

2023 Rountrey Run For Hope 5K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	JASON DOWDY	MIDLOTHIAN, VA	M: 1	RUNNER	751	00:17:03.81	05:29	10.9mph	Overall Male Runner: 1
2	LAKE STOCKDREHER	MIDLOTHIAN, VA	M: 2	RUNNER	762	00:19:38.31	06:19	9.5mph	Overall Male Runner: 2
3	BRYAN TALBERT	RICHMOND, VA	M: 3	RUNNER	749	00:20:13.89	06:30	9.2mph	Overall Male Runner: 3
4	JAKE SAYLOR	MIDLOTHIAN, VA	M: 4	RUNNER	744	00:20:25.78	06:34	9.1mph	Male 0 - 20: 1
5	STEVE TALBERT	SEAFORD, VA	M: 5	RUNNER	757	00:22:13.20	07:09	8.4mph	Male 60 - 99: 1
6	PARKER HERBERT	MIDLOTHIAN, VA	M: 6	RUNNER	726	00:22:22.92	07:12	8.3mph	Male 0 - 20: 2
7	BRANDON SNYDER	MIDLOTHIAN, VA	M: 7	RUNNER	722	00:24:08.12	07:46	7.7mph	Male 0 - 20: 3
8	MICHAEL NGETICH	MIDLOTHIAN, VA	M: 8	RUNNER	723	00:24:18.90	07:49	7.7mph	Male 46 - 59: 1
9	STELLA STOCKDREHER	MIDLOTHIAN, VA	F: 1	RUNNER	763	00:24:21.35	07:50	7.7mph	Overall Female Runner: 1
10	KELSEY CUNNINGHAM	RICHMOND, VA	F: 2	RUNNER	748	00:24:28.40	07:52	7.6mph	Overall Female Runner: 2
11	QUIN SWEENEY	RICHMOND, VA	M: 9	RUNNER	739	00:24:33.72	07:54	7.6mph	Male 31 - 45: 1
12	ANGELA MACFARLANE	MIDLOTHIAN, VA	F: 3	RUNNER	767	00:25:01.16	08:03	7.5mph	Overall Female Runner: 3
13	BRITTNEY PELFREY	MIDLOTHIAN, VA	F: 4	RUNNER	730	00:25:03.06	08:03	7.4mph	Female 31 - 45: 1
14	MATT WHEELER	MIDLOTHIAN, VA	M: 10	RUNNER	734	00:25:10.75	08:06	7.4mph	Male 46 - 59: 2
15	ROBERTO INGRAO	MIDLOTHIAN, VA	M: 11	RUNNER	705	00:25:19.91	08:09	7.4mph	Male 31 - 45: 2
16	NOLAN DOWDY		M: 12	RUNNER	772	00:26:08.45	08:24	7.1mph	Male 0 - 20: 4
17	SHANE BADON	MIDLOTHIAN, VA	M: 13	RUNNER	759	00:26:20.55	08:28	7.1mph	Male 31 - 45: 3
18	TOMMY PELFREY	MIDLOTHIAN, VA	M: 14	RUNNER	731	00:26:32.79	08:32	7.0mph	Male 31 - 45: 4
19	MARY DOWDY		F: 5	RUNNER	771	00:27:22.35	08:48	6.8mph	Overall Female: 20
20	THOMAS MONROE	MIDLOTHIAN, VA	M: 15	RUNNER	756	00:27:36.49	08:53	6.8mph	Male 31 - 45: 5
21	KRISTEN MONROE	MIDLOTHIAN, VA	F: 6	RUNNER	755	00:27:41.79	08:54	6.7mph	Female 31 - 45: 2
22	FRANCIS ACU	MIDLOTHIAN, VA	M: 16	RUNNER	711	00:27:41.84	08:54	6.7mph	Male 31 - 45: 6
23	KEN HENDERSON	MIDLOTHIAN, VA	M: 17	RUNNER	753	00:28:02.52	09:01	6.6mph	Male 31 - 45: 7
24	REED HENDERSON	MIDLOTHIAN, VA	M: 18	RUNNER	754	00:28:02.68	09:01	6.6mph	Male 0 - 20: 5
25	OLEVIA TALBERT	SEAFORD, VA	F: 7	RUNNER	758	00:28:05.90	09:02	6.6mph	Female 46 - 59: 2
26	CHASE LUEBKER	MIDLOTHIAN, VA	M: 19	RUNNER	710	00:28:19.56	09:07	6.6mph	Male 0 - 20: 6
27	MEGHAN JENKINS	MIDLOTHIAN, VA	F: 8	RUNNER	707	00:28:21.20	09:07	6.6mph	Female 31 - 45: 3
28	BRITTNEY INGRAO	MIDLOTHIAN, VA	F: 9	RUNNER	706	00:28:22.95	09:08	6.6mph	Female 31 - 45: 4
29	JASON LUEBKER	MIDLOTHIAN, VA	M: 20	RUNNER	709	00:28:24.09	09:08	6.6mph	Male 46 - 59: 3
30	BRYAN TEACHEY	CHESTERFIELD, VA	M: 21	RUNNER	764	00:28:41.19	09:13	6.5mph	Male 31 - 45: 8
31	BRENT APPONYI	MIDLOTHIAN, VA	M: 22	RUNNER	735	00:29:14.60	09:24	6.4mph	Male 46 - 59: 4
32	BRANDON BYERSON		M: 23	RUNNER	775	00:29:32.21	09:30	6.3mph	Overall Male Runner: 22
33	JAMES PRINCE		M: 24	RUNNER	776	00:29:33.72	09:30	6.3mph	Overall Male Runner: 23
34	HERBERT TEACHEY	MIDLOTHIAN, VA	M: 25	RUNNER	766	00:29:49.16	09:35	6.3mph	Male 31 - 45: 11
35	GLENN HARRIS	MIDLOTHIAN, VA	M: 26	RUNNER	745	00:30:04.49	09:40	6.2mph	Male 31 - 45: 12
36	KAYLYN LONERGAN	LOCUST GROVE, VA	F: 10	RUNNER	737	00:30:06.28	09:41	6.2mph	Female 21 - 30: 1
37	RYAN MACFARLANE	MIDLOTHIAN, VA	M: 27	RUNNER	768	00:32:17.13	10:23	5.8mph	Male 31 - 45: 13
38	DON MUSCATELL	MIDLOTHIAN, VA	M: 28	RUNNER	761	00:32:35.92	10:29	5.7mph	Male 46 - 59: 5
39	JULIA MONTGOMERY	MIDLOTHIAN, VA	F: 11	RUNNER	714	00:32:44.36	10:32	5.7mph	Female 31 - 45: 5
40	JEREMY JENKINS	MIDLOTHIAN, VA	M: 29	RUNNER	708	00:32:47.02	10:33	5.7mph	Male 31 - 45: 14
41	LIZ RESNICK	MIDLOTHIAN, VA	F: 12	RUNNER	732	00:33:10.21	10:40	5.6mph	Female 46 - 59: 3
42	RACHEL WANG	MIDLOTHIAN, VA	F: 13	RUNNER	721	00:33:24.44	10:45	5.6mph	Female 31 - 45: 6
43	JESSICA HARRINGTON	MIDLOTHIAN, VA	F: 14	RUNNER	750	00:33:52.66	10:54	5.5mph	Female 31 - 45: 7
44	MANDY HERBERT	MIDLOTHIAN, VA	F: 15	RUNNER	725	00:34:20.35	11:03	5.4mph	Female 31 - 45: 8
45	ASHLEY ANTOLINE		F: 16	RUNNER	769	00:34:27.98	11:05	5.4mph	Overall Female: 21
46	A ANTOLINE		M: 30	RUNNER	770	00:34:29.55	11:06	5.4mph	Overall Male Runner: 24
47	BRITTNIE COSTANZO	MIDLOTHIAN, VA	F: 17	RUNNER	765	00:35:29.90	11:25	5.3mph	Female 21 - 30: 2
48	AMANDA SCHEPONIK	MIDLOTHIAN, VA	F: 18	RUNNER	746	00:35:31.45	11:26	5.2mph	Female 31 - 45: 10
49	QUINN RUSSELL	MIDLOTHIAN, VA	F: 19	RUNNER	727	00:35:45.17	11:30	5.2mph	Female 0 - 20: 1
50	CALEB HUBER	MIDLOTHIAN, VA	M: 31	RUNNER	752	00:37:01.08	11:54	5.0mph	Male 31 - 45: 15
51	CHRIS HANSEN	MIDLOTHIAN, VA	M: 32	RUNNER	738	00:37:07.26	11:56	5.0mph	Male 31 - 45: 16
52	LEO WATSON	MIDLOTHIAN, VA	M: 33	RUNNER	718	00:39:44.31	12:47	4.7mph	Male 0 - 20: 8
53	NATHALIA AMOS	MIDLOTHIAN, VA	F: 20	RUNNER	740	00:43:08.77	13:53	4.3mph	Female 31 - 45: 11
54	MATT AMOS	MIDLOTHIAN, VA	M: 34	RUNNER	741	00:43:09.00	13:53	4.3mph	Male 31 - 45: 17
55	ROBERT WATSON	MIDLOTHIAN, VA	M: 35	RUNNER	719	00:45:07.79	14:31	4.1mph	Male 0 - 20: 9
56	STEPHANIE WATSON	MIDLOTHIAN, VA	F: 21	RUNNER	716	00:45:10.45	14:32	4.1mph	Female 46 - 59: 4
57	KRISTEN BATALO	MIDLOTHIAN, VA	F: 22	RUNNER	729	00:46:29.94	14:57	4.0mph	Female 31 - 45: 12
58	MICHAEL BATALO	MIDLOTHIAN, VA	M: 36	RUNNER	728	00:46:31.97	14:58	4.0mph	Male 31 - 45: 18
59	ROBERTO CAPUNO	MIDLOTHIAN, VA	M: 37	RUNNER	760	00:47:16.34	15:12	3.9mph	Male 46 - 59: 6
60	MARIBETH CAPUNO	MIDLOTHIAN, VA	F: 23	RUNNER	733	00:47:16.95	15:13	3.9mph	Female 46 - 59: 5
61	BILL GEISZLER	MIDLOTHIAN, VA	M: 38	RUNNER	712	00:53:24.42	17:11	3.5mph	Male 60 - 99: 2
62	SHELLEY MCGEE		F: 24	RUNNER	773	00:53:39.28	17:16	3.5mph	Overall Female: 22

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
63	LEE WATSON JR.	MIDLOTHIAN, VA	M: 39	RUNNER	717	00:53:42.17	17:17	3.5mph	Male 46 - 59: 7
64	GARDNER DIVERS	MIDLOTHIAN, VA	M: 40	RUNNER	724	00:57:54.39	18:38	3.2mph	Male 60 - 99: 3
65	ROBIN CLARK	MIDLOTHIAN, VA	F: 25	RUNNER	742	00:57:56.98	18:39	3.2mph	Female 46 - 59: 7
66	G SCOTT CLARK	MIDLOTHIAN, VA	M: 41	RUNNER	743	00:57:59.71	18:40	3.2mph	Male 46 - 59: 8