## **Columbia Spend Yourself 5k**

Overall Male Runner								Male 3	<u> 80 - 39</u>		
Place	Bib#	Name	Time	Туре	City	Place	Bib#	Name	Time	Туре	City
1	188	LUKE KONSON	00:18:27.73	Runner		1	388	CHRISTOPHER BOAN	00:19:35.94	Runner	
		Overell Fee	mala Dunna			2	64	KEVIN CORNETT	00:19:58.11	Runner	
		<u>Overali Fei</u>	male Runne	<u>er</u>		3	193	KEVIN PATTERSON	00:20:42.76	Runner	
	Bib#	Name	Time	Туре	City			Female	40 - 49		
1	229	ANNA WELLS	00:19:33.46	Runner		Place	Bib#	Name	Time	Туре	City
		Fema	le 1 - 10			1	228	CHRISTINA WELLS	00:19:51.57	Runner	<b>,</b>
Place	Bib#	Name	Time	Туре	City	2	403	BRIDGET MAGBUD	00:20:29.95	Runner	
1	231	MOLLIE WELLS	00:22:49.78	Runner		3	96	MARJORIE	00:25:33.97	Runner	
2	230	EVIE WELLS	00:25:40.69	Runner				DHUNJISHAH			
3	113	AVERY AYERS	00:29:26.67	Runner				Male 4	0 - 49		
Male 1 - 10						Place	Bib#	Name	Time	Туре	City
Place	Bib#	Name	Time	Tuno	City	1	98	MICHAEL	00:18:31.67	Runner	
1	293	JAMES FISHER	00:24:30.71	Runner	City	_		DHUNJISHAH		_	
2	409	JAMES BALDWIN	00:25:10.80	Runner		2 3	353	ALEXIOS TZAKOS	00:21:35.31	Runner	
3	308	ANDRES PINZON	00:25:19.63	Runner		3	248	GERALD TRITZ	00:21:40.13	Runner	
	Female 11 - 19							<u>Female</u>	<u> 50 - 59</u>		
		<u>remai</u>	<u>e 11 - 19</u>			Place	Bib#	Name	Time	Туре	City
	Bib#	Name	Time	Туре	City	1	234	TRACI YATES	00:27:13.55	Runner	
1	377	MORGAN DAHL	00:23:57.58	Runner		2	321	ALLISON MOORE	00:30:38.23	Runner	
2 3	356 85	HALEY SMITH LILLY FLANDERS	00:25:09.26 00:25:49.66	Runner Runner		3	319	HELEN SIMON	00:31:22.45	Runner	
								Male 5	<u> 59 - 59 </u>		
		<u>Male</u>	<u>11 - 19</u>			Place	Bib#	Male 5	<u>50 - 59</u> Time	Type	City
Place	Bib#	Male Name	11 - 19 Time	Туре	City	Place	<b>Bib #</b> 339			<b>Type</b> Runner	City
1	127	Name ARUN MANTENA	Time 00:19:21.71	Runner	City			Name	Time		City
1 2	127 160	Name ARUN MANTENA SOREN METZGER	Time 00:19:21.71 00:21:21.94	Runner Runner	City	1	339	Name ERIC LYNUM	<b>Time</b> 00:21:46.59	Runner	City
1	127	Name ARUN MANTENA	Time 00:19:21.71	Runner	City	1 2	339 332	Name ERIC LYNUM DANIEL ARONOWITZ	Time 00:21:46.59 00:22:02.81 00:24:47.42	Runner Runner	City
1 2	127 160	Name ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER	Time 00:19:21.71 00:21:21.94 00:21:32.43	Runner Runner	City	1 2 3	339 332	Name ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA	Time 00:21:46.59 00:22:02.81 00:24:47.42	Runner Runner	City
1 2 3	127 160 170	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female	Time 00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29	Runner Runner Runner	·	1 2 3	339 332 174	Name  ERIC LYNUM  DANIEL ARONOWITZ  JAKE ACOSTA  Female	Time 00:21:46.59 00:22:02.81 00:24:47.42 60 - 69	Runner Runner Runner	,
1 2 3	127 160 170 Bib#	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name	Time 00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29 Time	Runner Runner Runner	City	1 2 3 Place	339 332 174 Bib #	Name ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA Female Name	Time  00:21:46.59  00:22:02.81  00:24:47.42  60 - 69  Time	Runner Runner Runner	·
1 2 3	127 160 170	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female	Time 00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29	Runner Runner Runner	·	1 2 3 Place	339 332 174 <b>Bib #</b>	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON	Time  00:21:46.59  00:22:02.81  00:24:47.42  60 - 69  Time  00:34:11.36  00:42:54.76	Runner Runner Runner	·
1 2 3 Place	127 160 170 Bib #	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name  HOLLY STAROBA DANIELLE HILL SOPHIE	Time 00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29 Time 00:23:57.34	Runner Runner Runner Type Runner Runner	·	1 2 3 Place 1 2	339 332 174 <b>Bib #</b> 373 83	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6	Time  00:21:46.59  00:22:02.81  00:24:47.42  60 - 69  Time  00:34:11.36  00:42:54.76	Runner Runner Runner Type Runner Runner	City
1 2 3 Place 1 2	127 160 170 <b>Bib #</b> 362 175	Name ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name HOLLY STAROBA DANIELLE HILL	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25	Runner Runner Runner Type Runner Runner	·	1 2 3 Place 1 2 Place	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b>	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69 Time  00:34:11.36 00:42:54.76  60 - 69 Time	Runner Runner Type Runner Runner	,
1 2 3 Place 1 2	127 160 170 <b>Bib #</b> 362 175	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name  HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34	Runner Runner Runner Type Runner Runner	·	1 2 3 Place 1 2 Place 1	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b>	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6  Name  MIKE SMITH	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69 Time  00:34:11.36 00:42:54.76  60 - 69 Time  00:22:45.91	Runner Runner Runner Type Runner Runner	City
1 2 3 Place 1 2 3	127 160 170 <b>Bib #</b> 362 175 225	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG  Male	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34	Runner Runner Runner Type Runner Runner	City	1 2 3 Place 1 2 Place	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b>	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69 Time  00:34:11.36 00:42:54.76  60 - 69 Time	Runner Runner Type Runner Runner Type Runner Runner Runner	City
1 2 3 Place 1 2 3	127 160 170 <b>Bib #</b> 362 175	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name  HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34	Runner Runner Runner Type Runner Runner	·	1 2 3 Place 1 2 Place 1 2	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b> 91 298	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6  Name  MIKE SMITH JOSEPH KENNEDY SAMUEL NGUYEN	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69  Time  00:34:11.36 00:42:54.76  60 - 69  Time  00:22:45.91 00:29:39.31 00:35:28.38	Runner Runner Type Runner Runner Type Runner Runner Runner	City
1 2 3 Place 1 2 3	127 160 170 <b>Bib #</b> 362 175 225	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name  HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG  Male Name	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34  20 - 29  Time	Runner Runner Runner Type Runner Runner Type Runner	City	1 2 3 Place 1 2 2 3	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b> 91 298 95	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6  Name  MIKE SMITH JOSEPH KENNEDY SAMUEL NGUYEN  Female	Time  00:21:46.59  00:22:02.81  00:24:47.42  60 - 69  Time  00:34:11.36  00:42:54.76  60 - 69  Time  00:22:45.91  00:29:39.31  00:35:28.38  70 - 79	Type Runner Runner Type Runner Type Runner Runner Runner Runner	City
1 2 3 Place 1 2 3 Place 1	127 160 170 <b>Bib #</b> 362 175 225 <b>Bib #</b> 310	Name ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG  Male Name KEENAN MOORE	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34  20 - 29  Time  00:20:22.65	Runner Runner Runner Type Runner Runner Type Runner Runner Runner	City	1 2 3 Place 1 2 3 Place Place	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b> 91 298 95	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6  Name  MIKE SMITH JOSEPH KENNEDY SAMUEL NGUYEN  Female  Name	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69  Time  00:34:11.36 00:42:54.76  60 - 69  Time  00:22:45.91 00:29:39.31 00:35:28.38  70 - 79  Time	Type Runner Runner Type Runner Type Runner Runner Type Runner Runner Runner	City
1 2 3 Place 1 2 3 Place 1 2	127 160 170 <b>Bib #</b> 362 175 225 <b>Bib #</b> 310 153	Name ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG  Male Name KEENAN MOORE MATTHEW REED JOSE SMITH	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34  20 - 29  Time  00:20:22.65 00:20:50.37	Runner Runner Runner Type Runner Runner Type Runner Runner Runner	City	1 2 3 Place 1 2 3 Place 1 2 1	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b> 91 298 95	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6  Name  MIKE SMITH JOSEPH KENNEDY SAMUEL NGUYEN  Female  Name  ANNE PASSIN	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69  Time  00:34:11.36 00:42:54.76  60 - 69  Time  00:22:45.91 00:29:39.31 00:35:28.38  70 - 79  Time  00:29:48.76	Type Runner Runner Runner Type Runner Runner Runner Runner Runner Runner Runner Runner	City
1 2 3 Place 1 2 3 Place 2 3	127 160 170 <b>Bib #</b> 362 175 225 <b>Bib #</b> 310 153	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name  HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG  Male Name  KEENAN MOORE MATTHEW REED JOSE SMITH	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34  20 - 29  Time  00:20:22.65 00:20:50.37 00:22:05.56	Type Runner	City	1 2 3 Place 1 2 3 Place Place	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b> 91 298 95	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6  Name  MIKE SMITH JOSEPH KENNEDY SAMUEL NGUYEN  Female  Name	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69  Time  00:34:11.36 00:42:54.76  60 - 69  Time  00:22:45.91 00:29:39.31 00:35:28.38  70 - 79  Time	Type Runner Runner Runner Type Runner Runner Runner Runner Runner Runner Runner Runner	City
1 2 3 Place 1 2 3 Place 2 3	127 160 170 <b>Bib #</b> 362 175 225 <b>Bib #</b> 310 153 204	Name ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG  Male Name KEENAN MOORE MATTHEW REED JOSE SMITH	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34  20 - 29  Time  00:20:22.65 00:20:50.37 00:22:05.56  e 30 - 39	Type Runner Runner Runner Runner Runner Runner Type Runner Runner Runner Runner Runner	City	1 2 3 Place 1 2 3 Place 1 2 3	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b> 91 298 95 <b>Bib #</b> 238 237	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6  Name  MIKE SMITH JOSEPH KENNEDY SAMUEL NGUYEN  Female  Name  ANNE PASSIN MANDY WHALEN MOLLY COOKE	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69  Time  00:34:11.36 00:42:54.76  60 - 69  Time  00:22:45.91 00:29:39.31 00:35:28.38  70 - 79  Time  00:29:48.76 00:36:46.94 00:38:49.30	Type Runner Runner Runner Type Runner Runner Runner Runner Runner Runner Runner Runner	City
1 2 3 Place 1 2 3 Place 1 2 3	127 160 170 <b>Bib #</b> 362 175 225 <b>Bib #</b> 310 153 204	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name  HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG  Male Name  KEENAN MOORE MATTHEW REED JOSE SMITH  Female Name  KATE KEY MERYN	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34  20 - 29  Time  00:20:22.65 00:20:50.37 00:22:05.56  e 30 - 39  Time	Type Runner Runner Runner Runner Runner Runner Type Runner Runner Runner Runner Runner Runner	City	1 2 3 Place 1 2 3 Place 1 2 3 Place 2 3	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b> 91 298 95 <b>Bib #</b> 238 237 415	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6  Name  MIKE SMITH JOSEPH KENNEDY SAMUEL NGUYEN  Female  Name  ANNE PASSIN MANDY WHALEN MOLLY COOKE	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69  Time  00:34:11.36 00:42:54.76  60 - 69  Time  00:22:45.91 00:29:39.31 00:35:28.38  70 - 79  Time  00:29:48.76 00:36:46.94 00:38:49.30	Runner Runner Runner Type Runner Runner Type Runner Runner Runner Runner Runner	City
1 2 3 Place 1 2 3 Place 1 2 1	127 160 170 <b>Bib #</b> 362 175 225 <b>Bib #</b> 310 153 204 <b>Bib #</b> 349	Name  ARUN MANTENA SOREN METZGER WESLEY ROCKEFELLER  Female Name  HOLLY STAROBA DANIELLE HILL SOPHIE ROTTENBERG  Male Name  KEENAN MOORE MATTHEW REED JOSE SMITH  Female Name  KATE KEY	Time  00:19:21.71 00:21:21.94 00:21:32.43  e 20 - 29  Time  00:23:57.34 00:24:35.25 00:26:19.34  20 - 29  Time  00:20:22.65 00:20:50.37 00:22:05.56  e 30 - 39  Time  00:22:53.84	Type Runner Runner Runner Runner Runner Runner Type Runner Runner Runner Runner Runner Runner	City	1 2 3 Place 1 2 3 Place 1 2 3 Place 2 3	339 332 174 <b>Bib #</b> 373 83 <b>Bib #</b> 91 298 95 <b>Bib #</b> 238 237	Name  ERIC LYNUM DANIEL ARONOWITZ JAKE ACOSTA  Female  Name  DIANE WHITE JOANNE ERICKSON  Male 6  Name  MIKE SMITH JOSEPH KENNEDY SAMUEL NGUYEN  Female  Name  ANNE PASSIN MANDY WHALEN MOLLY COOKE	Time  00:21:46.59 00:22:02.81 00:24:47.42  60 - 69  Time  00:34:11.36 00:42:54.76  60 - 69  Time  00:22:45.91 00:29:39.31 00:35:28.38  70 - 79  Time  00:29:48.76 00:36:46.94 00:38:49.30	Type Runner Runner Type Runner Runner Type Runner Runner Runner Runner Type Runner Runner Runner Type Runner Runner	City