Allen	52:44.994	16:58
126	67	Will	Kenyon	Male	40	Glen Allen	53:05.704	17:05
127	123	Madison	Eaton	Female	22	Richmond	53:28.254	17:13
128	161	Amar'e	Anderson	Male	11	Richmond	53:46.000	17:18
129	175	Martha	Vecchiolla	Female	60	Rihmond	54:14.130	17:27
130	156	Cheryl	Rilee	Female	51	Henrico	54:31.450	17:33
131	59	Chris	Saunders	Male	41	Richmond	55:00.457	17:42
132	60	Laura	Saunders	Female	45	Richmond	55:00.637	17:42
133	196	Daniella	Clark	Female	7		58:04.574	18:41
134	180	Alexis	Waldemar	Female	12	Palmyra	58:08.220	18:43
135	140	Stephanie	Agee	Female	36	Richmond	58:15.247	18:45
136	194	Melinda	Rivera	Female	42		58:15.580	18:45
137	77	Becky	Taylor	Female	74	Henrico	59:18.430	19:05

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138	132	Julie	Carlisle	Female	60	Montpelier	59:22.500	19:06
139	181	Marc	Waldemar	Male	45	Palmyra	1:01:48.064	19:53
140	79	Blythe	White	Female	28	Scottsville	1:04:38.840	20:48
141	163	Jaydon	Anderson	Male	10	Richmond	1:06:48.720	21:30
142	162	Jill	Isaac Anderson	Female	47	Richmond	1:07:25.420	21:42
143	179	Charina	Luton-Waldemar	Female	31	Palmyra	1:07:42.314	21:47