

# 2023 Loch Lothian 10K

## Overall Male Runner

Place	Bib #	Name	Time	Type	City
1	311	MATTHEW NEEDAM	00:38:23.76	Runner	City
2	295	MARK THOMAS	00:40:59.18	Runner	Charlottesville
3	315	RANDY SHELTON	00:42:55.05	Runner	Mechanicsville

## Overall Female Runner

Place	Bib #	Name	Time	Type	City
1	301	ANGUS REBECCA	00:47:01.64	Runner	Midlothian
2	252	REDWINE ANGELA	00:47:36.62	Runner	Richmond
3	274	MUHLHEIM STEPHANIE	00:49:23.71	Runner	Moseley

## Male 20 - 29

Place	Bib #	Name	Time	Type	City
1	279	HERNANDEZ NELSON	01:15:23.19	Runner	Richmond
2	300	MILLER BENJAMIN	01:26:32.55	Runner	Midlothian

## Female 20 - 29

Place	Bib #	Name	Time	Type	City
1	312	MEGHAN HARRELL	00:58:47.13	Runner	
2	296	SHIREY JILLIAN	01:05:35.16	Runner	Mechanicsville
3	297	HALL SARA	01:12:25.71	Runner	Danville

## Male 30 - 39

Place	Bib #	Name	Time	Type	City
1	285	SLATER JARED	00:48:00.20	Runner	Richmond
2	273	LONG CHAD	00:49:03.33	Runner	Powhatan
3	291	JOYNER ANDREW	00:51:38.38	Runner	Montpelier

## Female 30 - 39

Place	Bib #	Name	Time	Type	City
1	305	HAYES ASHLEY	00:51:45.85	Runner	Mechanicsville
2	316	ATKINS KARYL	01:15:27.32	Runner	Midlothian
3	267	MALATESTA PAULIE	01:20:17.95	Runner	Richmond

## Male 40 - 49

Place	Bib #	Name	Time	Type	City
1	260	MANN CHRIS	00:48:59.69	Runner	Midlothian
2	278	SIBLEY BRUCE	00:51:25.98	Runner	Richmond
3	1	AUSTIN ADAN	00:54:17.15	Runner	

## Female 40 - 49

Place	Bib #	Name	Time	Type	City
1	264	WIEGAND ELLEN	00:54:48.18	Runner	Richmond
2	292	LILLY LAURA	00:57:34.95	Runner	Disputanta
3	313	AMY FLATTUM	00:58:13.37	Runner	

## Male 50 - 59

Place	Bib #	Name	Time	Type	City
1	258	RUSSELL WILLIAM	00:48:55.77	Runner	Midlothian
2	2	HIRAM REED	00:52:00.81	Runner	
3	310	TRAHAN SHAWN	00:57:54.75	Runner	Stafford

## Female 50 - 59

Place	Bib #	Name	Time	Type	City
1	289	KEHMNA KRISTIN	00:52:48.89	Runner	Rensselaer
2	294	WRIGHT KERRI	01:03:11.46	Runner	Henrico
3	270	COE ERIN	01:11:02.80	Runner	Moseley

## Male 60 plus

Place	Bib #	Name	Time	Type	City
1	288	KEHMNA KEVIN	00:58:55.09	Runner	Rensselaer
2	307	JOHNSON JIMMY	01:09:45.27	Runner	Moseley
3	256	FINNEGAN JR. MAURICE	01:24:14.54	Runner	Glen Allen

## Female 60 plus

Place	Bib #	Name	Time	Type	City
1	255	GERLOFF TERRI	00:52:39.25	Runner	Midlothian