

SEAL Team Kick Start5K



Place	Name	Hometown	Bib #	Time	Pace	Speed	Sex	Age
1	CORKY GARDNER	HENRICO, VA	325	00:23:13.34	07:28	8.0mph	M	65
2	ADAM AUSTIN	MIDLOTHIAN, VA	166	00:24:12.98	07:47	7.7mph	M	39
3	CHRISTOPHER CAMDEN		339	00:25:03.43	08:03	7.4mph	M	21
4	ED GOTTA	GLEN ALLEN, VA	324	00:26:01.46	08:22	7.2mph	M	54
5	JOHN MCGURN	HENRICO, VA	318	00:27:27.41	08:50	6.8mph	M	73
6	JEFF GEREN		337	00:28:14.59	09:05	6.6mph	M	21
7	COLLIN MCDONALD	HENRICO, VA	331	00:30:24.36	09:47	6.1mph	M	12
8	JESSIE BRUSH	HENRICO, VA	317	00:30:36.56	09:51	6.1mph	F	33
9	LEE ALFORD	GLEN ALLEN, VA	333	00:34:55.42	11:14	5.3mph	M	41
10	JUANITA NICOLSON		350	00:35:09.01	11:18	5.3mph	F	21
11	RACHEL BOWMAN		336	00:35:53.42	11:33	5.2mph	F	35
12	KEVIN O'CONNOR	MIDLOTHIAN, VA	315	00:36:06.96	11:37	5.2mph	M	73

13	DENISE KASPER	GLEN ALLEN, VA	313	00:38:23.60	12:21	4.9mph	F	68
14	STEPHANIE PATTERSON	HENRICO, VA	316	00:39:53.54	12:50	4.7mph	F	60
15	MEL MITCHELL	GLEN ALLEN, VA	314	00:39:55.01	12:50	4.7mph	F	56
16	SHANNON MCDONALD	HENRICO, VA	332	00:42:33.67	13:41	4.4mph	F	51
17	REESE COCHRAN		330	00:42:39.88	13:43	4.4mph	M	15
18	HARRY CONN JR.	POWHATAN, VA	319	00:46:10.31	14:51	4.0mph	M	83
19	JILLAYNE MARSTERS	GLEN ALLEN, VA	335	00:49:45.27	16:00	3.7mph	F	40
20	SARAH MENDIZABAL	HENRICO, VA	334	00:49:46.95	16:01	3.7mph	F	39
21	MARILYN GERDE	GLEN ALLEN, VA	327	01:02:55.12	20:15	3.0mph	F	62
22	DONNA SPAINHOUR	RICHMOND, VA	329	01:02:55.69	20:15	3.0mph	F	63
23	ELIZABETH GERDE	GLEN ALLEN, VA	328	01:03:02.51	20:17	3.0mph	F	27

