

Run for the Roses 5K

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	TOBY WORM	SMITHFIELD, VA	RUNNER	454	00:19:09.92	06:10	9.7mph	M	21	
2	MICHAEL HORNE		RUNNER	467	00:20:33.16	06:36	9.1mph	M	21	
3	IAN WILKINSON		RUNNER	472	00:20:56.09	06:44	8.9mph	M	21	
4	PAUL WHIDDON	CHESAPEAKE, VA	RUNNER	452	00:21:01.06	06:45	8.9mph	M	21	
5	JESSE WHIDDON	CHESAPEAKE, VA	RUNNER	451	00:22:11.48	07:08	8.4mph	F	21	
6	MICHELLE TERRITO		RUNNER	476	00:22:41.51	07:18	8.2mph	F	21	
7	RYAN HOLLISTER	VIRGINIA BEACH, VA	RUNNER	456	00:22:45.10	07:19	8.2mph	M	21	
8	KELLIE JORGENSEN	NEWPORT NEWS, VA	RUNNER	434	00:22:57.66	07:23	8.1mph	F	21	
9	CHRIS SARDON	VIRGINIA BEACH, VA	RUNNER	442	00:23:03.64	07:25	8.1mph	M	21	
10	CHIP CUNNINGHAM	NORFOLK, VA	RUNNER	421	00:23:22.46	07:31	8.0mph	M	21	
11	PATTI PRESSON	WAKEFIELD, VA	RUNNER	441	00:23:50.94	07:40	7.8mph	F	21	
12	LISE WILLINGHAM		RUNNER	464	00:23:58.18	07:42	7.8mph	F	21	
13	KELLY COLLINS		RUNNER	473	00:23:58.31	07:42	7.8mph	F	21	
14	JOHN PRESSOR		RUNNER	462	00:24:16.31	07:48	7.7mph	M	21	
15	KARA FOX	VIRGINIA BEACH, VA	RUNNER	426	00:24:22.30	07:50	7.6mph	F	21	
16	MIKE GAFFNEY		RUNNER	463	00:24:36.25	07:55	7.6mph	M	21	
17	KAYE GREEN		RUNNER	468	00:25:49.60	08:18	7.2mph	F	21	
18	BECKY BOWIE1		RUNNER	480	00:26:10.00	08:25	7.1mph	F	21	
19	KELLY STALLARD	SUFFOLK, VA	RUNNER	444	00:26:24.89	08:30	7.1mph	F	21	
20	JUSTIN WINSLOW		RUNNER	478	00:26:43.44	08:36	7.0mph	M	21	
21	MICHELLA SINCOCK	"ELMIRA, VA	RUNNER	443	00:26:49.00	08:37	7.0mph	F	21	
22	CARISSA WORM	SMITHFIELD, VA	RUNNER	453	00:26:57.57	08:40	6.9mph	F	21	
23	HOLLY GOETZ	PORTSMOUTH, VA	RUNNER	430	00:26:57.70	08:40	6.9mph	F	21	
24	BEAU WHIDDON	CHESAPEAKE, VA	RUNNER	448	00:27:40.48	08:54	6.7mph	M	21	
25	CHRISTEN WHIDDON	CHESAPEAKE, VA	RUNNER	449	00:27:41.21	08:54	6.7mph	F	21	
26	ERIN TUCKER	VIRGINIA BEACH, VA	RUNNER	447	00:28:34.51	09:11	6.5mph	F	21	
27	WENDY DERR	CHESAPEAKE, VA	RUNNER	423	00:28:37.86	09:12	6.5mph	F	21	
28	JEFF COLLEY	SUFFOLK, VA	RUNNER	455	00:29:05.15	09:21	6.4mph	M	21	
29	SHAVON CUMMINGS	NORFOLK, VA	RUNNER	460	00:29:13.58	09:24	6.4mph	F	21	
30	MEREDITH CUTCHIN	VIRGINIA BEACH, VA	RUNNER	422	00:29:33.56	09:30	6.3mph	F	21	
31	BILLY WINSLOW		RUNNER	481	00:29:48.67	09:35	6.3mph	M	21	
32	LAUREN MERCER		RUNNER	477	00:29:58.15	09:38	6.2mph	F	21	
33	ANGIE CUNNINGHAM	NORFOLK, VA	RUNNER	420	00:30:07.24	09:41	6.2mph	F	21	
34	JMAIE VANLANDINGHAM	CHESAPEAKE, VA	RUNNER	461	00:30:18.14	09:45	6.2mph	M	21	
35	MARCIA FRYE	CHESAPEAKE, VA	RUNNER	427	00:30:38.55	09:51	6.1mph	F	21	
36	ANGELA PERE		RUNNER	479	00:30:44.04	09:53	6.1mph	F	21	
37	BRIDGETTE HAMM	CHESAPEAKE, VA	RUNNER	433	00:31:31.97	10:08	5.9mph	F	21	
38	CYNTHIA STOLEBARGER	CHESAPEAKE, VA	RUNNER	445	00:31:43.44	10:12	5.9mph	F	21	
39	KATHY POWELL	NORFOLK, VA	RUNNER	457	00:31:43.94	10:12	5.9mph	F	21	
40	TERESSA PHILSON	SUFFOLK, VA	RUNNER	439	00:32:16.31	10:23	5.8mph	F	21	
41	ERIN BROGAN	VIRGINIA BEACH, VA	RUNNER	414	00:32:20.62	10:24	5.8mph	F	21	
42	CLAY BYRUM		RUNNER	474	00:32:20.74	10:24	5.8mph	M	21	
43	COLBY BEECHAM	VIRGINIA BEACH, VA	RUNNER	412	00:32:21.67	10:24	5.8mph	M	21	
44	LAUREN HICKOK		RUNNER	475	00:32:21.72	10:24	5.8mph	F	21	
45	LAUREN LUSTY	VIRGINIA BEACH, VA	RUNNER	436	00:32:24.04	10:25	5.8mph	F	21	
46	ELIZABETH CREGER	NORFOLK, VA	RUNNER	419	00:32:24.94	10:26	5.8mph	F	21	
47	BRENNA WILL	VIRGINIA BEACH, VA	RUNNER	459	00:33:03.99	10:38	5.6mph	F	21	
48	SKYE SEUTTER	CHESAPEAKE, VA	RUNNER	458	00:33:04.62	10:38	5.6mph	F	21	
49	COURTNEY AITKEN	CHESAPEAKE, VA	RUNNER	410	00:33:10.54	10:40	5.6mph	F	21	
50	HEATHER LAND	NEWPORT NEWS, VA	RUNNER	435	00:33:14.79	10:42	5.6mph	F	21	
51	HEATHER TODD	CHESAPEAKE, VA	RUNNER	446	00:33:42.61	10:51	5.5mph	F	21	
52	SCOTT FRYE	CHESAPEAKE, VA	RUNNER	428	00:33:55.55	10:55	5.5mph	M	21	
53	JOSEPH POLINSKI	SMITHFIELD, VA	RUNNER	440	00:34:00.59	10:56	5.5mph	M	21	
54	PEYTON GOETZ	PORTSMOUTH, VA	RUNNER	431	00:36:38.60	11:47	5.1mph	F	21	
55	HANNAH GOETZ	PORTSMOUTH, VA	RUNNER	429	00:37:11.22	11:58	5.0mph	F	21	
56	VALERIE MATNEY	VIRGINIA BEACH, VA	RUNNER	437	00:40:16.02	12:57	4.6mph	F	21	
57	NANCY MELVIN	CHESAPEAKE, VA	RUNNER	438	00:41:07.80	13:14	4.5mph	F	21	
58	ELAINE WHIDDON	CHESAPEAKE, VA	RUNNER	450	00:43:37.19	14:02	4.3mph	F	21	
59	MORGAN ELLER	NORFOLK, VA	RUNNER	425	00:45:54.40	14:46	4.1mph	F	21	
60	SEAN COMBS	NORFOLK, VA	RUNNER	418	00:48:16.44	15:32	3.9mph	M	21	
61	CHRISTINE GUNNERSON		RUNNER	469	00:54:28.42	17:32	3.4mph	F	21	

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62 FRED CASCA		RUNNER	470	00:54:29.56	17:32	3.4mph	M	21	