	e Name	Hometown	Gender		Bib #	Time		Speed		vision Rank
1	VADAS SCOTT	RICHMOND, VA	M: 1	RUNNER	687	00:20:49.03		9.0mph		Male Runner: 1
			Split Description	<u>Split Time</u>		<u>Pace</u>	<u>Spe</u>		Cumulative	
			Finish	00:11:50.24		05:46	0.0r		00:11:50.24	
0			Split 2	00:08:58.80		05:46	10.4	,	00:20:49.03	Mole Duran C
2	THOMAS BANNARD VCU STUDENT AFFAIRS	RICHMOND, VA	M: 2	RUNNER	685	00:21:45.19	07:00	8.6mph	Overall	Male Runner: 2
			Split Description	Split Time		Pace	<u>Spe</u>		<u>Cumulative</u>	
			Finish	00:12:19.07		00.04	0.0r		00:12:19.07	
_			Split 2	00:09:26.13		06:04	9.9r		00:21:45.19	
3	CAROLIN COFFILL VCU STUDENT AFFAIRS	RICHMOND, VA	F: 1	RUNNER	710	00:23:03.04	07:25	8.1mph	Overall	Female Runner:
			Split Description	<u>Split Time</u>		<u>Pace</u>	<u>Spe</u>		<u>Cumulative</u>	
			Finish Split 2	00:22:41.56 00:00:21.48		00:13	0.0r 260.4		00:22:41.56 00:23:03.04	
4								•		Mala Dunnari 2
4	PHILLIP ROEHRS-WEIST VADOC RESEARCH RUNNERS	HENRICO, VA	M: 3	RUNNER	607	00:23:59.50	07:43	7.8mph	Overall	Male Runner: 3
			Split Description	<u>Split Time</u>		<u>Pace</u>	<u>Spe</u>	ed	<u>Cumulative</u>	
			Finish	00:13:10.17			0.0r		00:13:10.17	
_		N. 01/207-2	Split 2	00:10:49.34		06:57	8.6r		00:23:59.50	
5	JOSHUA COUCH VIRGINIA STATE POLICE	N. CHESTERFIEL VA		RUNNER	700	00:24:08.32	07:46	7.7mph	Overall	Male Runner: 4
			Split Description	Split Time		Pace	Spe		Cumulative	
			Finish	00:13:00.22		07.10	0.0r		00:13:00.22	
6	D VALENTINE RICHMOND POLICE	ROCKVILLE, VA	Split 2 M: 5	00:11:08.11 RUNNER	691	07:10 00:25:22.27	8.4r 08:09	^{nph} 7.3mph	00:24:08.32 Overall	Male Runner: 5
			Split Description	Split Time		Pace	Spe	ed	Cumulative	
			Finish	00:14:32.34		. 400	0.0r		00:14:32.34	
			Split 2	00:10:49.94		06:58	8.6r		00:25:22.27	
7	W AUGUSTE RICHMOND POLICE	ROCKVILLE, VA	M: 6	RUNNER	692	00:25:23.09	08:10	7.3mph	Overall	Male Runner: 6
			Split Description	<u>Split Time</u>		<u>Pace</u>	Spe	ed	<u>Cumulative</u>	
			Finish	00:14:32.20			0.0r	nph	00:14:32.20	
			Split 2	00:10:50.89		06:59	8.6r	nph	00:25:23.09	
8	F RIVERA RICHMOND POLICE	ROCKVILLE, VA	M: 7	RUNNER	695	00:25:24.56	08:10	7.3mph	Overall	Male Runner: 7
			Split Description	Split Time		Pace	Spe	ed	<u>Cumulative</u>	
			Finish	00:14:33.88			0.0r		00:14:33.88	
			Split 2	00:10:50.68		06:58	8.6r		00:25:24.56	
9	RUSSELL FRANKLIN VIRGINIA STATE POLICE	N. CHESTERFIEL VA	.D, M: 8	RUNNER	701	00:25:32.34	08:13	7.3mph	Overall	Male Runner: 8
			Split Description	<u>Split Time</u>		<u>Pace</u>	Spe		<u>Cumulative</u>	
			Finish	00:25:07.68		aa /=	0.0r		00:25:07.68	
			Split 2	00:00:24.67		00:15	226.8	•	00:25:32.34	
10	TREVOR PLECKER VIRGINIA STATE POLICE	N. CHESTERFIEL	.D, M: 9	RUNNER	703	00:26:26.14	08:30	7.1mph		Male Runner: 9
								ed	Cumulative	
			Split Description	Split Time		<u>Pace</u>	<u>Spe</u>		00.00.04.05	
			Finish	00:26:04.35			0.0r	nph	00:26:04.35	
11	J ALEXANDER RICHMOND POLICE	ROCKVILLE, VA				<u>Pace</u> 00:14 00:26:32.92	0.0r 256.7	nph	00:26:26.14	Male Runner: 10
11		ROCKVILLE, VA	Finish Split 2 M: 10	00:26:04.35 00:00:21.79 RUNNER		00:14	0.0r 256.7 08:32	nph 7mph 7.0mph	00:26:26.14 Overall	Male Runner: 10
11		ROCKVILLE, VA	Finish Split 2	00:26:04.35 00:00:21.79 RUNNER <u>Split Time</u>		00:14	0.0r 256.7 08:32 <u>Spe</u>	nph 7mph 7.0mph eed	00:26:26.14 Overall <u>Cumulative</u>	Male Runner: 10
11		ROCKVILLE, VA	Finish Split 2 M: 10 Split Description	00:26:04.35 00:00:21.79 RUNNER		00:14	0.0r 256.7 08:32	nph Tmph 7.0mph eed nph	00:26:26.14 Overall	Male Runner: 10
		ROCKVILLE, VA	Finish Split 2 M: 10 Split Description Finish Split 2	00:26:04.35 00:00:21.79 RUNNER <u>Split Time</u> 00:14:35.42		00:14 00:26:32.92 <u>Pace</u>	0.0r 256.7 08:32 <u>Spe</u> 0.0r 7.8r	nph Tmph 7.0mph eed nph	00:26:26.14 Overall <u>Cumulative</u> 00:14:35.42 00:26:32.92	
	POLICE		Finish Split 2 M: 10 Split Description Finish Split 2 /A F: 2	0:26:04.35 00:00:21.79 RUNNER <u>Split Time</u> 00:14:35.42 00:11:57.51 RUNNER	693	00:14 00:26:32.92 <u>Pace</u> 07:41 00:26:39.16	0.0r 256.7 08:32 08:32 0.0r 7.8r 08:34	nph 7mph 7.0mph eed nph nph 7.0mph	00:26:26.14 Overall 00:14:35.42 00:26:32.92 Overall I	
	POLICE		Finish Split 2 M: 10 Split Description Finish Split 2	0:26:04.35 00:00:21.79 RUNNER <u>Split Time</u> 00:14:35.42 00:11:57.51 RUNNER <u>Split Time</u>	693 659	00:14 00:26:32.92 <u>Pace</u> 07:41	0.0r 256.7 08:32 08:32 0.0r 7.8r 08:34 <u>Spe</u>	nph Tmph 7.0mph eed nph nph 7.0mph eed	00:26:26.14 Overall <u>Cumulative</u> 00:14:35.42 00:26:32.92	
	POLICE		Finish Split 2 M: 10 Split Description Finish Split 2 /A F: 2 Split Description	0:26:04.35 00:00:21.79 RUNNER <u>Split Time</u> 00:14:35.42 00:11:57.51 RUNNER	693 659	00:14 00:26:32.92 <u>Pace</u> 07:41 00:26:39.16	0.0r 256.7 08:32 08:32 0.0r 7.8r 08:34	nph Tmph 7.0mph eed nph nph 7.0mph eed nph	00:26:26.14 Overall 00:14:35.42 00:26:32.92 Overall I <u>Cumulative</u>	
12	POLICE		Finish Split 2 M: 10 Split Description Finish Split 2 /A F: 2 Split Description Finish	00:26:04:35 00:00:21:79 RUNNER <u>Split Time</u> 00:14:35:42 00:11:57:51 RUNNER <u>Split Time</u> 00:14:29:78	693 659	00:14 00:26:32.92 <u>Pace</u> 07:41 00:26:39.16 <u>Pace</u>	0.0r 256.7 08:32 0.0r 7.8r 08:34 <u>Spe</u> 0.0r 7.7r	nph Tmph 7.0mph eed nph nph 7.0mph eed nph	00:26:26.14 Overall 00:14:35.42 00:26:32.92 Overall I <u>Cumulative</u> 00:14:29.78 00:26:39.16	Female Runner: :
12	POLICE GERALDI SARA KELLY O&CONNELL	WOODBRIDGE, V	Finish Split 2 M: 10 Split Description Finish Split 2 /A F: 2 Split Description Finish Split 2	0:26:04.35 00:00:21.79 RUNNER <u>Split Time</u> 00:14:35.42 00:11:57.51 RUNNER <u>Split Time</u> 00:14:29.78 00:12:09.39	693 659	00:14 00:26:32.92 <u>Pace</u> 07:41 00:26:39.16 <u>Pace</u> 07:49	0.0r 256.7 08:32 0.0r 7.8r 08:34 <u>Spe</u> 0.0r 7.7r	nph Tmph 7.0mph 7.0mph nph 7.0mph nph 7.0mph 7.0mph	00:26:26.14 Overall 00:14:35.42 00:26:32.92 Overall I <u>Cumulative</u> 00:14:29.78 00:26:39.16	Female Runner:
12	POLICE GERALDI SARA KELLY O&CONNELL	WOODBRIDGE, V	Finish Split 2 M: 10 Split Description Finish Split 2 /A F: 2 Split Description Finish Split 2 F: 3	0:26:04.35 00:00:21.79 RUNNER <u>Split Time</u> 00:14:35.42 00:11:57.51 RUNNER <u>Split Time</u> 00:14:29.78 00:12:09.39 RUNNER	693 659 696	00:14 00:26:32.92 <u>Pace</u> 07:41 00:26:39.16 <u>Pace</u> 07:49 00:26:39.29	0.0r 256.7 08:32 Spe 0.0r 7.8r 08:34 Spe 0.0r 7.7r 08:34	nph Tmph 7.0mph 7.0mph nph 7.0mph nph nph 7.0mph 7.0mph	00:26:26.14 Overall <u>Cumulative</u> 00:14:35.42 00:26:32.92 Overall I <u>Cumulative</u> 00:14:29.78 00:26:39.16 Overall I	Male Runner: 10 Female Runner: 2

	e Name	Hometown	Gender	Туре	Bib #	Time		Speed		sion Rank
14	JON BRIDGES		M: 11	RUNNER	736	00:27:09.65	08:44 6	6.9mph	Overall N	/lale Runner: 11
			Split Description	Split Time		Pace	Spee	_	<u>Cumulative</u>	
			Finish	00:26:32.08 00:00:37.58		00:24	0.0mj 149.9n		00:26:32.08 00:27:09.65	
15	DIEDERICH MARIAH		Split 2				148.8n			emale Runner: 4
15	DIEDERICH MARIAH	RICHMOND, VA	F: 4	RUNNER	727	00:27:18.71	08:47 6	•		emale Runner: 4
			Split Description	<u>Split Time</u> 00:26:58.5		<u>Pace</u>	<u>Spee</u> 0.0mj		Cumulative 00:26:58.51	
			Finish Split 2	00:20:38.5		00:13	276.8n		00:27:18.71	
16	KEHOE TIM	NORTH CHESTERFIELD,	M: 12	RUNNER	728	00:27:18.94	08:47 6			lale Runner: 12
			Split Description	Split Time		Pace	Spee	d	Cumulative	
			Finish	00:27:01.0			0.0mj	_	00:27:01.05	
			Split 2	00:00:17.90)	00:11	312.5n	nph	00:27:18.94	
7	BREEDEN JESSE	HENRICO, VA	M: 13	RUNNER	612	00:27:37.94	08:53 6	6.7mph	Overall N	/lale Runner: 13
			Split Description	Split Time		Pace	Spee	d	Cumulative	
			Finish	00:14:18.9	1		0.0mj	 ph	00:14:18.91	
			Split 2	00:13:19.03	3	08:34	7.0mj	oh	00:27:37.94	
18	SAMANTHA THIBODEAUX VCU DIVISION OF STUDENT AFFAIRS	RICHMOND, VA	F: 5	RUNNER	688	00:27:49.93	08:57 6	3.7mph	Overall F	emale Runner: 5
			Split Description	Split Time		Pace	Spee	ed .	Cumulative	
			Finish	00:15:48.53	3		0.0mj		00:15:48.53	
			Split 2	00:12:01.40)	07:44	7.8mj	bh	00:27:49.93	
19	DIONE BASSETT VIRGINIA DEPARTMENT OF CRIMINAI JUSTICE SERVICES	,	F: 6	RUNNER	678	00:27:54.04	08:58 6	6.7mph	Overall F	emale Runner: 6
			Split Description	Split Time		Pace	Spee	ed .	<u>Cumulative</u>	
			Finish	00:15:25.29			0.0mj		00:15:25.29	
			Split 2	00:12:28.7		08:01	7.5m		00:27:54.04	
20	MARK MURPHY VIRGINIA DEPARTMENT OF JUVENILE JUSTICE	CHESTERFIELD, E	VA M: 14	RUNNER	680	00:28:22.36	09:07 6	3.6mph	Overall N	/ale Runner: 14
			Split Description	Split Time		Pace	Spee	ed .	Cumulative	
			Finish	00:15:18.80)		0.0mj	oh	00:15:18.80	
			Split 2	00:13:03.5	7	08:24	7.1m	oh	00:28:22.36	
21	JULIE NORRIS VIRGINIA DEPARTMENT OF JUVENILE	MIDLOTHIAN, VA	F: 7	RUNNER	675	00:28:23.76	09:08 6	6.6mph	Overall F	emale Runner: 7
	JUSTICE									
	JUSTICE		Split Description	<u>Split Time</u>		<u>Pace</u>	Spee	<u>ed</u>	<u>Cumulative</u>	
	JUSTICE		<u>Split Description</u> Finish	<u>Split Time</u> 00:15:23.43		<u>Pace</u>	<u>Spee</u> 0.0m	_	<u>Cumulative</u> 00:15:23.43	
	JUSTICE				3	<u>Pace</u> 08:22		bh		
22	JUSTICE PERRY BRIELLE	PROVIDENCE FORGE, VA	Finish	00:15:23.43	3		0.0mj	oh oh	00:15:23.43 00:28:23.76	emale Runner: 8
22		PROVIDENCE	Finish Split 2 F: 8 Split Description	00:15:23.4: 00:13:00.34 RUNNER <u>Split Time</u>	621	08:22	0.0mp 7.2mp 09:18 6 <u>Spee</u>	oh oh 6.4mph	00:15:23.43 00:28:23.76 Overall Fo <u>Cumulative</u>	emale Runner: 8
22		PROVIDENCE	Finish Split 2 F: 8 Split Description Finish	00:15:23.43 00:13:00.34 RUNNER <u>Split Time</u> 00:15:10.93	621	08:22 00:28:55.29 <u>Pace</u>	0.0mµ 7.2mµ 09:18 6 <u>Spee</u> 0.0mµ	oh oh S.4mph ed oh	00:15:23.43 00:28:23.76 Overall Fo <u>Cumulative</u> 00:15:10.95	emale Runner: 8
		PROVIDENCE	Finish Split 2 F: 8 Split Description	00:15:23.4: 00:13:00.34 RUNNER <u>Split Time</u>	621	08:22 00:28:55.29	0.0mp 7.2mp 09:18 6 <u>Spee</u>	oh oh ô.4mph ô.4mph oh	00:15:23.43 00:28:23.76 Overall Fo <u>Cumulative</u> 00:15:10.95 00:28:55.29	emale Runner: 8 emale Runner: 9
	PERRY BRIELLE	PROVIDENCE FORGE, VA PROVIDENCE	Finish Split 2 F: 8 Split Description Finish Split 2 F: 9	0:15:23.4 0:13:00.3 RUNNER <u>Split Time</u> 00:15:10.9 00:13:44.3 RUNNER	621 5 622	08:22 00:28:55.29 <u>Pace</u> 08:50 00:28:56.76	0.0mp 7.2mp 09:18 6 <u>Speec</u> 0.0mp 6.8mp 09:19 6	oh oh S.4mph ed oh oh S.4mph	00:15:23.43 00:28:23.76 Overall Fo 00:15:10.95 00:28:55.29 Overall Fo	
	PERRY BRIELLE	PROVIDENCE FORGE, VA PROVIDENCE	Finish Split 2 F: 8 Split Description Finish Split 2	0:15:23.4 0:13:00.3 RUNNER <u>Split Time</u> 00:15:10.9 00:13:44.3	621 5 622	08:22 00:28:55.29 <u>Pace</u> 08:50	0.0mµ 7.2mµ 09:18 6.8mµ 6.8mµ	bh bh bh bh bh bh bh bh bh bh bh bh bh b	00:15:23.43 00:28:23.76 Overall Fo <u>Cumulative</u> 00:15:10.95 00:28:55.29	
	PERRY BRIELLE	PROVIDENCE FORGE, VA PROVIDENCE	Finish Split 2 F: 8 Split Description Finish Split 2 F: 9 Split Description	0:15:23.4 0:13:00.3 RUNNER <u>Split Time</u> 00:13:44.3 RUNNER <u>Split Time</u>	621 622	08:22 00:28:55.29 <u>Pace</u> 08:50 00:28:56.76	0.0mp 7.2mp 09:18 6 <u>Speec</u> 0.0mp 6.8mp 09:19 6 <u>Speec</u>	oh oh oh oh oh oh oh oh oh	00:15:23.43 00:28:23.76 Overall Fo 00:15:10.95 00:28:55.29 Overall Fo <u>Cumulative</u>	
23	PERRY BRIELLE	PROVIDENCE FORGE, VA PROVIDENCE FORGE, VA	Finish Split 2 F: 8 <u>Split Description</u> Finish Split 2 F: 9 <u>Split Description</u> Finish	0:15:23.4 0:13:00.3 RUNNER <u>Split Time</u> 00:15:10.9 0:13:44.3 RUNNER <u>Split Time</u> 00:15:09.1	621 622	08:22 00:28:55.29 <u>Pace</u> 08:50 00:28:56.76 <u>Pace</u>	0.0mp 7.2mp 09:18 6 <u>Speec</u> 0.0mp 6.8mp 09:19 6 <u>Speec</u> 0.0mp	oh oh oh oh oh oh oh oh oh oh	00:15:23.43 00:28:23.76 Overall Fo 00:15:10.95 00:28:55.29 Overall Fo <u>Cumulative</u> 00:15:09.13 00:28:56.76	
23	PERRY BRIELLE PERRY MADALEIGH DARREN GREEN VIRGINIA LIONS FOOTY	PROVIDENCE FORGE, VA PROVIDENCE FORGE, VA	Finish Split 2 F: 8 Split Description Finish Split 2 F: 9 Split Description Finish Split 2	0:15:23.4 0:13:00.3 RUNNER <u>Split Time</u> 00:15:10.9 00:13:44.3 RUNNER <u>Split Time</u> 00:15:09.1 00:15:09.1	621 622 622 681	08:22 00:28:55.29 <u>Pace</u> 08:50 00:28:56.76 <u>Pace</u> 08:52	0.0mp 7.2mp 09:18 6 <u>Speec</u> 0.0mp 6.8mp 09:19 6 <u>Speec</u> 0.0mp 6.8mp	oh oh S.4mph oh oh S.4mph ed S.4mph S.4mph	00:15:23.43 00:28:23.76 Overall Fo 00:15:10.95 00:28:55.29 Overall Fo <u>Cumulative</u> 00:15:09.13 00:28:56.76	emale Runner: 9
23	PERRY BRIELLE PERRY MADALEIGH DARREN GREEN VIRGINIA LIONS FOOTY	PROVIDENCE FORGE, VA PROVIDENCE FORGE, VA	Finish Split 2 F: 8 Split Description Finish Split 2 F: 9 Split Description Finish Split 2 M: 15	0:15:23.4 0:13:00.3 RUNNER <u>Split Time</u> 00:15:10.9 00:13:44.3 RUNNER <u>Split Time</u> 00:15:09.13 00:13:47.64 RUNNER	621 622 622 681	08:22 00:28:55.29 <u>Pace</u> 08:50 00:28:56.76 <u>Pace</u> 08:52 00:29:03.59	0.0mp 7.2mp 09:18 6 <u>Spee</u> 0.0mp 6.8mp 09:19 6 <u>Spee</u> 0.0mp 6.8mp	oh oh S.4mph S.4mph S.4mph S.4mph S.4mph S.4mph	00:15:23.43 00:28:23.76 Overall Fr 00:15:10.95 00:28:55.29 Overall Fr 00:15:09.13 00:28:56.76 Overall M <u>Cumulative</u> 00:16:52.48	emale Runner: 9
23	PERRY BRIELLE PERRY MADALEIGH DARREN GREEN VIRGINIA LIONS FOOTY #RUNWITHTHELIONS	PROVIDENCE FORGE, VA PROVIDENCE FORGE, VA RICHMOND, VA	Finish Split 2 F: 8 Split Description Finish Split 2 F: 9 Split Description Finish Split 2 M: 15 Split Description Finish Split 2	0:15:23.4 0:13:00.34 RUNNER <u>Split Time</u> 00:15:10.9 00:13:44.33 RUNNER <u>Split Time</u> 00:15:09.13 00:13:47.64 RUNNER <u>Split Time</u> 00:16:52.44 00:12:11.12	621 622 622 681	08:22 00:28:55.29 <u>Pace</u> 08:50 00:28:56.76 <u>Pace</u> 08:52 00:29:03.59	0.0mp 7.2mp 09:18 6 <u>Speec</u> 0.0mp 6.8mp 09:19 6 <u>Speec</u> 0.0mp 6.8mp 09:21 6	oh oh 3.4mph 3.4mph oh 3.4mph ad 5.4mph bh 3.4mph	00:15:23.43 00:28:23.76 Overall Fo 00:15:10.95 00:28:55.29 Overall Fo 00:15:09.13 00:28:56.76 Overall M <u>Cumulative</u> 00:16:52.48 00:29:03.59	emale Runner: 9 /lale Runner: 15
23	PERRY BRIELLE PERRY MADALEIGH DARREN GREEN VIRGINIA LIONS FOOTY	PROVIDENCE FORGE, VA PROVIDENCE FORGE, VA	Finish Split 2 F: 8 Split Description Finish Split 2 F: 9 Split Description Finish Split 2 M: 15 Split Description Finish Split 2	0:15:23.4 0:13:00.34 RUNNER <u>Split Time</u> 0:15:10.9 0:13:44.33 RUNNER <u>Split Time</u> 0:15:09.13 0:13:47.64 RUNNER	621 622 622 681	08:22 00:28:55.29 Pace 08:50 00:28:56.76 Pace 08:52 00:29:03.59 Pace	0.0mp 7.2mp 09:18 6 <u>Speec</u> 0.0mp 6.8mp 09:19 6 <u>Speec</u> 0.0mp 6.8mp	oh oh 3.4mph 3.4mph oh 5.4mph ad 5.4mph 5.4mph ad oh oh	00:15:23.43 00:28:23.76 Overall Fo 00:15:10.95 00:28:55.29 Overall Fo 00:15:09.13 00:28:56.76 Overall M <u>Cumulative</u> 00:16:52.48 00:29:03.59	emale Runner: 9 /lale Runner: 15
23	PERRY BRIELLE PERRY MADALEIGH DARREN GREEN VIRGINIA LIONS FOOTY #RUNWITHTHELIONS RACHEL HOTT HANOVER COMMONWEALTH'S	PROVIDENCE FORGE, VA PROVIDENCE FORGE, VA RICHMOND, VA	Finish Split 2 F: 8 Split Description Finish Split 2 F: 9 Split Description Finish Split 2 M: 15 Split Description Finish Split 2	0:15:23.4 0:13:00.34 RUNNER <u>Split Time</u> 00:15:10.9 00:13:44.33 RUNNER <u>Split Time</u> 00:15:09.13 00:13:47.64 RUNNER <u>Split Time</u> 00:16:52.44 00:12:11.12	621 622 622 681 623	08:22 00:28:55.29 Pace 08:50 00:28:56.76 Pace 08:52 00:29:03.59 Pace 07:50	0.0mp 7.2mp 09:18 6 <u>Speec</u> 0.0mp 6.8mp 09:19 6 <u>Speec</u> 0.0mp 6.8mp 09:21 6 <u>Speec</u> 0.0mp 7.6mp	oh oh oh 3.4mph oh oh 3.4mph oh oh oh oh oh oh oh oh oh oh oh oh oh	00:15:23.43 00:28:23.76 Overall Fo 00:15:10.95 00:28:55.29 Overall Fo 00:15:09.13 00:28:56.76 Overall M <u>Cumulative</u> 00:16:52.48 00:29:03.59	emale Runner: 9 <i>I</i> lale Runner: 15
-	PERRY BRIELLE PERRY MADALEIGH DARREN GREEN VIRGINIA LIONS FOOTY #RUNWITHTHELIONS RACHEL HOTT HANOVER COMMONWEALTH'S	PROVIDENCE FORGE, VA PROVIDENCE FORGE, VA RICHMOND, VA	Finish Split 2 F: 8 Split Description Finish Split 2 F: 9 Split Description Finish Split 2 M: 15 Split Description Finish Split 2 E, F: 10	0:15:23.4 0:13:00.3 RUNNER <u>Split Time</u> 0:15:10.9 0:13:44.3 RUNNER <u>Split Time</u> 0:15:09.1 0:13:47.6 RUNNER <u>Split Time</u> 0:16:52.4 0:12:11.12	621 622 622 681 623	08:22 00:28:55.29 Pace 08:50 00:28:56.76 Pace 08:52 00:29:03.59 Pace 07:50 00:29:35.77	0.0mp 7.2mp 09:18 6 0.0mp 6.8mp 09:19 6 <u>Speec</u> 0.0mp 6.8mp 09:21 6 <u>Speec</u> 0.0mp 7.6mp	oh oh oh S.4mph oh oh S.4mph s.4mph s.4mph s.4mph s.3.3mph s.3.3mph	00:15:23.43 00:28:23.76 Overall Fo 00:15:10.95 00:28:55.29 Overall Fo 00:15:09.13 00:28:56.76 Overall M <u>Cumulative</u> 00:16:52.48 00:29:03.59 Overall Fe	emale Runner: 9

Name	Hometown	Gender	Type Bib		Pace Speed	Division Rank
RICHARD EDWARDS RICHMOND POLICE	ROCKVILLE, VA	M: 16	RUNNER 690	00:30:32.88	09:49 6.1mph	Overall Male Runner: 16
		<u>Split Description</u> Finish	<u>Split Time</u> 00:15:32.28	<u>Pace</u>	<u>Speed</u> 0.0mph	<u>Cumulative</u> 00:15:32.28
		Split 2	00:15:00.60	09:39	6.2 <i>mph</i>	00:30:32.88
MCCLENNY TAYLOR	CHESTER, VA	F: 11	RUNNER 662	00:31:30.14	10:08 5.9mph	Overall Female Runner: 17
		Split Description	<u>Split Time</u>	<u>Pace</u>	Speed	Cumulative
				00.28		00:16:47.15 00:31:30.14
					,	
OLSCHEWSKI VIRGINIA STATE POLICE	VA	.D, F. 12	KUNNEK 099	00.31.30.71	10.06 5.9mph	
		Split Description	Split Time	Pace	Speed	Cumulative
		Finish		10.00		00:15:44.07
					,	00:31:30.71
BROWN JADE	RICHMOND, VA			00:31:40.83	•	
				<u>Pace</u>		<u>Cumulative</u>
				00.35		00:16:47.51 00:31:40.83
Ι ΔΗΡΕΝ ΚΔΤΟΗΠΚ ΜΟΠ		· · · · ·				
DIVISION OF STUDENT AFFAIRS	CHESTERFIELD,	VA F.14	RUNNER 000	00.32.10.00	10.23 5.611ph	
		Split Description	<u>Split Time</u>	<u>Pace</u>	Speed	<u>Cumulative</u>
		Finish	00:17:43.94		0.0mph	00:17:43.94
						00:32:16.08
	MECHANICSVLLI VA	E, F: 15	RUNNER 655	00:32:27.10	10:26 5.7mph	Overall Female Runner: 15
		Split Description	Split Time	Pace	Speed	Cumulative
		Finish	00:18:02.90		0.0mph	00:18:02.90
		Split 2	00:14:24.20	09:16	6.5mph	00:32:27.10
MYERS DANIEL	LYNCHBURG, VA	M: 17	RUNNER 643	00:32:31.68	10:28 5.7mph	Overall Male Runner: 17
		Split Description	<u>Split Time</u>	<u>Pace</u>	Speed	Cumulative
		Finish	00:17:30.58	22 42	0.0mph	00:17:30.58
		,			,	00:32:31.68
ELMORE JALIYA	MIDLOTHIAN, VA	F: 16	RUNNER 697	00:33:33.90	10:48 5.6mph	Overall Female Runner: 10
		Split Description	Split Time	Pace	Speed	Cumulative
				00.59		00:18:04.28 00:33:33.90
		,			,	
JERRIFIIZ		-			•	
			-	<u>Pace</u>		<u>Cumulative</u>
		Finish Split 2	00:33:18.57 00:00:20.03	00:12	0.0mph 279.2mph	00:33:18.57 00:33:38.60
STARK VIOLET	HENRICO, VA	F: 17	RUNNER 614		10:50 5.5mph	
						Cumulative
			Split Time		Sneed	
		Split Description Finish	<u>Split Time</u> 00:17:42.84	<u>Pace</u>	<u>Speed</u> 0.0mph	00:17:42.84
				10:15	<u>Speed</u> 0.0mph 5.8mph	00:17:42.84 00:33:39.46
ASHANTI HOGAN PETERSBURG CWA	PETERSBURG, V	Finish Split 2	00:17:42.84	10:15	0.0mph	00:33:39.46
	PETERSBURG, V	Finish Split 2 A F: 18 <u>Split Description</u>	00:17:42.84 00:15:56.62 RUNNER 666 <u>Split Time</u>	10:15	0.0mph 5.8mph 10:50 5.5mph <u>Speed</u>	00:33:39.46 Overall Female Runner: 18 <u>Cumulative</u>
	PETERSBURG, V	Finish Split 2 A F: 18 <u>Split Description</u> Finish	00:17:42.84 00:15:56.62 RUNNER 666 <u>Split Time</u> 00:32:56.41	10:15 00:33:42.37 <u>Pace</u>	0.0mph 5.8mph 10:50 5.5mph <u>Speed</u> 0.0mph	00:33:39.46 Overall Female Runner: 18 <u>Cumulative</u> 00:32:56.41
PETERSBURG CWA		Finish Split 2 A F: 18 Split Description Finish Split 2	00:17:42.84 00:15:56.62 RUNNER 666 <u>Split Time</u> 00:32:56.41 00:00:45.97	10:15 00:33:42.37 <u>Pace</u> 00:29	0.0mph 5.8mph 10:50 5.5mph <u>Speed</u> 0.0mph 121.7mph	00:33:39.46 Overall Female Runner: 18 <u>Cumulative</u> 00:32:56.41 00:33:42.37
		Finish Split 2 A F: 18 Split Description Finish Split 2	00:17:42.84 00:15:56.62 RUNNER 666 <u>Split Time</u> 00:32:56.41	10:15 00:33:42.37 <u>Pace</u> 00:29	0.0mph 5.8mph 10:50 5.5mph <u>Speed</u> 0.0mph	00:33:39.46 Overall Female Runner: 18 <u>Cumulative</u> 00:32:56.41 00:33:42.37
PETERSBURG CWA ARMAUNI DUPERIOR-WEBE VADOC RESEARCH	3 SAINT STEPHEN	Finish Split 2 A F: 18 Split Description Finish Split 2 S F: 19 Split Description	00:17:42.84 00:15:56.62 RUNNER 666 <u>Split Time</u> 00:32:56.41 00:00:45.97 RUNNER 609 <u>Split Time</u>	10:15 00:33:42.37 <u>Pace</u> 00:29	0.0mph 5.8mph 10:50 5.5mph <u>Speed</u> 0.0mph 121.7mph 10:56 5.5mph <u>Speed</u>	00:33:39.46 Overall Female Runner: 18 00:32:56.41 00:33:42.37 Overall Female Runner: 19 <u>Cumulative</u>
PETERSBURG CWA ARMAUNI DUPERIOR-WEBE VADOC RESEARCH	3 SAINT STEPHEN	Finish Split 2 A F: 18 Split Description Finish Split 2 S F: 19 Split Description Finish	00:17:42.84 00:15:56.62 RUNNER 666 <u>Split Time</u> 00:32:56.41 00:00:45.97 RUNNER 609 <u>Split Time</u> 00:17:42.94	10:15 00:33:42.37 Pace 00:29 00:34:00.52 Pace	0.0mph 5.8mph 10:50 5.5mph <u>Speed</u> 0.0mph 121.7mph 10:56 5.5mph <u>Speed</u> 0.0mph	00:33:39.46 Overall Female Runner: 18 00:32:56.41 00:33:42.37 Overall Female Runner: 19 <u>Cumulative</u> 00:17:42.94
PETERSBURG CWA ARMAUNI DUPERIOR-WEBE VADOC RESEARCH RUNNERS	BSAINT STEPHEN CHURCH, VA	Finish Split 2 A F: 18 Split Description Finish Split 2 S F: 19 Split Description Finish Split 2	00:17:42.84 00:15:56.62 RUNNER 666 <u>Split Time</u> 00:32:56.41 00:00:45.97 RUNNER 609 <u>Split Time</u> 00:17:42.94 00:16:17.58	10:15 00:33:42.37 Pace 00:29 00:34:00.52 Pace 10:29	0.0mph 5.8mph 10:50 5.5mph <u>Speed</u> 0.0mph 121.7mph 10:56 5.5mph <u>Speed</u> 0.0mph 5.7mph	00:33:39.46 Overall Female Runner: 14 00:32:56.41 00:33:42.37 Overall Female Runner: 19 <u>Cumulative</u> 00:17:42.94 00:34:00.52
PETERSBURG CWA ARMAUNI DUPERIOR-WEBE VADOC RESEARCH	3 SAINT STEPHEN	Finish Split 2 A F: 18 Split Description Finish Split 2 S F: 19 Split Description Finish Split 2 A F: 20	00:17:42.84 00:15:56.62 RUNNER 666 Split Time 00:32:56.41 00:00:45.97 RUNNER 609 Split Time 00:17:42.94 00:17:42.94 00:16:17.58 RUNNER 644	10:15 00:33:42.37 <u>Pace</u> 00:29 00:34:00.52 <u>Pace</u> 10:29 00:34:51.88	0.0mph 5.8mph 10:50 5.5mph <u>Speed</u> 0.0mph 121.7mph 10:56 5.5mph <u>Speed</u> 0.0mph 5.7mph 11:13 5.3mph	00:33:39.46 Overall Female Runner: 18 00:32:56.41 00:33:42.37 Overall Female Runner: 19 <u>Cumulative</u> 00:17:42.94 00:34:00.52 Overall Female Runner: 20
PETERSBURG CWA ARMAUNI DUPERIOR-WEBE VADOC RESEARCH RUNNERS	BSAINT STEPHEN CHURCH, VA	Finish Split 2 A F: 18 Split Description Finish Split 2 S F: 19 Split Description Finish Split 2	00:17:42.84 00:15:56.62 RUNNER 666 <u>Split Time</u> 00:32:56.41 00:00:45.97 RUNNER 609 <u>Split Time</u> 00:17:42.94 00:16:17.58	10:15 00:33:42.37 Pace 00:29 00:34:00.52 Pace 10:29	0.0mph 5.8mph 10:50 5.5mph <u>Speed</u> 0.0mph 121.7mph 10:56 5.5mph <u>Speed</u> 0.0mph 5.7mph	00:33:39.46 Overall Female Runner: 18 00:32:56.41 00:33:42.37 Overall Female Runner: 18 <u>Cumulative</u> 00:17:42.94 00:34:00.52
	STATE POLICE BROWN JADE LAUREN KATCHUK VCU DIVISION OF STUDENT AFFAIRS MACKENZIE BABICHENKO HANOVER COMMONWEALTH'S	SOPHIE CARR- OLSCHEWSKI VIRGINIA STATE POLICEN. CHESTERFIEL VABROWN JADERICHMOND, VALAUREN KATCHUK VCU DIVISION OF STUDENT AFFAIRSCHESTERFIELD, CHESTERFIELD, VAMACKENZIE BABICHENKO HANOVER COMMONWEALTH'S ATTORNEY'S OFFICEMECHANICSVLLE VAMYERS DANIELLYNCHBURG, VAELMORE JALIYAMIDLOTHIAN, VA	Split 2 MCCLENNY TAYLOR CHESTER, VA F: 11 Split Description Finish Split Description Finish SOPHIE CARR- N. CHESTERFIELD, F: 12 OLSCHEWSKI VIRGINIA N. CHESTERFIELD, F: 12 STATE POLICE N. CHESTERFIELD, F: 13 Split Description Finish Split Descript	Split 200:15:00.60MCCLENNY TAYLORCHESTER, VAF: 11RUNNER662Split Description FinishSplit 1000Split 1000Split 1000SOPHIE CARR- OLSCHEWSKI VIRGINIA STATE POLICEN. CHESTERFIELD, VAF: 12RUNNER699SDIT Description Finish OD:15:44.07 Split 2Split 1000Split 1000Split 1000699BROWN JADERICHMOND, VAF: 13RUNNER661Split Description Finish OD:15:46.65Split 1000Split 1000Split 1000Split 1000BROWN JADERICHMOND, VAF: 13RUNNER661Split Description Finish OD:14:53.33Split 1000Split 1000Split 1000Split 1000LAUREN KATCHUK VCU DIVISION OF STUDENT AFFAIRSCHESTERFIELD, VAF: 14RUNNER686MACKENZIE BABICHENKO HANOVER COMMONWEALTH'S ATTORNEY'S OFFICEMECHANICSVLLE, VAF: 15RUNNER655MYERS DANIELLYNCHBURG, VAM: 17RUNNER643Split Description Finish 00:14:22.01Split 1000Split 1000Split 1000MYERS DANIELLYNCHBURG, VAM: 17RUNNER643Split Description Finish 00:14:22.01Split 1000Split 1000Split 1000ELMORE JALIYAMIDLOTHIAN, VAF: 16RUNNER697Split Description Finish 00:15:29.62Split 2000Split 2000Split 2000Split Description Finish 00:15:29.62Split 2000Split 2000Split 2000 </td <td>Spit 2 00:15:00.60 09:39 MCCLENNY TAYLOR CHESTER, VA F: 11 RUNNER 662 00:31:30.14 Solit Description Finish Spit 2 Spit Time 00:16:47.15 Spit 2 Spit Time 00:16:47.15 Spit 2 Pece SOPHIE CARR- OLSCHEWSKI VIRGINIA STATE POLICE N. CHESTERFIELD, VA F: 12 RUNNER 699 00:31:30.71 BROWN JADE N. CHESTERFIELD, Spit 2 Spit Description Finish Spit 2 Spit Time 00:15:46.65 Pace BROWN JADE RICHMOND, VA F: 13 RUNNER 661 00:31:40.83 Spit Description Finish Spit 2 Spit Time 00:15:46.65 Pace 00:14:43.33 09:35 LAUREN KATCHUK VCU DIVISION OF STUDENT AFFAIRS CHESTERFIELD, VA F: 14 RUNNER 686 00:32:21.10 MACKENZIE BABICHENKO HANOVER MECHANICSVLLE, ATTORNEY'S OFFICE F: 15 RUNNER 655 00:32:27.10 MACKENZIE BABICHENKO HANOVER LYNCHBURG, VA M: 17 RUNNER 643 00:32:31.68 Spit Description Finish Spit 2 Spit Time 00:17:30.58 Pace 00:14:42.0 09:16 MAC</td> <td>Split 2 00:15:00.60 09:39 6.2mph MCCLENNY TAYLOR CHESTER, VA F: 11 RUNNER 662 00:31:30.14 10:08 5.9mph Split Description <t< td=""></t<></td>	Spit 2 00:15:00.60 09:39 MCCLENNY TAYLOR CHESTER, VA F: 11 RUNNER 662 00:31:30.14 Solit Description Finish Spit 2 Spit Time 00:16:47.15 Spit 2 Spit Time 00:16:47.15 Spit 2 Pece SOPHIE CARR- OLSCHEWSKI VIRGINIA STATE POLICE N. CHESTERFIELD, VA F: 12 RUNNER 699 00:31:30.71 BROWN JADE N. CHESTERFIELD, Spit 2 Spit Description Finish Spit 2 Spit Time 00:15:46.65 Pace BROWN JADE RICHMOND, VA F: 13 RUNNER 661 00:31:40.83 Spit Description Finish Spit 2 Spit Time 00:15:46.65 Pace 00:14:43.33 09:35 LAUREN KATCHUK VCU DIVISION OF STUDENT AFFAIRS CHESTERFIELD, VA F: 14 RUNNER 686 00:32:21.10 MACKENZIE BABICHENKO HANOVER MECHANICSVLLE, ATTORNEY'S OFFICE F: 15 RUNNER 655 00:32:27.10 MACKENZIE BABICHENKO HANOVER LYNCHBURG, VA M: 17 RUNNER 643 00:32:31.68 Spit Description Finish Spit 2 Spit Time 00:17:30.58 Pace 00:14:42.0 09:16 MAC	Split 2 00:15:00.60 09:39 6.2mph MCCLENNY TAYLOR CHESTER, VA F: 11 RUNNER 662 00:31:30.14 10:08 5.9mph Split Description Split Description <t< td=""></t<>

~~	Name	Hometown	Gender	41	Bib #	Time	Pace Spe	
39	MARY KAITLYN BROWN		F: 21	RUNNER	737	00:35:58.59	11:34 5.2n	nph Overall Female Runner: 21
			Split Description	Split Time		Pace	Speed	<u>Cumulative</u>
			Finish	00:33:43.52			0.0mph	00:33:43.52
			Split 2	00:02:15.08		01:26	41.4mph	00:35:58.59
40	AMBERLEAKE VADOC VICTIM SERVICES SUPPORT TEAM	RICHMOND, VA	F: 22	RUNNER	601	00:36:04.25	11:36 5.2n	nph Overall Female Runner: 22
			Split Description	Split Time		Pace	Speed	Cumulative
			Finish	00:32:52.27	,		0.0mph	00:32:52.27
			Split 2	00:03:11.98		02:03	29.1mph	00:36:04.25
41	WEINGARTEN LAUREN	RICHMOND, VA	F: 23	RUNNER	645	00:36:51.92	11:51 5.1n	nph Overall Female Runner: 23
			Split Description	<u>Split Time</u>		<u>Pace</u>	Speed	<u>Cumulative</u>
			Finish	00:20:03.60	1		0.0mph	00:20:03.60
			Split 2	00:16:48.32		10:49	5.5mph	00:36:51.92
42	DEANNHALL VIRGINIA LIONS FOOTY #RUNWITHTHELIONS	HENRICO, VA	F: 24	RUNNER	682	00:37:45.61	12:09 4.9n	nph Overall Female Runner: 24
			Split Description	Split Time		Pace	Speed	<u>Cumulative</u>
			Finish	00:20:22.09			0.0mph	00:20:22.09
			Split 2	00:17:23.52		11:11	5.4mph	00:37:45.61
43	KREGAR TANIA	HENRICO, VA	F: 25	RUNNER	617	00:37:57.57	12:13 4.9n	nph Overall Female Runner: 25
			Split Description	<u>Split Time</u>		<u>Pace</u>	Speed	<u>Cumulative</u>
			Finish	00:20:02.96			0.0mph	00:20:02.96
			Split 2	00:17:54.62		11:31	5.2mph	00:37:57.57
44	FOULTZ CHRIS	HENRICO, VA	M: 19	RUNNER	610	00:37:58.10	12:13 4.9n	nph Overall Male Runner: 19
			Split Description	<u>Split Time</u>		<u>Pace</u>	Speed	<u>Cumulative</u>
			Finish	00:20:08.96		11.00	0.0mph	00:20:08.96
			Split 2	00:17:49.15		11:28	5.2mph	00:37:58.10
45	BRIAN VRBICEK		M: 20	RUNNER	730	00:38:03.62	12:15 4.9n	nph Overall Male Runner: 20
			Split Description	Split Time		Pace	Speed	<u>Cumulative</u>
			Finish	00:32:53.68		00.40	0.0mph	00:32:53.68
46	MAGDALENA NOPOVA VADOC RESEARCH RUNNERS	RICHMOND, VA	Split 2 F: 26	00:05:09.95 RUNNER	698	03:19 00:39:09.63	<u>18.0mph</u> 12:36 4.8n	00:38:03.62 nph Overall Female Runner: 26
			Split Description	Split Time		Pace	Speed	Cumulative
			Finish	00:19:41.67	,	race	0.0mph	00:19:41.67
			Split 2	00:19:27.97		12:31	4.8mph	00:39:09.63
47	STARK DYLAN	HENRICO, VA	M: 21	RUNNER	615	00:41:23.49	13:19 4.5n	nph Overall Male Runner: 21
	• · · · · · · · · · · · · · · · · · · ·		Split Description	Split Time	0.0	Pace	Speed	Cumulative
			Spin Description					
			Finish		•			00.22.41.93
			Finish Split 2	00:22:41.93 00:18:41.56		12:01	0.0mph 5.0mph	00:22:41.93 00:41:23.49
48	WARREN NATHALIE	RICHMOND. VA	Split 2	00:22:41.93			0.0mph 5.0mph	00:41:23.49
48	WARREN NATHALIE	RICHMOND, VA	Split 2 F: 27	00:22:41.93 00:18:41.56 RUNNER	;	12:01 00:41:30.91	0.0mph 5.0mph 13:21 4.5n	00:41:23.49 nph Overall Female Runner: 27
48	WARREN NATHALIE	RICHMOND, VA	Split 2 F: 27 Split Description	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u>	671	12:01	0.0mph 5.0mph 13:21 4.5n <u>Speed</u>	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u>
48	WARREN NATHALIE	RICHMOND, VA	Split 2 F: 27	00:22:41.93 00:18:41.56 RUNNER	671	12:01 00:41:30.91	0.0mph 5.0mph 13:21 4.5n	00:41:23.49 nph Overall Female Runner: 27
	WARREN NATHALIE FARROW LADAWN	RICHMOND, VA MECHANICSVILI VA	Split 2 F: 27 Split Description Finish Split 2 E, F: 28	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER	671	12:01 00:41:30.91 <u>Pace</u> 12:09 00:42:42.77	0.0mph 5.0mph 13:21 4.5n <u>Speed</u> 0.0mph 4.9mph 13:44 4.4n	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 nph Overall Female Runner: 28
		MECHANICSVILI	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u>	671 657	12:01 00:41:30.91 <u>Pace</u> 12:09	0.0mph 5.0mph 13:21 4.5n <u>Speed</u> 0.0mph 4.9mph 13:44 4.4m <u>Speed</u>	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 nph Overall Female Runner: 28 <u>Cumulative</u>
		MECHANICSVILI	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92	671 657	12:01 00:41:30.91 <u>Pace</u> 12:09 00:42:42.77 <u>Pace</u>	0.0mph 5.0mph 13:21 4.5m <u>Speed</u> 0.0mph 13:44 4.4m <u>Speed</u> 0.0mph	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 nph Overall Female Runner: 28 <u>Cumulative</u> 00:22:49.92
49		MECHANICSVILI	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u>	671 657	12:01 00:41:30.91 <u>Pace</u> 12:09 00:42:42.77	0.0mph 5.0mph 13:21 4.5n <u>Speed</u> 0.0mph 4.9mph 13:44 4.4m <u>Speed</u>	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 nph Overall Female Runner: 28 <u>Cumulative</u> 00:22:49.92 00:42:42.77
49	FARROW LADAWN	MECHANICSVILI VA MECHANICSVILI	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86 RUNNER	671 657	12:01 00:41:30.91 Pace 12:09 00:42:42.77 Pace 12:47 00:42:43.79	0.0mph 5.0mph 13:21 4.5m <u>Speed</u> 0.0mph 4.9mph 13:44 4.4m <u>Speed</u> 0.0mph 4.7mph 13:45 4.4m	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 00:41:30.91 nph Overall Female Runner: 28 <u>Cumulative</u> 00:22:49.92 00:42:42.77 00:erall Male Runner: 22
49	FARROW LADAWN	MECHANICSVILI VA MECHANICSVILI	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2 LE, M: 22	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86	671 657 656	12:01 00:41:30.91 Pace 12:09 00:42:42.77 Pace 12:47	0.0mph 5.0mph 13:21 4.5m <u>Speed</u> 0.0mph 4.9mph 13:44 4.4m <u>Speed</u> 0.0mph 4.7mph	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 nph Overall Female Runner: 28 <u>Cumulative</u> 00:22:49.92 00:42:42.77
49	FARROW LADAWN	MECHANICSVILI VA MECHANICSVILI	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2 E, M: 22 Split Description	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86 RUNNER <u>Split Time</u>	671 657 656	12:01 00:41:30.91 Pace 12:09 00:42:42.77 Pace 12:47 00:42:43.79	0.0mph 5.0mph 13:21 4.5m <u>Speed</u> 0.0mph 4.9mph 13:44 4.4m <u>Speed</u> 0.0mph 4.7mph 13:45 4.4m <u>Speed</u>	00:41:23.49 nph Overall Female Runner: 27 Cumulative 00:22:37.04 00:41:30.91 nph Overall Female Runner: 28 Cumulative 00:22:49.92 00:42:42.77 nph Overall Male Runner: 22 Cumulative
49	FARROW LADAWN	MECHANICSVILI VA MECHANICSVILI	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2 E, M: 22 Split Description Finish	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86 RUNNER <u>Split Time</u> 00:22:50.08	671 657 656	12:01 00:41:30.91 Pace 12:09 00:42:42.77 Pace 12:47 00:42:43.79 Pace	0.0mph 5.0mph 13:21 4.5m Speed 0.0mph 4.9mph 13:44 4.4m Speed 0.0mph 4.7mph 13:45 4.4m Speed 0.0mph	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 00:41:30.91 nph Overall Female Runner: 28 <u>Cumulative</u> 00:22:49.92 00:42:42.77 00:42:42.77 nph Overall Male Runner: 22 <u>Cumulative</u> 00:22:50.08 00:42:43.79 00:42:43.79
49	FARROW LADAWN FARROW JASON	MECHANICSVILI VA MECHANICSVILI VA	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2 E, M: 22 Split Description Finish Split 2 M: 23	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86 RUNNER <u>Split Time</u> 00:22:50.08 00:19:53.71 RUNNER	671 657 656	12:01 00:41:30.91 Pace 12:09 00:42:42.777 00:42:43.79 00:42:43.79 Pace 12:48 00:44:13.66	0.0mph 5.0mph 13:21 4.5m <u>Speed</u> 0.0mph 4.9mph 13:44 4.4m <u>Speed</u> 0.0mph 4.7mph 13:45 4.4m <u>Speed</u> 0.0mph 4.7mph 14:14 4.2m	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 00:41:30.91 nph Overall Female Runner: 28 <u>Cumulative</u> 00:22:49.92 00:42:42.77 00:42:42.77 nph Overall Male Runner: 22 <u>Cumulative</u> 00:22:50.08 00:42:43.79 0verall Male Runner: 23
49	FARROW LADAWN FARROW JASON	MECHANICSVILI VA MECHANICSVILI VA	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2 E, M: 22 Split Description Finish Split 2	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86 RUNNER <u>Split Time</u> 00:22:50.08 00:19:53.71	671 657 656 616	12:01 00:41:30.91 Pace 12:09 00:42:42.77 Pace 12:47 00:42:43.79 Pace 12:48	0.0mph 5.0mph 13:21 4.5m <u>Speed</u> 0.0mph 4.9mph 13:44 4.4m <u>Speed</u> 0.0mph 4.7mph 13:45 4.4m <u>Speed</u> 0.0mph 4.7mph	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 nph Overall Female Runner: 28 <u>Cumulative</u> 00:22:49.92 00:42:42.77 nph Overall Male Runner: 22 <u>Cumulative</u> 00:22:50.08 00:42:43.79
49	FARROW LADAWN FARROW JASON	MECHANICSVILI VA MECHANICSVILI VA	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2 E, M: 22 Split Description Finish Split 2 Split Description Finish Split 2	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86 RUNNER <u>Split Time</u> 00:22:50.08 00:19:53.71 RUNNER <u>Split Time</u> <u>Split Time</u>	671 657 656 616	12:01 00:41:30.91 Pace 12:09 00:42:42.777 00:42:43.79 00:42:43.79 Pace 12:48 00:44:13.66	0.0mph 5.0mph 13:21 4.5m <u>Speed</u> 0.0mph 4.9mph 13:44 4.4m <u>Speed</u> 0.0mph 4.7mph 13:45 4.4m <u>Speed</u> 0.0mph 4.7mph 14:14 4.2m <u>Speed</u>	00:41:23.49 nph Overall Female Runner: 27 <u>Cumulative</u> 00:22:37.04 00:41:30.91 00:41:30.91 nph Overall Female Runner: 28 <u>Cumulative</u> 00:22:49.92 00:42:42.77 00:42:42.77 nph Overall Male Runner: 22 <u>Cumulative</u> 00:22:50.08 00:42:43.79 0verall Male Runner: 23 <u>Cumulative</u> 00:42:43.79
49 50 51	FARROW LADAWN FARROW JASON	MECHANICSVILI VA MECHANICSVILI VA	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2 E, M: 22 Split Description Finish Split 2 Split Description Finish Split 2	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86 RUNNER <u>Split Time</u> 00:22:50.08 00:19:53.71 RUNNER <u>Split Time</u> 00:37:10.09	671 657 656 616	12:01 00:41:30.91 Pace 12:09 00:42:42.777 Pace 12:47 00:42:43.79 00:42:43.79 Pace 12:48 00:44:13.66 Pace	0.0mph 5.0mph 13:21 4.5n Speed 0.0mph 4.9mph 13:44 4.4n Speed 0.0mph 4.7mph 13:45 4.4n Speed 0.0mph 4.7mph 14:14 4.2n Speed 0.0mph	00:41:23.49 nph Overall Female Runner: 27 Cumulative 00:22:37.04 00:41:30.91 nph Overall Female Runner: 28 Cumulative 00:22:49.92 00:42:42.77 nph Overall Male Runner: 22 Cumulative 00:22:50.08 00:42:43.79 nph Overall Male Runner: 23 Cumulative 00:37:10.09 00:44:13.66
49 50 51	FARROW LADAWN FARROW JASON BELL GARRETT	MECHANICSVILI VA MECHANICSVILI VA HENRICO, VA	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2 E, M: 22 Split Description Finish Split 2 M: 23 Split Description Finish Split 2 M: 23 Split Description Finish Split 2 M: 24	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86 RUNNER <u>Split Time</u> 00:22:50.08 00:19:53.71 RUNNER <u>Split Time</u> 00:37:10.09 00:07:03.57 RUNNER	671 657 656 616	12:01 00:41:30.91 Pace 12:09 00:42:42.777 00:42:43.79 12:47 00:42:43.79 00:42:43.79 00:42:43.79 00:42:43.79 00:42:43.79 00:42:43.79 00:42:43.79 00:42:43.79 00:42:43.79 00:42:43.79 00:42:43.79 00:44:13.66 Pace 04:32 00:49:29.21	0.0mph 5.0mph 13:21 4.5m <u>Speed</u> 0.0mph 4.9mph 13:44 4.4m <u>Speed</u> 0.0mph 4.7mph 13:45 4.4m <u>Speed</u> 0.0mph 4.7mph 14:14 4.2m <u>Speed</u> 0.0mph 13.2mph 15:55 3.8m	00:41:23.49 nph Overall Female Runner: 27 Cumulative 00:22:37.04 00:41:30.91 nph Overall Female Runner: 28 Cumulative 00:22:49.92 00:42:42.77 nph Overall Female Runner: 28 Cumulative 00:22:49.92 00:42:43.79 nph Overall Male Runner: 22 Cumulative 00:22:50.08 00:42:43.79 nph Overall Male Runner: 23 Cumulative 00:37:10.09 00:44:13.66 nph Overall Male Runner: 24
49 50 51	FARROW LADAWN FARROW JASON BELL GARRETT	MECHANICSVILI VA MECHANICSVILI VA HENRICO, VA	Split 2 F: 27 Split Description Finish Split 2 E, F: 28 Split Description Finish Split 2 E, M: 22 Split Description Finish Split 2 Split Description Finish Split 2	00:22:41.93 00:18:41.56 RUNNER <u>Split Time</u> 00:22:37.04 00:18:53.87 RUNNER <u>Split Time</u> 00:22:49.92 00:19:52.86 RUNNER <u>Split Time</u> 00:22:50.08 00:19:53.71 RUNNER <u>Split Time</u> 00:37:10.09 00:07:03.57	671 657 656 616 613	12:01 00:41:30.91 Pace 12:09 00:42:42.77 Pace 12:47 00:42:43.79 Pace 12:48 00:44:13.66 Pace 04:32	0.0mph 5.0mph 13:21 4.5n Speed 0.0mph 4.9mph 13:44 4.4n Speed 0.0mph 4.7mph 13:45 4.4n Speed 0.0mph 4.7mph 14:14 4.2n Speed 0.0mph 13:2mph	00:41:23.49 nph Overall Female Runner: 27 Cumulative 00:22:37.04 00:21:30.91 nph Overall Female Runner: 28 Cumulative 00:22:49.92 00:42:42.77 nph Overall Female Runner: 22 Cumulative 00:22:50.08 00:42:43.79 nph Overall Male Runner: 23 Cumulative 00:37:10.09 00:44:13.66

	Hometown	Gender	Туре	Bib #	Time	Pace	Speed	Di	vision Rank
LANDON ADAMS PETERSBURG CWA	MIDLOTHIAN, VA	M: 25	RUNNER	647	00:49:31.07	15:56	3.8mph	Overall	Male Runner: 25
		Split Description			<u>Pace</u>			Cumulative	
					01.17				
	PETERSBURG, V		RUNNER	670	00:49:33.06		· ·		Male Runner: 26
		Split Description	Split Time	2	Pace	<u>Sp</u>	eed	Cumulative	
		Finish					•	00:30:59.65	
KRIIGEL DAWN				-			•		emale Runner: 29
				-	Pace				
		Split 2			14:18			00:49:44.69	
DERMYER MICHELLE	GLOUCESTER, V	/A F: 30	RUNNER	679	00:51:08.21			Overall F	emale Runner: 30
		Split Description	Split Time	2	<u>Pace</u>	Sp	eed	Cumulative	
		Finish				0.0	mph	00:30:50.37	
		Split 2			13:03			00:51:08.21	
KIMBERLY CHAPPELL CHAPPELL SHOW	RICHMOND, VA	F: 31	RUNNER	720	00:51:10.13	16:28	3.6mph	Overall F	emale Runner: 31
		Split Description		-	<u>Pace</u>			<u>Cumulative</u>	
		Finish			44.05			00:28:46.03	
		· · · · ·							Male Runner: 27
CHAPPELL SHOW	RICHMOND, VA		-	-			·		Male Runner: 27
				-	Pace				
					14:27		•		
KRISTINA VADAS VIRGINIA RICHMOND, VA DEPARTMENT OF CRIMINAL JUSTICE SERVICES		F: 32	RUNNER	676	00:53:11.01				emale Runner: 32
		Split Description	Split Time	2	Pace	<u>Sp</u>	eed	Cumulative	
		Finish						00:29:46.80	
STEPHANI CARLTON STEPHANI	RED OAK, VA	F: 33	RUNNER	649	00:53:11.43	17:07	3.5mph	Overall F	emale Runner: 33
		Split Description		-	Pace			Cumulative	
		Finish	00:33:01.0				mph		
		Split 2			12.50		mnh	00:33:01.07	
RUSSELL ENDRES VIRGINIA DEPARTMENT OF CRIMINAL		Split 2 M: 28	00:20:10.30 RUNNER	677	12:59 00:53:13.08	4.6	mph 3.5mph	00:53:11.43	Male Runner: 28
		M: 28	00:20:10.30 RUNNER	677	00:53:13.08	4.6 17:07	3.5mph	00:53:11.43 Overall	Male Runner: 28
DEPARTMENT OF CRIMINAL		M: 28	00:20:10.30 RUNNER <u>Split Time</u>	677		4.6 17:07 <u>Sp</u>	3.5mph	00:53:11.43 Overall <u>Cumulative</u>	Male Runner: 28
DEPARTMENT OF CRIMINAL		M: 28 <u>Split Description</u> Finish	00:20:10.34 RUNNER <u>Split Time</u> 00:29:46.35	677 2 7	00:53:13.08 <u>Pace</u>	4.6 17:07 <u>Sp</u> 0.0	3.5mph eed mph	00:53:11.43 Overall	Male Runner: 28
DEPARTMENT OF CRIMINAL JUSTICE SERVICES	RICHMOND, VA	M: 28	00:20:10.30 RUNNER <u>Split Time</u>	677 2 7	00:53:13.08	4.6 17:07 <u>Sp</u> 0.0 4.0	3.5mph	00:53:11.43 Overall <u>Cumulative</u> 00:29:46.37 00:53:13.08	
DEPARTMENT OF CRIMINAL JUSTICE SERVICES	RICHMOND, VA	M: 28 <u>Split Description</u> Finish Split 2 F: 34	00:20:10.30 RUNNER <u>Split Time</u> 00:29:46.33 00:23:26.72 RUNNER	677 2 683	00:53:13.08 <u>Pace</u> 15:05 00:56:59.34	4.6 17:07 <u>Sp</u> 0.0 4.0 18:20	3.5mph eed mph mph 3.3mph	00:53:11.43 Overall 00:29:46.37 00:53:13.08 Overall F	
DEPARTMENT OF CRIMINAL JUSTICE SERVICES	RICHMOND, VA	M: 28 <u>Split Description</u> Finish Split 2	00:20:10.30 RUNNER <u>Split Time</u> 00:29:46.33 00:23:26.72	677 2 683	00:53:13.08 <u>Pace</u> 15:05	4.6 17:07 <u>Sp</u> 0.0 4.0 18:20	3.5mph eed mph mph	00:53:11.43 Overall <u>Cumulative</u> 00:29:46.37 00:53:13.08	
DEPARTMENT OF CRIMINAL JUSTICE SERVICES	RICHMOND, VA	M: 28 <u>Split Description</u> Finish Split 2 F: 34 <u>Split Description</u>	00:20:10.30 RUNNER <u>Split Time</u> 00:29:46.33 00:23:26.72 RUNNER <u>Split Time</u>	677 677 683	00:53:13.08 <u>Pace</u> 15:05 00:56:59.34	4.6 17:07 5 <u>p</u> 0.0 4.0 18:20 18:20	3.5mph eed mph 3.3mph eed	00:53:11.43 Overall 00:29:46.37 00:53:13.08 Overall F <u>Cumulative</u>	
DEPARTMENT OF CRIMINAL JUSTICE SERVICES	RICHMOND, VA HENRICO, VA	M: 28 <u>Split Description</u> Finish Split 2 F: 34 <u>Split Description</u> Finish	00:20:10.30 RUNNER <u>Split Time</u> 00:29:46.33 00:23:26.72 RUNNER <u>Split Time</u> 00:31:11.30	677 677 683	00:53:13.08 <u>Pace</u> 15:05 00:56:59.34 <u>Pace</u>	4.6 17:07 5 <u>p</u> 0.0 4.0 18:20 18:20 5 <u>p</u> 0.0 3.6	3.5mph <u>eed</u> mph mph 3.3mph <u>eed</u> mph	00:53:11.43 Overall 00:29:46.37 00:53:13.08 Overall F 00:31:11.36 00:56:59.34	emale Runner: 34
DEPARTMENT OF CRIMINAL JUSTICE SERVICES	RICHMOND, VA HENRICO, VA	M: 28 <u>Split Description</u> Finish Split 2 F: 34 <u>Split Description</u> Finish Split 2 F: 35 <u>Split Description</u> Finish	00:20:10.30 RUNNER <u>Split Time</u> 00:29:46.33 00:23:26.72 RUNNER <u>Split Time</u> 00:31:11.30 00:25:47.90 RUNNER <u>Split Time</u> 00:31:08.93	677 677 683 69 674	00:53:13.08 <u>Pace</u> 15:05 00:56:59.34 <u>Pace</u> 16:36 00:57:08.65 <u>Pace</u>	4.6 17:07 5 <u>p</u> 0.0 4.0 18:20 18:20 5 <u>p</u> 0.0 3.6 18:23	3.5mph <u>eed</u> mph 3.3mph <u>eed</u> mph 3.3mph <u>eed</u> mph	00:53:11.43 Overall <u>Cumulative</u> 00:29:46.37 00:53:13.08 Overall F <u>Cumulative</u> 00:31:11.36 00:56:59.34 Overall F <u>Cumulative</u> 00:31:08.97	emale Runner: 34
DEPARTMENT OF CRIMINAL JUSTICE SERVICES	RICHMOND, VA HENRICO, VA	M: 28 <u>Split Description</u> Finish Split 2 F: 34 <u>Split Description</u> Finish Split 2 F: 35 <u>Split Description</u> Finish Split 2	00:20:10.30 RUNNER <u>Split Time</u> 00:29:46.33 00:23:26.72 RUNNER <u>Split Time</u> 00:31:11.30 00:25:47.99 RUNNER <u>Split Time</u> 00:31:08.91 00:25:59.60	677 2 683 2 683 6 9 674 2 7 8	00:53:13.08 <u>Pace</u> 15:05 00:56:59.34 <u>Pace</u> 16:36 00:57:08.65 <u>Pace</u> 16:44	4.6 17:07 5 <u>p</u> 0.0 4.0 18:20 18:20 5 <u>p</u> 0.0 3.6 0.0 3.6	3.5mph <u>eed</u> mph 3.3mph 3.3mph <u>eed</u> mph 3.3mph <u>eed</u> mph mph	00:53:11.43 Overall 00:29:46.37 00:53:13.08 Overall F 00:31:11.36 00:56:59.34 Overall F <u>Cumulative</u> 00:31:08.97 00:57:08.65	emale Runner: 34
DEPARTMENT OF CRIMINAL JUSTICE SERVICES	RICHMOND, VA HENRICO, VA	M: 28 <u>Split Description</u> Finish Split 2 F: 34 <u>Split Description</u> Finish Split 2 F: 35 <u>Split Description</u> Finish	00:20:10.30 RUNNER <u>Split Time</u> 00:29:46.33 00:23:26.72 RUNNER <u>Split Time</u> 00:31:11.30 00:25:47.90 RUNNER <u>Split Time</u> 00:31:08.93	677 677 683 69 674	00:53:13.08 <u>Pace</u> 15:05 00:56:59.34 <u>Pace</u> 16:36 00:57:08.65 <u>Pace</u>	4.6 17:07 5 <u>p</u> 0.0 4.0 18:20 18:20 5 <u>p</u> 0.0 3.6 0.0 3.6	3.5mph <u>eed</u> mph 3.3mph <u>eed</u> mph 3.3mph <u>eed</u> mph	00:53:11.43 Overall 00:29:46.37 00:53:13.08 Overall F 00:31:11.36 00:56:59.34 Overall F <u>Cumulative</u> 00:31:08.97 00:57:08.65	emale Runner: 34
DEPARTMENT OF CRIMINAL JUSTICE SERVICES	RICHMOND, VA HENRICO, VA	M: 28 <u>Split Description</u> Finish Split 2 F: 34 <u>Split Description</u> Finish Split 2 F: 35 <u>Split Description</u> Finish Split 2	00:20:10.30 RUNNER <u>Split Time</u> 00:29:46.33 00:23:26.72 RUNNER <u>Split Time</u> 00:31:11.30 00:25:47.99 RUNNER <u>Split Time</u> 00:31:08.91 00:25:59.60	677 2 683 6 9 674 2 7 8 605 2	00:53:13.08 <u>Pace</u> 15:05 00:56:59.34 <u>Pace</u> 16:36 00:57:08.65 <u>Pace</u> 16:44	4.6 17:07 5 <u>p</u> 0.0 4.0 18:20 18:20 18:23 18:23 5 <u>p</u> 0.0 3.6 18:30 18:30	3.5mph <u>eed</u> mph 3.3mph 3.3mph <u>eed</u> mph 3.3mph <u>eed</u> mph mph	00:53:11.43 Overall 00:29:46.37 00:53:13.08 Overall F 00:31:11.36 00:56:59.34 Overall F <u>Cumulative</u> 00:31:08.97 00:57:08.65	Male Runner: 28 Female Runner: 34 Female Runner: 35
	JOEL HARRISON PETERSBURG CWA KRIIGEL DAWN DERMYER MICHELLE KIMBERLY CHAPPELL CHAPPELL SHOW RICHARD CHAPPELL CHAPPELL SHOW KRISTINA VADAS VIRGINIA DEPARTMENT OF CRIMINAL JUSTICE SERVICES	JOEL HARRISON PETERSBURG CWA RIIGEL DAWN DERMYER MICHELLE DERMYER MICHELLE CHAPPELL SHOW RICHARD CHAPPELL CHAPPELL SHOW RICHMOND, VA CHAPPELL SHOW RICHMOND, VA CHAPPELL SHOW RICHMOND, VA CHAPPELL SHOW RICHMOND, VA CHAPPELL SHOW RICHMOND, VA CHAPPELL SHOW	Spitt Description Finish Spitt 2 JOEL HARRISON PETERSBURG CWA PETERSBURG, VA M: 26 Spitt Description Finish Spitt 2 KRIIGEL DAWN F: 29 Spitt Description Finish Spitt 2 DERMYER MICHELLE GLOUCESTER, VA F: 30 DERMYER MICHELLE GLOUCESTER, VA F: 30 Spitt Description Finish Spitt 2 Spitt Description Finish Spitt 2 KIMBERLY CHAPPELL CHAPPELL SHOW RICHMOND, VA F: 31 RICHARD CHAPPELL CHAPPELL SHOW RICHMOND, VA F: 31 RICHARD CHAPPELL CHAPPELL SHOW RICHMOND, VA F: 32 Spitt Description Finish Spitt 2 F: 32 Spitt 2 KRISTINA VADAS VIRGINIA DEPARTMENT OF CRIMINAL JUSTICE SERVICES RICHMOND, VA F: 32 STEPHANI CARLTON STEPHANI CARLTON RED OAK, VA F: 33	Split Description Split 2Split Time 00:47:30.9 00:02:00.1JOEL HARRISON PETERSBURG CWAPETERSBURG, VAM: 26RUNNERSplit Description FinishSplit Time 00:30:59.6 Split 2Split Time 00:30:59.6 Split 2Split Time 00:30:59.6 Split 2KRIIGEL DAWNF: 29RUNNERKRIIGEL DAWNF: 29RUNNERSplit Description FinishSplit Time 00:27:31.4 Split 2Split Time 00:27:31.4 Split 2DERMYER MICHELLEGLOUCESTER, VAF: 30RUNNERKIMBERLY CHAPPELL CHAPPELL SHOWRICHMOND, VAF: 31RUNNERKIMBERLY CHAPPELL CHAPPELL SHOWRICHMOND, VAF: 31RUNNERKIRISTINA VADAS VIRGINIA DEPARTMENT OF CRIMINAL JUSTICE SERVICESRICHMOND, VAF: 32Split Time O0:28:40.0 Split 2KRISTINA VADAS VIRGINIA RICHMOND, VA DEPARTMENT OF CRIMINAL JUSTICE SERVICESSplit Description Split 2Split Time Split Description Split 2STEPHANI CARLTON STEPHANIRED OAK, VAF: 33RUNNERSTEPHANI CARLTON STEPHANIRED OAK, VAF: 33RUNNER	Split Description Finish Split 2 Split Time 00:47:30.90 00:02:018 JOEL HARRISON PETERSBURG CWA PETERSBURG, VA M: 26 RUNNER 670 JOEL HARRISON PETERSBURG CWA PETERSBURG, VA M: 26 Split Time 00:30:59.65 59112 KRIIGEL DAWN F: 29 RUNNER 713 Split Description Split	Split Description FinishSplit Time 0.047/30.90 0.00200.18Perce 0.0117JOEL HARRISON PETERSBURG CWAPETERSBURG, VAM: 26RUNNER6700.049:33.06 0.019:33.41Split Description Finish Split 2Split Description 0.019:33.41Split Description 0.019:33.41Pace 90:021:33.31Pace 90:021:33.31KRIIGEL DAWNF: 29RUNNER71300:49:44.69 90:121:33.31Split Description 90:021:33.31Split Description 90:021:33.31Pace 90:221:33.31DERMYER MICHELLEGLOUCESTER, VAF: 30RUNNER67900:51:08.21 13:03DERMYER MICHELLEGLOUCESTER, VAF: 30RUNNER67900:51:08.21 13:03MIBERLY CHAPPELL CHAPPELL SHOWRICHMOND, VAF: 31RUNNER72000:51:10.13 14:25RICHARD CHAPPELL CHAPPELL SHOWRICHMOND, VAF: 31RUNNER71900:51:12.54 14:25RICHARD CHAPPELL CHAPPELL SHOWRICHMOND, VAF: 32RUNNER7600:53:11.01 14:25RICHARD CHAPPELL CHAPPELL SHOWRICHMOND, VAF: 32RUNNER7600:53:11.01 14:25KINISTINA VADAS VIRGINIA RICHMOND, VA JUSTICE SERVICESSplit Description Split 2Split Time 0.0224.84.03 Split 2Pace 0.0224.84.03 Split 276.00KINISTINA VADAS VIRGINIA RICHMOND, VA JUSTICE SERVICESSplit 2Split Time 0.0224.84.03 Split 276.00SITE PHANI CARLTON SPLITRED OAK, VAF: 33RUNNER64900:53:11.01SIT	Split Description Finish Split Description 00:02:00.18 Split Description 00:02:00.18 Pace 00:02:00.18 Split 00:02:00.18 JOEL HARRISON PETERSBURG CWA PETERSBURG, VA M:26 RUNNER 670 00:49:33.06 15:56 Miter Section Split Description Split 2 Split Time 00:02:30:34 Peters Split Time 00:02:33.41 Peters Split 00:02:33.41 11:56 500 KRIIGEL DAWN F: 29 RUNNER 713 00:49:44.69 16:00 Split Description Split 2 Split Time 00:22:31.30 714:18 42 DERMYER MICHELLE GLOUCESTER, VA F: 30 RUNNER 679 00:51:0.21 16:27 DERMYER MICHELLE GLOUCESTER, VA F: 30 RUNNER 720 00:51:10.13 16:28 KIMBERLY CHAPPELL CHAPPELL SHOW RICHMOND, VA F: 31 RUNNER 719 00:51:12.54 16:28 RICHAPPELL SHOW Split Description Finish Split Time 00:22:44.35 Pace Split 00:22:44.35 0.00 RICHAPPELL SHOW RICHMOND, VA M: 27 RUNNER 719 <	Split Description FinishSplit Time 0.047:30.90 0.0022:0:18Page 0.0019Split 0.0029:0:18Split 0.00193.06Split 0.00000000000000000000000000000000000	Split Description Split 2 Split Time 0:047:30.90 Pace 0.0mph 0:045:30.07 Split 0:0000000 00:00000 Split 0:0000000 00:00000 Split 0:0000000 00:00000 Split 0:0000000 00:00000 Split 0:0000000 00:00000 Split 0:00000000000000000000000000000000000

Place	e Name	Hometown	Gender	Туре	Bib #	Time	Pace	Speed	D	ivision Rank
65	ERICA CLARK HENRICO VICTIM WITNESS	HENRICO, VA	F: 37	RUNNER	606	00:57:41.70	18:34	3.2mph	Overall	Female Runner: 37
			Split Description	<u>Split Time</u>	-	<u>Pace</u>		eed	Cumulative	
			Finish	00:33:11.0		45.40	0.01		00:33:11.05	
66	MELISSA ADAMS	MIDLOTHIAN, VA	Split 2 A F: 38	00:24:30.6 RUNNER	。 646	15:46 00:57:50.12		^{nph} 3.2mph	00:57:41.70 Overall	Female Runner: 38
00	PETERSBURG CWA			-				•		remaie Runner. 50
			<u>Split Description</u> Finish	<u>Split Time</u> 00:32:59.6		<u>Pace</u>	<u>Spe</u> 0.0r	eed	Cumulative 00:32:59.64	
			Split 2	00:24:50.4		15:59		mph	00:57:50.12	
67	AIMEE HARRISON PETERSBURG CWA	PETERSBURG, V	/A F: 39	RUNNER	669	00:57:53.00	18:37	3.2mph	Overall	Female Runner: 39
			Split Description	<u>Split Time</u>	2	<u>Pace</u>	Spe	eed	Cumulative	
			Finish	00:30:53.4				mph	00:30:53.42	
			Split 2	00:26:59.5		17:22		mph	00:57:53.00	
68	TIFFANY BUCKNER PETERSBURG CWA		F: 40	RUNNER	626	00:57:54.39	18:38	3.2mph	Overall	Female Runner: 40
			Split Description	Split Time		<u>Pace</u>		eed	Cumulative	
			Finish Split 2	00:32:59.3 00:24:55.0		16:02	0.01 3.71	mph mph	00:32:59.38 00:57:54.39	
69	IRMA BLEUZE PETERSBURG CWA	PETERSBURG, V	,	RUNNER	667	00:57:57.67		3.2mph		Female Runner: 41
			Split Description	<u>Split Time</u>		<u>Pace</u>		eed	Cumulative	
			Finish Split 2	00:32:51.2 00:25:06.4		16:09	0.01 3.71	mph mph	00:32:51.21 00:57:57.67	
70	ASHLEY CREWS HENRICO VICTIM WITNESS		F: 42	RUNNER	603	00:58:10.97		3.2mph	Overall	Female Runner: 42
			<u>Split Description</u> Finish	<u>Split Time</u> 00:33:24.8	-	<u>Pace</u>	<u>Spe</u> 0.0r	eed mph	<u>Cumulative</u> 00:33:24.87	
			Split 2	00:24:46.1	0	15:56		mph	00:58:10.97	
71	REINMAN ANDREA	AFTON, VA	F: 43	RUNNER	716	00:58:16.24	18:45	3.2mph	Overall	Female Runner: 43
			<u>Split Description</u> Finish	<u>Split Time</u> 00:32:11.9	0	<u>Pace</u>	0.01		Cumulative 00:32:11.90	
70	CHARLES PATRAN		Split 2 M: 29	00:26:04.3	4 734	16:47		nph	00:58:16.24	Il Male Runner: 29
12	CHARLES FATRAN		-	RUNNER	-	00:58:34.83		3.2mph		ii wale Runner. 29
			Split Description Finish	<u>Split Time</u> 00:32:46.8		<u>Pace</u>	<u>.0</u>	eed mph	Cumulative 00:32:46.84	
			Split 2	00:25:47.9		16:36	3.61		00:58:34.83	
73	MICHAEL SEVILLE VADOC VICTIM SERVICES SUPPORT TEAM	RICHMOND, VA	M: 30	RUNNER	625	00:59:55.70	19:17	3.1mph	Overa	ll Male Runner: 30
			Split Description	<u>Split Time</u>	•	<u>Pace</u>	Spe	eed	<u>Cumulative</u>	
			Finish	00:32:59.7	9		0.01	mph	00:32:59.79	
74	LOIS FEGAN VADOC VICTIN		Split 2 F: 44	00:26:55.9 RUNNER	1 624	17:20 01:01:08.70		mph 3.0mph	00:59:55.70 Overall	Female Runner: 44
	SERVICES SUPPORT TEAM							•		
			Split Description Finish	<u>Split Time</u> 00:36:07.4		<u>Pace</u>	<u>Spe</u> 0.0r	eed mph	Cumulative 00:36:07.47	
			Split 2	00:25:01.2		16:06		mph	01:01:08.70	
75	RHONDA GROVES VADOC VICTIM SERVICES SUPPORT TEAM	RICHMOND, VA	F: 45	RUNNER	712	01:01:41.03	19:51	3.0mph	Overall	Female Runner: 45
			Split Description	<u>Split Time</u>		<u>Pace</u>		eed moh	Cumulative	
			Finish Split 2	00:36:40.5 00:25:00.5		16:05	0.01 3.71	mpn mph	00:36:40.51 01:01:41.03	
DNS	HARMON MARIE	WOODBRIDGE, \		RUNNER	664	00:26:19.91		7.1mph		:
			Split Description	<u>Split Time</u>	2	<u>Pace</u>	Spe	eed	<u>Cumulative</u>	
			Finish	00:21:51.9	4		0.01	mph	00:21:51.94	
			Split 2	00:04:27.9	/	02:52	20.9	mph	00:26:19.91	